# **Weekly Newsletter**

01772 422503 www.seven-stars.lancsnafl.ac.uk



## 11<sup>th</sup> February 2022 Where children come first<sup>2</sup>

### **COVID Update**

Cases have been gradually coming down throughout the school over the last two weeks and we are almost back up to full staffing levels. However, we are still getting a small number of positive cases in school so we must continue to take care, wash our hands, continue with testing if anyone is a close contact of a positive case. We will keep you updated if there becomes another increase of cases in the school. Thank you for your support and for helping each other to stay safe.

## Do You Need Yelp?

'If any families are isolating and need support please contact me

d.wright@seven-stars.lancs.sch.uk or phone 01772 422503.

The office will order vouchers on Fridays for children who are entitled to free school dinners (not the infant FSM). Children will get £2.20 for everyday they are absent, these will be similar to the ones provided in the holidays.

School also have some laptops for children, this will enable them to access the class DOJO to continue with their education.

Unfortunately school will be unable to provide Lateral Flow Tests as we have limited supply. If you have any queries please not not hesitate to contact me'.

### **Children's Mental Health Week**

(click on the link below to see what has been happening around the UK in Children's Mental Health week)

https://twitter.com/hashtag/ChildrensMentalH ealthWeek?src=hashtag\_click



### Islam Awareness Day

On Tuesday of this week Years 3 to 6 were visited by Imran Kotwal who is a muslim teacher. The children loved his presentation talking about what Muslims believe and in particular the 5 pillars of Islam. The children had an assembly and then Imran led some workshops with different classes from Years 3 to 6 throughout the school.

#### Safer Internet and on-line safety

This week has been internet safety week and we have been telling the children a lot about how to stay safe when on social media or gaming live.



The police popped in the other day to chat to us about it and have signposted us to a great APP call 'Family Link' which helps you monitor your child's on-line activity and screen time (see the link below).

There have been several issues recently with children sending or receiving inappropriate posts, sending and receiving far too many messages (affecting their well-being), sending and receiving messages in the early hours of the morning (affecting their rest and ability to engage in learning the next day) and some quite mean things being said to each other.

Most children are polite and respectful but we are dealing with more and more issues to do with social media or gaming nastiness. Please help us to monitor your child's on-line behaviours and chat to them about any concerns they have about it all.

#### https://families.google.com/familylink/

Have a look at the following link for other on-line safety advice:

https://www.childline.org.uk/info-

advice/bullying-abuse-safety/online-mobilesafety/

and our school web-site:

https://seven-stars.lancsngfl.ac.uk/behavioursupport/on-line-safety

### Rewards for this week (Well done!)

#### Well done to all those amazing children who have achieved the various awards this week.

Star of the Week Awards Enthusiasm and Behaviour				
Rockets	Bradley – for using numicon for number bonds to 10			
Dorado	Pippa – for trying her hardest in phonics and reading			
Orion	Ryan			
Hercules	Ethan – for a great non-fiction leaflet on elephants			
Pegasus	Harry – for showing a huge improvement in both his work and behaviour			
Leo	Honey – for a really good week in school and some fantastic work in science			
Phoenix	Matilda – for really trying to improve her handwriting and writing an excellent biography about Frida Kahlo			

Positive Points (Top Dojo Points Rockets Only)					
Rockets	Zuzanna				
Dorado	Steven				
Orion	Lois				
Hercules	Tyler				
Pegasus	Harry				
Leo	Thomas				
Phoenix	Harry O				

VIP (Values Inspired Person) – for demonstrating RESPECT					
Rockets	Isla				
Dorado	Grace				
Orion	Tanya				
Hercules	Aurelia				
Pegasus	Kaiden				
Leo	Ruby				
Phoenix	Xander				

#### **VIP certificates (Values Inspired Person)**

Over the next few weeks we will be celebrating and rewarding any children who demonstrate our school values which are:

• Resilience, Determination, Kindness, Tolerance, Courage, Honesty, Empathy, Respect, Responsibility, Gratitude/Thankfulness

We have been focusing on a different value each week and this week it has been RESPECT. After half-term we will continue to focus on our school values all of which you can find on the web-site.



Rockets	Jack	
Dorado	Brandon	
Orion	Holly	
Hercules	Darasimi	
Pegasus	Mia	
Leo	Thomas	
Phoenix	Emily	

## Well Done to everyone this week

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#### **OPAL Playtimes**

Some of you may have wondered why our field has suddenly started to gather a lot of tyres and why children are coming home a little bit muddier than usual.

We have seen so many smiles on children's faces over the last few days.

Well done to Hugo and Lucas from Rockets class for their amazing adventures and ideas in trying to 'catch' the birds!

We are launching a new way of doing playtimes at lunchtime called OPAL (Outdoor Play and Learning). Why are we becoming an OPAL school? The benefits are enormous including:

- Behaviour happy children don't cause nearly as much trouble as bored children
- Accidents OPAL schools have up to 80% less reported accident
- Teachers consistently report more teaching time in afternoon lessons
- Self-regulation children in OPAL schools learn to self-regulate through practice, trust and freedom
- **Physical activity** all children, including girls, SEN and non-sporty children are significantly more active
- **Mental well-being** Research shows OPAL children are happier and self-reporting improved mental health
- Social and emotional development Good play in the laboratory of life where relationships are practised
- Links to formal learning Many OPAL schools report increased creativity, imagination and collaborative skills
- Attendance children can't wait to come to OPAL schools because they have such fun
- **Parents** we all want our children to be happy. Well informed parents at OPAL schools love it that their children are happier
- Rights Play is a child's right as recognised by the UN Convention on the Rights of the Child
- **Risk** OPAL schools report significant improvements in children's ability to identify and manage risk

This is a new way of doing things and we will keep parents informed along the way. Thanks to those parents who are already on board and keen to help. We are putting an OPAL page on our school web-site and no doubt your children will let you know what they are up to.

We will let you know if there are things we need.

It would be great if you have any wellies, suitable outdoor clothing/coats you don't mind getting dirty and spare clothes. It would be a great idea if all children could bring in a bag of old spare clothes in case they slip in the mud and need to get changed (and if you have spare clothes that we could keep in school for other children that would be great).

As a 'heads up' - after half term, we will be using all our school grounds and the children will be allowed to go on the fields.

Storage for equipment is a challenge so if any parents have unused sheds/storage or connections to getting a container or storage please get in touch.

AND LEARNING

# **MENU FOR WEEK COMMENCING 21/02/2022**

Lunch menu (subject to change depending on deliveries) 21.02.2022					
	Choice 1	Choice 2	Desserts Choice		
Monday	All Day Brunch, Sausage, Omelette, Hash Brown, Beans	Pasta Bake with Garlic Bread	Varied due to the current situation		
Tuesday	French Bread Pizza, Tortilla Chips, Salad	Cheese Pasty, Herby Diced Potatoes, Beans	Varied due to the current situation		
Wednesday	Roast Pork Dinner with Potatoes, Vegetables and Gravy	Jacket Potato, Selection of Toppings, Salad	Varied due to the current situation		
Thursday		Vegetarian Sausage in a Bun, Tortilla Chips, Salad	Varied due to the current situation		
Friday	Homemade Pizza, Chips, Peas	Fish, Chips, Peas	Varied due to the current situation		

Many thanks for your support - Mr Mitchell

#### **REMEMBER TO VISIT OUR WEBSITE** (class and school information)

Remember to like us on Facebook



If you have changed your contact details, need to update medical information or any other personal details please let us know in the office so we can update our records.