

## KS2 P.E. Long Term Plan 2022-23

<p>Autumn 1 (7 weeks)</p> <p>Y3 Cross Country – 1 session Outdoor &amp; Adventurous Activities – 6 sessions (3 weeks) Invasion Games (Football) – 6 sessions (3 weeks)</p> <p>Y4 Cross Country – 1 session Outdoor &amp; Adventurous Activities – 6 session (3 weeks) Invasion Games (Football) – 6 sessions (3 weeks)</p> <p>Y5 Swimming Cross Country – 1 session Invasion Games (Football) – 6 sessions (3 weeks) Invasion games (Netball) – 6 sessions (3 weeks) Athletics – Linked to Sports Hall Athletics Competition</p> <p>Y6 Cross Country – 1 session Invasion Games (Football) – 6 sessions (3 weeks) Invasion games (Netball) – 6 sessions (3 weeks) Some Athletics – Linked to Sports Hall Athletics Competition</p>	<p>Autumn 2 (7 weeks)</p> <p>Y3 Net/Wall (Tennis) – 6 sessions (3 weeks) Net/Wall (Volleyball) – 6 sessions (3 weeks) Dodgeball – 4 sessions (2 weeks)</p> <p>Y4 Net/Wall (Tennis) – 6 sessions (3 weeks) Net/Wall (Volleyball) – 6 sessions (3 weeks) Dodgeball – 4 sessions (2 weeks)</p> <p>Y5 Swimming Net/Wall (Tennis) – 6 sessions (3 weeks) Net/Wall (Volleyball) – 6 sessions (3 weeks) Dodgeball – 4 sessions (2 weeks)</p> <p>Y6 Net/Wall (Tennis) – 6 sessions (3 weeks) Net/Wall (Volleyball) – 6 sessions (3 weeks) Dodgeball – 4 sessions (2 weeks)</p>	<p>Spring 1 (6 weeks)</p> <p>Y3 Gymnastics – 6 sessions (3 weeks) Dance – 6 sessions (3 weeks)</p> <p>Y4 Swimming Gymnastics – 6 sessions (3 weeks) Dance – 6 sessions (3 weeks)</p> <p>Y5 Gymnastics – 6 sessions (3 weeks) Dance – 6 sessions (3 weeks)</p> <p>Y6 Gymnastics – 6 sessions (3 weeks) Dance – 6 sessions (3 weeks)</p>
<p>Spring 2 (6 weeks)</p> <p>Y3 Invasion Games (Tag Rugby) – 6 sessions (3 weeks) Invasion games (Netball) – 6 sessions (3 weeks)</p> <p>Y4 Swimming Invasion Games (Tag Rugby) – 6 sessions (3 weeks) Invasion games (Netball) – 6 sessions (3 weeks)</p> <p>Y5 Invasion Games (Tag Rugby) – 6 sessions (3 weeks) Outdoor &amp; Adventurous Activities – 6 sessions (3 weeks)</p> <p>Y6 Invasion Games (Tag Rugby) – 6 sessions (3 weeks) Outdoor &amp; Adventurous Activities – 6 sessions (3 weeks)</p>	<p>Summer 1 (6 weeks)</p> <p>Y3 Striking &amp; Fielding (Rounders/Cricket) – 6 sessions (3 weeks) Invasion Games (Hockey) – 6 sessions (3 weeks)</p> <p>Y4 Striking &amp; Fielding (Rounders/Cricket) – 6 sessions (3 weeks) Invasion Games (Hockey) – 6 sessions (3 weeks)</p> <p>Y5 Striking &amp; Fielding (Rounders/Cricket) – 6 sessions (3 weeks) Invasion Games (Hockey) – 6 sessions (3 weeks)</p> <p>Y6 Striking &amp; Fielding (Rounders/Cricket) – 6 sessions (3 weeks) Invasion Games (Hockey) – 6 sessions (3 weeks)</p>	<p>Summer 2 (7 weeks)</p> <p>Y3 Athletics – 6 sessions (3 weeks) Invasion Games (Basketball) – 4 sessions (2 weeks) Invasion Games (Ultimate Frisbee) – 4 sessions (2 weeks)</p> <p>Y4 Athletics – 6 sessions (3 weeks) Invasion Games (Basketball) – 4 sessions (2 weeks) Invasion Games (Ultimate Frisbee) – 4 sessions (2 weeks)</p> <p>Y5 Athletics – 6 sessions (3 weeks) Invasion Games (Basketball) – 4 sessions (2 weeks) Invasion Games (Ultimate Frisbee) – 4 sessions (2 weeks)</p> <p>Y6 Athletics – 6 sessions (3 weeks) Invasion Games (Basketball) – 4 sessions (2 weeks) Invasion Games (Ultimate Frisbee) – 4 sessions (2 weeks)</p>