

Year 1 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab
Autumn - Relationships (13 weeks)	Families and friendships Roles of different people; families; feeling cared for Pos Refs: R1, R2, R3, R4, R5		<ul style="list-style-type: none"> about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers the role these different people play in children's lives and how they care for them what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc. about the importance of telling someone – and how to tell them – if they are worried about something in their family 		Medway Public Health Directorate - Primary RSE lessons (KS1), Lesson 1 - My Special People	Mum Dad Sister Brother Grandparents Auntie Uncle Sharing Bullying Family Kindness Fairness Relationship Feelings
	Safe relationships Recognising privacy; staying safe; seeking permission PoS Refs: R10, R13, R15, R16, R17		<ul style="list-style-type: none"> about situations when someone's body or feelings might be hurt and whom to go to for help about what it means to keep something private, including parts of the body that are private to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches) how to respond if being touched makes them feel uncomfortable or unsafe and who to tell when it is important to ask for permission to touch others how to ask for and give/not give permission 		NSPCC PANTS 1 Decision - Relationships 5-8	Sharing Name calling Physical contact Family Caring Differences Equal Boundaries Friendship Trust Feelings Understanding Uncomfortable
	Respecting ourselves and others How behaviour affects others; being polite and respectful PosS Refs: R21, R22		<ul style="list-style-type: none"> what kind and unkind behaviour mean in and out school how kind and unkind behaviour can make people feel about what respect means about class rules, being polite to others, sharing and taking turns 			Relationships Safe Appropriate Inappropriate Polite Rules

Year 2 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab (previous years highlighted)
Autumn - Relationships (13 weeks)	Families and friendships Making friends; feeling lonely and getting help PoS Refs: R6, R7, R8, R9, R24		<ul style="list-style-type: none"> how to be a good friend, e.g. kindness, listening, honesty about different ways that people meet and make friends strategies for positive play with friends, e.g. joining in, including others, etc. about what causes arguments between friends how to positively resolve arguments between friends how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else 		1Decision 5-8 relationships	Mum Dad Sister Brother Grandparents Auntie Uncle Sharing Bullying Family Kindness Fairness Relationship
	Safe relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour PoS Refs: R11, R12, R14, R18, R19, R20		<ul style="list-style-type: none"> how to recognise hurtful behaviour, including online what to do and whom to tell if they see or experience hurtful behaviour, including online about what bullying is and different types of bullying how someone may feel if they are being bullied about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help how to resist pressure to do something that feels uncomfortable or unsafe how to ask for help if they feel unsafe or worried and what vocabulary to use 		NSPCC - PANTS 1Decision (5-8) relationships ThinkUknow Jessie and Friends	Feelings Sharing Name calling Physical contact Family Caring Differences Equal Boundaries Friendship Trust Feelings Understanding Uncomfortable Relationships Safe
	Respecting ourselves and others Recognising things in common and differences; playing and working		<ul style="list-style-type: none"> about the things they have in common with their friends, classmates, and other people how friends can have both similarities and differences how to play and work cooperatively in different groups and situations how to share their ideas and listen to others, 		PSHE Association - Inclusion, belonging and addressing extremism 'sameness and difference'	Appropriate Inappropriate Polite Rules Belonging Physical contact Preferences Celebrations

	cooperatively; sharing opinions PoS Refs: R23, R24, R25		take part in discussions, and give reasons for their views			Unique Special Boundaries Friendship Conflict Trust Secrets Appreciation
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Year 3 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab (previous years vocab highlighted)
Autumn - Relationships (13 weeks)	Families and friendships What makes a family; features of family life Pos Refs: R1, R6, R7, R8, R9		<ul style="list-style-type: none"> to recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents that being part of a family provides support, stability and love about the positive aspects of being part of a family, such as spending time together and caring for each other about the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty to identify if/when something in a family might make someone upset or worried what to do and whom to tell if family relationships are making them feel unhappy or unsafe 		Coram Life Education - The Adoptable School Toolkit	Mum Dad Sister Brother Grandparents Auntie Uncle Sharing Bullying Family Kindness Fairness Relationship Feelings Sharing Name calling Physical contact Family Caring Differences Equal Boundaries Friendship Trust Feelings Understanding Uncomfortable Relationships Safe Appropriate Inappropriate Polite Rules Belonging Physical contact Preferences
	Safe relationships Personal boundaries; safely responding to others; the impact of hurtful behaviour PoS Refs: R19, R22, R24, R30		<ul style="list-style-type: none"> What is appropriate to share with friends, classmates, family and wider social groups including online about what privacy and personal boundaries are, including online basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision that bullying and hurtful behaviour is unacceptable in any situation about the effects and consequences of bullying for the people involved 			Feelings Understanding Uncomfortable Relationships Safe Appropriate Inappropriate Polite Rules Belonging Physical contact Preferences

		<ul style="list-style-type: none"> • about bullying online, and the similarities and differences to face-to-face bullying • what to do and whom to tell if they see or experience bullying or hurtful behaviour 				Celebrations Unique Special Boundaries Friendship Conflict Trust Secrets Appreciation Communication Co-operation Aggressive Negative/positive behaviour Tolerance
	Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite PoS Refs: R30, R31	<ul style="list-style-type: none"> • to recognise respectful behaviours e.g. helping or including others, being responsible • how to model respectful behaviour in different situations e.g. at home, at school, online • the importance of self-respect and their right to be treated respectfully by others • what it means to treat others, and be treated, politely • the ways in which people show respect and courtesy in different cultures and in wider society 		Premier League Primary Stars - KS2 Behaviour/relationships Do the right thing Alzheimer's Society - Creating a dementia friendly generation		

Year 4 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab
Autumn - Relationships (13 weeks)	Families and friendships Positive friendships; including online Pos Refs: R10, R11, R12, R13, R18		<ul style="list-style-type: none"> about the features of positive healthy friendships such as mutual respect, trust and sharing interests strategies to build positive friendships how to seek support with relationships if they feel lonely or excluded how to communicate respectfully with friends when using digital devices how knowing someone online differs from knowing someone face to face and that there are risks in communicating with someone they don't know what to do or whom to tell if they are worried about any contact online 		Google and parent zone: Be internet legends	Belonging Physical contact Preferences Celebrations Family Unique Special Caring Differences Equal Boundaries Friendship Conflict Trust Secrets Appreciation Feelings
	Safe relationships Responding to hurtful behaviour; managing confidentiality; recognising risks online PoS Refs: R20, R23, R27, R28		<ul style="list-style-type: none"> to differentiate between playful teasing, hurtful behaviour and bullying, including online how to respond if they witness or experience hurtful behaviour or bullying, including online recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable how to manage pressures associated with dares when it is right to keep or break a confidence or share a secret how to recognise risks online such as harmful content or contact how people may behave differently online including pretending to be someone they are not how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online 		Google and parent zone: Be internet legends 1decision Computer Safety	Understanding Uncomfortable Relationships Safe Appropriate Inappropriate
	Respecting ourselves and		<ul style="list-style-type: none"> to recognise differences between people such as 		Premier League Primary Stars - KS2 PSHE	

	<p>others</p> <p>Respecting differences and similarities; discussing difference sensitively</p> <p>PoS Refs: R32, R33</p>		<p>gender, race, faith</p> <ul style="list-style-type: none">• to recognise what they have in common with others e.g. shared values, likes and dislikes, aspirations• about the importance of respecting the differences and similarities between people• a vocabulary to sensitively discuss difference and include everyone		<p>Diversity</p>	
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Year 5 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab
Autumn - Relationships (13 weeks)	Families and friendships Managing friendships and peer influence Pos Refs: R14, R15, R16, R17, R18, R26		<ul style="list-style-type: none"> what makes a healthy friendship and how they make people feel included strategies to help someone feel included about peer influence and how it can make people feel or behave the impact of the need for peer approval in different situations, including online strategies to manage peer influence and the need for peer approval e.g. exit strategies, assertive communication that it is common for friendships to experience challenges strategies to positively resolve disputes and reconcile differences in friendships <ul style="list-style-type: none"> that friendships can change over time and the benefits of having new and different types of friends how to recognise if a friendship is making them feel unsafe, worried, or uncomfortable when and how to seek support in relation to friendships 		Premier League Primary Stars KS2 PSHE Inclusion	Belonging Physical contact Preferences Celebrations Family Unique Special Caring Differences Equal Boundaries Friendship Conflict Trust Secrets Appreciation Feelings Understanding Uncomfortable Relationships Safe Appropriate Inappropriate
	Safe relationships Physical contact and feeling safe PoS Refs: R9, R25, R26, R27, R29		<ul style="list-style-type: none"> to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations how to ask for, give and not give permission for physical contact how it feels in a person's mind and body when they are uncomfortable that it is never someone's fault if they have experienced unacceptable contact 			

			<ul style="list-style-type: none"> • how to respond to unwanted or unacceptable physical contact • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact 			
	<p>Respecting ourselves and others</p> <p>Responding respectfully to a wide range of people; recognising prejudice and discrimination</p> <p>PoS Refs: R20, R21, R31, R33</p>		<ul style="list-style-type: none"> • to recognise that everyone should be treated equally • why it is important to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own • what discrimination means and different types of discrimination e.g. racism, sexism, homophobia • to identify online bullying and discrimination of groups or individuals e.g. trolling and harassment • the impact of discrimination on individuals, groups and wider society • ways to safely challenge discrimination • how to report discrimination online 		<p>Premier League Primary Stars - KS2 PSHE Do the right thing</p> <p>Premier League Stars - KS2 Developing Values</p> <p>Coram Life Education - The Belonging Toolkit - upper KS2 single and double lessons</p>	

Year 6 MTP - PSHE						
Term	Topic	Prior learning	In this unit of work, students will learn... (children will know)	Lesson ideas	Resources	Vocab
Autumn - Relationships (13 weeks)	Families and friendships Attraction to others; romantic relationships; civil partnerships and marriage Pos Refs: R1, R2, R3, R4, R5, R7		<ul style="list-style-type: none"> what it means to be attracted to someone and different kinds of loving relationships that people who love each other can be of any gender, ethnicity or faith the difference between gender identity and sexual orientation and everyone's right to be loved about the qualities of healthy relationships that help individuals flourish ways in which couples show their love and commitment to one another, including those who are not married or who live apart what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults that people have the right to choose whom they marry or whether to get married that to force anyone into marriage is illegal how and where to report forced marriage or ask for help if they are worried 		Medway Public Health Directorate Primary RSE - KS2 Y6 Lesson 3 positive and healthy relationships	Belonging Physical contact Preferences Celebrations Family Unique Special Caring Differences Equal Boundaries Friendship Conflict Trust Secrets Appreciation Feelings Understanding Uncomfortable Relationships Safe Appropriate Inappropriate
	Safe relationships Recognising and managing pressure; consent in different situations PoS Refs: R26, R28, R29		<ul style="list-style-type: none"> to compare the features of a healthy and unhealthy friendship about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong strategies to respond to pressure from friends including online how to assess the risk of different online 'challenges' and 'dares' how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable 		Thinkuknow Play Like Share	

		<ul style="list-style-type: none"> • how to get advice and report concerns about personal safety, including online • what consent means and how to seek and give/not give permission in different situations 			
	<p>Respecting ourselves and others</p> <p>Expressing opinions and respecting other points of view, including discussing topical issues</p> <p>PoS Refs: R30, R34</p>	<ul style="list-style-type: none"> • about the link between values and behaviour and how to be a positive role model • how to discuss issues respectfully • how to listen to and respect other points of view • how to constructively challenge points of view they disagree with • ways to participate effectively in discussions online and manage conflict or disagreements 		Premier League Primary Stars - KS2 PSHE Do the right thing	