



'OUTER SPACE' – POSITIVE PLAYTIMES

S

Structured

- routines (clearly communicated and thought through – reviewed regularly)
- rotas in place with contingency plans (posters up so no confusion)
- problems pre-empted with plans in place e.g. for children who are struggling or when staff are

P

Positive play

- Playtime skills challenges
- Zoned areas (flexible) with playground leaders (Y5/6)
- Traditional games (teach and support)

A

Adults - positive interaction & engagement

- Give out house-points for friendship (empathy)
- Adults engage in conversation and activities (more than just watching & supervising)
- Volunteers / sports coaches

C

Calm (calming areas and calm responses)

- Emotion coaching & de-escalation strategies with quiet non-confrontational voices
- Calmer areas (reading, lego, creative, sensory boxes, chill-out room etc)
- Calm lunch-hall (music and noise levels)

E

Equipment

- Bigger long term investment in e.g. muga
- Budget for smaller equipment: balls / bats etc
- Occasional novelty equipment e.g. kites, chalks, bubbles (to engage and make things fun)

