

Weekly Newsletter

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www.seven-stars.lancsnafl.ac.uk



9th December 2022

*'Where children
come first'*

Christmas PTFA Bingo

Thank you to all the parents and friends who turned up for our brilliant Christmas Bingo and a big thank you to the PTFA for organising yet another fabulous event (and for the delicious food). All money raised will go towards equipment and resources for the children in school. Well done to all the winners, including the children who took part in the colouring competition.

Christmas Lunch

An enormous thank you to Dawn and her team in the kitchen for serving up such a delicious Christmas dinner on Thursday. The children all tucked in to the traditional goodies including a pudding and had fun pulling crackers and telling jokes.



Father Christmas

Despite being so busy Father Christmas paid our children a visit on Thursday afternoon and handed out some selection boxes to each child who was in school. He told us that it was so wonderful meeting our lovely children and he hopes we all have a lovely Christmas.

Christmas Shop/Tombola

Thank you again to Miss Moor for running our Christmas Shop/Tombola for the last two weeks. Any money raised will go towards OPAL equipment and resources for the children.

Christmas Post-box

The Christmas post-box is out in the hall. Please put children's full name if you know it and the class they are in as well if you can so our Year 6 posties can deliver the cards to the right person.



Christmas Tree

Thank you to Mr Walsh for getting our Christmas Tree which is in the school hall and looking fabulous.



Christmas Performances

We are looking forward to our Christmas performances/nativities by our youngest classes next week (hopefully you have managed to get a ticket - if not phone the office on 01772 422503)

Tuesday 13th December –

Nursery/Reception Christmas performance 9.30am to about 10.30am (in the hall).

Years 1 & 2 & 3 Christmas performance 1.30pm to about 3pm (in the hall).

Wednesday 14th December –

Years 1 & 2 & 3 Christmas performance 9.30am to about 11.00am (in the hall).

Nursery/Reception Christmas performance 1.30pm to about 2.45pm (in the hall).

Parents are allowed to take photos and videos BUT do not post them on social media if they have other children on them and do not live-stream any performances (for safeguarding reasons).

There will be time at the end of the performance to take photos too.

If you are here for any of the afternoon performances you are able to take your children home early (the performance is likely to finish about 2.30/2.45pm).

Christmas Assembly

Parents are invited to a Christmas Assembly on Thursday 15th December at 1.30pm in the school hall. We will sing some Christmas songs, hear some readings and see some of the dioramas that Year 4 have been making (children can go early at the end of the assembly if you want to take them).

Rewards for this week (Well done!)

Well done to all those amazing children who have achieved the various awards this week.

Star of the Week Awards Focus on Learning	
Moons	Teddie – for coming into school excited and ready to learn
Rockets	Malachi
Dorado	Emily – for always trying her best and giving 100% in everything she does
Orion	Steven
Hercules	Reece – for writing a good magical story
Pegasus	Amelia – for fantastic creative ideas for her diorama
Leo	Kaiden – for a positive week in school and some fantastic work in PSHE
Phoenix	Thomas

Positive Points (Top Dojo Points Rockets Only)	
Dorado	Brooke
Orion	Daisy
Hercules	Lois
Pegasus	Thomas
Leo	Summer-Rose
Phoenix	Lexi

VIP (Values Inspired Person) – for demonstrating A SCHOOL VALUE	
Rockets	Alex
Dorado	Jack
Orion	Avayah
Hercules	Lois
Pegasus	Alex
Leo	Louisa
Phoenix	Dylan

We would like to hear about any children who do amazing things outside of school and they MIGHT end up getting our Local Hero award - let us know with a quick message on Class Dojo to your child's teacher letting us know what they have done.

Well done to Pegasus class for getting the highest attendance over the last full week and Phoenix for lowest number of lates

21.11.22 – 25.11.22 ATTENDANCE		
Class	Lates	% attendance
Rockets	10	87.1
Dorado	7	91.0
Orion	10	89.3
Hercules	13	97.1
Pegasus	16	98.3
Leo	8	96.2
Phoenix	3	92.1

Scarlet Fever (and Strep A/iGAS)

There has been a recent national increase in notifications of scarlet fever to the UK Health Security Agency (UKHSA), above seasonal expected levels.

Signs and symptoms of scarlet fever

Scarlet fever is a common childhood infection caused by *Streptococcus pyogenes*, or group A Streptococcus (GAS). It is not usually serious, but should be treated with antibiotics to reduce the risk of complications (such as pneumonia) and spread to others. The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours, the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body giving the skin a sandpaper-like texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and may be pale around the mouth.

This may be accompanied by a bright red 'strawberry' tongue. If you think you, or your child, might have scarlet fever: **contact your GP or NHS 111 as soon as possible**, make sure that you or your child **take(s) the full course of any antibiotics prescribed**. Although you or your child will feel better soon after starting the course of antibiotics, you must complete the course to ensure that you do not carry the bacteria in your throat, after you have recovered stay at home, away from nursery, school or work for **at least 24 hours after starting the antibiotic treatment**, to avoid spreading the infection. You can help stop the spread of infection through frequent hand washing and by not sharing eating utensils, clothes, bedding and towels. All contaminated tissues should be disposed of immediately.

Invasive Group A Strep (iGAS)

The same bacteria which causes scarlet fever can also cause a range of other types of infection such as skin infections (impetigo) and sore throat. In very rare cases, the bacteria can get into the bloodstream and cause an illness called invasive group A strep (iGAS). Whilst still very uncommon, there has been an increase in iGAS cases this year, particularly in children under 10 years old. It is very rare for children with scarlet fever to develop iGAS infection. As a parent, you should trust your own judgement.

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

Stop the Spread

During periods of high incidence of scarlet fever, there may also be an increase in outbreaks in schools, nurseries and other childcare settings. Children and adults with suspected scarlet fever should stay off nursery/school/work until **24 hours** after the start of appropriate antibiotic treatment. Good hygiene practice such as hand washing remains the most important step in preventing and controlling spread of infection.

Holiday Activities - free activities and food

South Ribble Borough Council and South Ribble Leisure have planned a week of activities this Christmas by offering a 'HAF' programme of 'FREE activities and food' to children and families at local leisure centres!

This holiday provision is for school aged children from reception to year 11 (inclusive) who receive benefits-related free school meals. Benefits-related free school meals (FSM) are available to pupils if their parents are in receipt of one of the qualifying benefits, and have a claim verified by their school or local authority.

Full details of the programme and how to book are attached and can be found at

<https://southribble.gov.uk/haf>



Important Dates Coming Up

Tuesday 13th December - **Nursery/Reception** Christmas performance 9.30am to about 10.30am (in the hall)

Years 1,2,3 Christmas performance 1.30pm to about 3pm (in the hall)

Wednesday 14th December - **Years 1,2,3** Christmas performance 9.30am to about 11.00am (in the hall)

Nursery/Reception Christmas performance 1.30pm to about 2.45pm (in the hall)

Thursday 15th December 1.30pm - Christingles. Dioramas & Carols in the hall

Friday 16th December - Shining Stars Assembly

Friday 16th December - Break up for the Christmas Holidays at **2pm**
(After-school club finishes at 4pm)

Wednesday 4th January - School re-opens

MENU FOR WEEK COMMENCING 12/12/2022

Lunch Menu WEEK 3 - 12.12.2022

	Choice 1	Choice 2	Desserts Choice
Monday	Sausages, Paprika Potatoes, Mixed Vegetables	Cheese & Tomato French Bread Pizza, Tortilla Chips, Veggie Sticks, Dips	Sponge & Chocolate Sauce Yoghurt Fresh Fruit
Tuesday	Pasta Neopolitan, Crusty Bread, Salad	Baked Jacket Potato with a Selection of Fillings, Salad	Yoghurt Fresh Fruit
Wednesday	Selection of Filled Sandwich Rolls, Veggie Sticks, Dips, Hash Brown	Creamy Korma Curry, Mixed Rice, Naan Bread (v)	Mini Shortbread Biscuit Yoghurt Fresh Fruit
Thursday	Beef Burger in a Bun, Potato Wedges, Veggie Sticks, Dips	Homemade Macaroni & Cheese Bake, Crusty Bread, Broccoli	Fresh Fruit Medley Yoghurt Fresh Fruit
Friday	Homemade Pizza Margherita, Chips or New Potatoes, Sweetcorn	Selection of Filled Sandwich Rolls, Chips, Veggie Sticks, Dips	Chocolate Muffin Yoghurt Fresh Fruit

SUPPORT FOR FAMILIES

If anyone is struggling during these difficult times in any way at all please contact Mrs Wright on 01772 422503 or d.wright@seven-stars.lancs.sch.uk who will be able to either give support or point you in the right direction.

You can also visit the Support page on our web-site where there are lots of links to groups and organisations that can help with whatever challenge you are facing at the moment.

Many thanks for your support - *Mr Mitchell*

REMEMBER TO VISIT OUR WEBSITE (class and school information)

Remember to like us on Facebook and Twitter

