



### **Year 6 Mendip Adventure Camp**

#### **Provisional Personal Kit List – please ensure everything is named**

- Small backpack (school backpacks are ideal) containing packed lunch, reusable water bottle, waterproofs and a warm jumper for the first day.
- Waterproof jacket
- Warm hat (if cold)
- Gloves (if cold)
- Thick jumper or fleece top (for evenings)
- 2 thinner jumpers/fleece tops
- 3 changes of t-shirt
- 2 pairs of old loose fitting trousers (not jeans)
- 5 changes of underwear and socks
- Pyjamas/nightwear
- Wash kit & 2 towels
- Swimming costume/trunks (for kayaking and assault course)
- Stout outdoor trainers - be prepared for these to get wet
- Second pair of trainers to keep dry
- Wellingtons or walking boots (if whether forecast is wet)
- Tracksuit/jogging bottoms/leggings
- Shorts
- Sun hat and sun block
- Waterproof trousers (optional for assault course/kayaking)
- Bin liners and plastic bags to put wet/muddy gear in
- Water bottle (plastic, a 1 litre squash/lemonade bottle is ideal)
- Lunch box
- Sleeping bag
- Warm blanket (optional for night time)
- Pillow and pillowcase
- Torch
- Reading book/puzzle book/pack of cards could be brought for the coach journey or for use during free time on the camp
- A large soft holdall or small suitcase in which to carry all of the above
- Inexpensive cameras may be brought at the owner's own risk.

**Mobile phones, pen knives, Ipods, or other noise emitting devices are NOT allowed**

**Pocket money will not be required**



Recommended by Mendip for specific activities:

#### Kayaking, canoeing, SUP, raft building, assault course

**Must haves:** Prepare to get wet! Bring a complete change of clothes and a towel. You must have a pair of shoes you are happy to wear in the water ideally trainers. Sorry, flip flops or Crocs are not suitable.

Please avoid jeans! Denim gets very heavy and uncomfortable if it gets wet. Leggings, joggers or shorts would be much better.

**Suggestions:** Plenty of warm clothing to wrap up in afterwards.

#### Rock climbing and abseiling

**Must haves:** Closed toe shoes that you can climb in; trainers or walking boots are best. You will not be able to take part in the activity if you are wearing flip flops, sandals or Crocs.