

YOUR MENU

FRIDAY

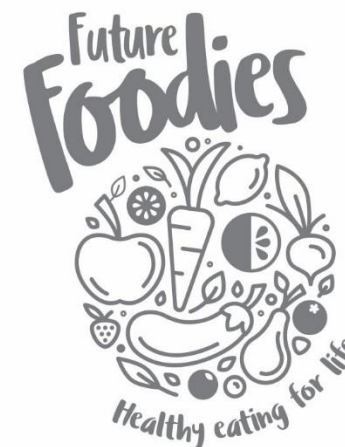
Battered Fish with Chips

Tortilla Pizza served with Chips (v)

Battered Fish with Chips

Jacket Potato with Baked Beans (v)

Yoghurt and Fruit Sundae



THURSDAY

Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

Hot Roast Baguette

Ice Cream with Fresh Fruit Salad



Wednesday

Veggieball Panini (v)

Vegetable Pasta Bake (v)

Meatball Panini (v)

Jacket Potato with Tuna

Berry Sponge

RED TRACTOR STANDARDS



Tuesday

Beef Lasagne

Cheeseburger with Jacket Wedges (v)

Halal Beef Lasagne

Ham Sandwich

Fruity Flapjack

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

Shadwell Primary

Week 1

W/C – 24/02/20, 16/03/20,
20/04/20, 11/05/20, 08/06/20,
29/06/20, 20/07/20

MONDAY

BBQ Chicken Wrap with Herby Diced Potatoes

Mild Rainbow Biryani (ve)

Halal BBQ Chicken Wrap with Herby Diced Potatoes

Jacket Potato with Cheese (v)

Zesty Lemon Bites served with Fresh Fruit Wedges



YOUR MENU

FRIDAY

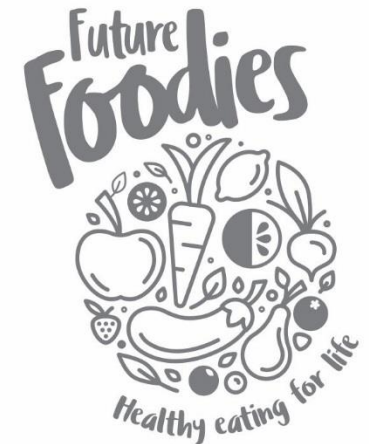
Crispy Salmon Fillet with Jacket Wedges

Veg Samosas served with Rice and Yogurt Dip (v)

Crispy Salmon Fillet with Jacket Wedges

Jacket Potato with Coleslaw (v)

Banana Cake



THURSDAY

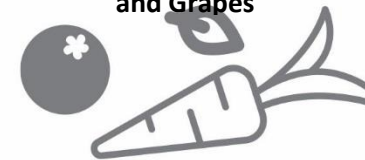
Roast Beefey with Yorkshire Pudding, Mashed and Roast Potatoes

Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

Hot Roast Baguette

Cheese and Crackers served with Apple Wedges and Grapes



Wednesday

Spaghetti Bolognese (ve)

Sausage Roll with Herby Diced Potatoes (v)

Spaghetti Bolognese (ve)

Jacket Potato with Baked Beans (v)

Homemade Energy Bar served with Fresh Fruit Wedges

RED TRACTOR STANDARDS



Tuesday

Chicken Curry with Rice

Macaroni Cheese (v)

Halal Chicken Curry with Rice

Ham Sandwich

Strawberry Yoghurt Drizzle Cake

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

Shadwell Primary

Week 2

W/C – 02/03/20, 23/03/20,
27/04/20, 18/05/20,
15/06/20, 06/07/20

MONDAY

Mexican Chicken with Tortilla Chips

Vegetarian Bolognese (v)

Halal Mexican Chicken with Tortilla Chips

Jacket Potato with Tuna

Toffee Apple Cake



YOUR MENU

FRIDAY

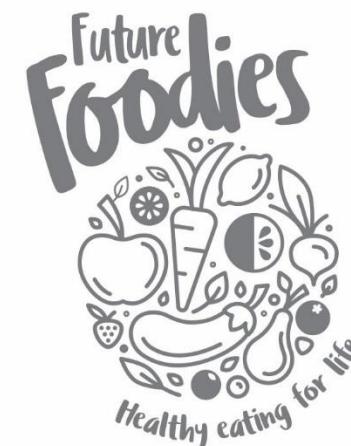
Fish Goujons with Chips

Cheesy Omelette with Chips (v)

Fish Goujons with Chips

Jacket Potato with Baked Beans (v)

Fruit Jelly with Mandarin Oranges



Shadwell Primary

Week 3

W/C – 09/03/20, 30/03/20,
05/05/20, 01/06/20,
22/06/20, 13/07/20

MONDAY

Beef Spaghetti Bolognese

Falafel with Raita and Flatbread (v)

Halal Spaghetti Bolognese

Jacket Potato with Tuna

Ice Cream with Sponge Finger

Tuesday

Sausage and Mash (v)

Chilli with Rice (ve)

Sausage and Mash (v)

Egg Mayonnaise Sandwich (v)

Chocolate Orange Cookie

**AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit**

MENUS ARE SUBJECT TO AVAILABILITY



Wednesday

Chicken Tikka Pizza with Jacket Wedges

Margherita Pizza with Jacket Wedges (v)

Halal Chicken Tikka Pizza with Jacket Wedges

Jacket Potato with Cheese (v)

Bananas and Custard

RED TRACTOR STANDARDS



THURSDAY

Roast Gammon with Yorkshire Pudding, Mashed and Roast Potatoes

Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

Hot Roast Baguette

Cheese and Crackers with Fresh Fruit Wedges

