





School Council Attendees:

Y6: EM, ZA, FW, JT Y5: EA, EI, HB, BL Y4: TW, VMS Y3: MB, OW Y2: SB, IW

Apologies of Absence: EM + JT (Netball)

<u>AGENDA</u>

HEALTH WEEK

Mr Brotherton is busy organising our annual Health Week – all classes will do extra physical activity and think about all areas of health.

SEMH (Social, Emotional and Mental Health) is something that we feel is very important in our school.

In PSHE, teachers deliver MindMate Lessons to help children understand their emotions and how to deal with different situations.



A few weeks ago, we decided as a school that the areas we would like to focus on in lessons are:

- Separation or Divorce
- A death of a family member or friend.
- A death of a pet.
- Diseases / illnesses in the family.
- The impact of living with a physical or mental disability.
- Controlling emotions.
- Healthy Eating.

Please ask your classmates if they have any questions about learning in these areas so each teacher can plan some lessons for Health Week.

	What I would like to know?
Separation or	
Divorce	
A death of a family	
member or friend.	

The death of a pet.	
Diseases or illnesses in the family.	
The impact of living with a physical or mental disability.	
Controlling emotions.	
Healthy Eating.	
Body Image – the way I look.	