

Year 7 Physical Education Programme of Study 2021/22

Group & Teachers	Days	Activities *Dates indicate when an activity will start*						
		1	2	3	4	5	6	7
		8th Sept (5 weeks)	1st Nov (4 weeks)	29th Nov (5 weeks)	17 Jan (4 weeks)	14th Feb (5 weeks)	21st March (5 weeks)	9th May (5 weeks)
7F & 7R Girls	Wk1: Mon2/Tues5 Wk2: Mon4/Tues3	Hockey	Rugby	Netball	Dance	Orienteering	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May
7F & 7R Boys	Wk1: Mon2/Tues5 Wk2: Mon4/Tues3	Rugby	Hockey	Dance	Orienteering	Lacrosse	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May
7S & 7L Girls	Wk1: Weds1/Thurs4 Wk2: Mon3/Weds3	Hockey	Rugby	Netball	Dance	Orienteering	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May
7S & 7L Boys	Wk1: Weds1/Thurs4 Wk2: Mon3/Weds3	Rugby	Hockey	Dance (clash 6L)	Orienteering	Lacrosse	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May
7M & 7E Girls	Wk1: Mon1/Fri2 Wk2: Weds2/Thurs2	Hockey	Rugby	Netball	Dance	Orienteering	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May
7M & 7E Boys	Wk1: Mon1/Fri2 Wk2: Weds2/Thurs2	Rugby	Hockey	Dance	Orienteering	Lacrosse	Athletics	Ult. Frisbee
		8th Sept	1st Nov	29th Nov	17th Jan	14th Feb	21st March	9th May

8
20th June (5 weeks)
Rounders
20th June
Cricket
20th June
Rounders
20th June
Cricket
20th June
Rounders
20th June
Cricket