

September 2026

Dear Parent/Carer

Your child will be swimming as part of their PE programme on Tuesday and Thursday mornings for 4 sessions. During these lessons your child will learn about water safety and life-saving, survival skills and improve their swimming stroke technique. There will also be an additional swimming programme for some children to swim competently, confidently and proficiently over a distance of at least 25 metres.

Each pupil needs a towel plus a one-piece costume for girls and trunks for boys (either traditional-type or the close fitting lycra swimming shorts). Other types of shorts are not permitted as they can restrict movement and cause extra drag in the water. **If your child uses an inhaler, this must be brought to the pool or they will not be allowed to swim.**

Please see below for the dates that each **Tutor Group** will be taking part in Year 5 Swimming 2025/2026.

*** All key School events & activities have been incorporated in the timetabling of swimming.**

Tutor Group	Dates	Weeks	Swimming Lessons
5F	Tuesday 15 September to Thursday 8 October	4 weeks	8
5R	Tuesday 13 October - Thursday 22 October Tuesday 3 November - Thursday 12 November	4 weeks	8
5M	Tuesday 17 November – Thursday 26 November Tuesday 12 January – Tuesday 21 January	4 weeks	8
5E	Tuesday 26 January – Thursday 11 February Tuesday 23 February - Thursday 25 February	4 weeks	8
5S	Tuesday 2 March – Thursday 25 March	4 weeks	8
5L	Tuesday 27 April – Thursday 6 May Tuesday 18 May - Thursday 27 May	4 weeks	8
5W	Tuesday 8 June – Tuesday 22 June Tuesday 29 June - Tuesday 6 July	4 weeks	8

Selwood is charged a cost per child, per session, to cover transport, swimming instructors, equipment, badges and certificates, and lifeguard costs.

The cost will be added to ParentPay once the final amount has been confirmed. Last year, the cost was £49.39.

Please note that this is a voluntary contribution. If your child is entitled to Free School Meals and you would like to use your Selwood Activity Voucher as payment, please inform us directly.

Please can you let us know if your child can swim 25m or attends swimming lessons or a swimming club and complete the swimming link <https://forms.gle/idZY9eEDMRVwVNwFA>

Yours sincerely

L Phillips (PE Dept)