

**July 2025**

Dear Parent/Carer

**Advanced Notice: Year 5 Mendip Adventure Days Wednesday 1<sup>st</sup>, Thursday 2<sup>nd</sup>, Friday 3<sup>rd</sup> Oct 2025**

To support your child's personal development, and as part of the Physical Education outdoor and adventurous activity programme, we intend to take each Year 5 tutor group for an adventure day on the Mendip Hills. The exact day your child will be taking part will be shared with you in early September 2025.

Children can look forward to an exciting day of team building activities and caving in the Burrington Combe area of the Mendip Hills.

Final information regarding the trip will be sent in early September, however, some useful preliminary details are included below.

### **Timings**

Exact timings will be confirmed in early September, however, in the past we have departed at the beginning of the school day and returned at approximately 5:15-5:30pm.

### **Cost**

The cost of the trip including travel by coach is £62.86. Once you have received your ParentPay activation letter and set up your account, you will be able to make the payment. The deadline for payment will be Friday 12 September. Whilst it is a voluntary contribution, if sufficient contributions towards the trip are not received the trips will sadly be cancelled.

### **Kit list**

A kit list is provided below. We hope by providing this much notice, parents should be able to borrow kit where required from friends and family.

### **Insurance**

The Academy purchases insurance which provides a basic level of cover for children and staff. Parents are advised to purchase their own personal accident or illness insurance if they require additional cover.

Please complete the google form via the link below to give permission for your child to attend this trip.

<https://forms.gle/v2SZWRSejJbBfdwv7>

My colleagues and I are looking forward to the trip and are sure that everyone will enjoy the experience.

Yours sincerely

**Mr Stuart Hershbein**  
**Head of PE**

**'Let your light shine before others' Matthew 5 v 16**  
**Head Teacher: Mr Daniel Jeffries BA(Hons) MA NPQH NPQEL**

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Registered Company Number: 7814065

Safeguarding is everyone's responsibility - Selwood Academy is committed to safeguarding and promoting the welfare of our children and we expect all members of staff, volunteers and visitors to share this commitment.

## **Year 5 Mendip Adventure Day Personal Equipment List**

### **All items should be clearly named**

#### **Pupils should come to school wearing:**

- Old trousers or jogging bottoms/leggings (not jeans)
- Long-sleeved top
- Warm jumper/fleece top
- Sturdy outdoor trainers with a good level of grip

#### **Pupils should bring a small backpack (School backpacks are usually ideal) containing the following:**

- Any necessary medicines and/or inhalers, with clear written instructions
- Lunch box containing a packed lunch (this will be provided for pupils who receive free school meals)
- A drink in a plastic water bottle
- Waterproof coat
- Waterproof trousers (if possible)
- Warm hat (Sun hat and sun block if weather is hot!)
- Gloves
- Spare trousers or jogging bottoms/leggings (not jeans)
- Spare t-shirt & warm jumper/fleece top, socks, underwear & a towel
- Bin liners or plastic bags to put wet/muddy clothes in
- A pair of wellington boots

#### **Optional:**

- Reading book/puzzle book or playing cards etc for the coach journey
- Inexpensive cameras may be brought at the owner's risk

#### **Please note:**

Valuables/jewellery/money are not necessary. MOBILE PHONES, pen knives, radios, MP3 players or other electronic games/noise emitting devices are NOT allowed.