

18 April 2024

Dear Parents / Carers

I am writing to inform you that this term, pupils in **Years 6** will be having a lesson to explore sex and relationships (RSHE.)

This lesson forms part of a PASHE topic entitled “healthy relationships.” It will involve looking at the following topics:

- **Puberty and reproduction**
- **Understanding relationships**
- **Conception and pregnancy**
- **Communicating in relationships**

The over-arching theme at the centre of our planning is Love, **Trust and Commitment** and this is at the centre of each of the sessions and has informed the planning for this topic.

All the content is age-appropriate and pupils will have opportunities to ask anonymous questions which will be answered carefully in an age-appropriate manner.

If you would like to look more closely at some of the resources which will be used, please go to <https://www.selwood.somerset.sch.uk/curriculum/subjects/pashe>

If you would prefer for your child to be withdrawn from these sessions please could you email me on [Jennifer.Howell@selwood-academy.co.uk](mailto:Jennifer.Howell@selwood-academy.co.uk) by Wednesday 24<sup>th</sup> April 2024.

Yours sincerely

**Jennifer Howell**  
**Head of PASHE/R&P**

‘Let your light shine before others’ Matthew 5 v 16  
**Head Teacher: Mr Daniel Jeffries BA(Hons) MA NPQH NPQEL**

Selwood Academy, Berkley Road, Frome, Somerset, BA11 2EF  
Telephone: 01373 462798  
email: [selwoodacademy@selwood-academy.co.uk](mailto:selwoodacademy@selwood-academy.co.uk) web: [www.selwood.somerset.sch.uk](http://www.selwood.somerset.sch.uk)