

## YOUR MENU

## Shadwell Primary



W/C - 22/02/21, 15/03/21, 19/04/21, 10/05/21, 07/06/21, 28/06/21, 19/07/21

#### MONDAY

Chicken Korma Served with Rice

Vegetable Curry Served with Rice (v)

Halal Chicken Curry Served with Rice

Jacket Potato with Cheese (v)

**Zesty Lemon Bites served** with Fresh Fruit Wedges



## Tuesday

**Beef Lasagne** 

Cheeseburger with Jacket Wedges (v)

**Halal Beef Lasagne** 

**Ham Sandwich** 

**Fruity Flapjack** 

# AVAILABLE DAILY YOGHURTS

Fresh Fruit

MENUS ARE SUBJECT To avail ability



Veggie balls in Tomato Sauce Served with Pasta(v)

Tortilla Pizza served with Herby Diced Potatoes (v)

Veggie Balls in Tomato Sauce Served with Pasta(v)

**Jacket Potato with Tuna** 

**Berry Sponge** 

#### **RED TRACTOR STANDARDS**





### THURSDAY

Roast Turkey with Yorkshire pudding, Mashed and Roast Potatoes

Sausage with Yorkshire pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

**Hot Roast Baguette** 

Ice Cream with Fresh Fruit Salad



### **FRIDAY**

**Battered Fish with Chips** 

Vegetable Nuggets Served with Chips (v)

**Battered Fish with Chips** 

Jacket Potato with Baked Beans (v)

**Yoghurt and Fruit Sundae** 









## YOUR MENU

## Shadwell Primary



26/04/21, 17/05/21, 14/06/21, 05/07/21, 26/07/21

#### MONDAY

Mexican Chicken with Tortilla Chips

Cheesy Bean Wrap Served with Rice (v)

Halal Mexican Chicken with Tortilla Chips

**Jacket Potato with Tuna** 

Ice Cream served with Fresh Fruit



## Tuesday

**Chicken Curry with Rice** 

Macaroni Cheese (v)

Halal Chicken Curry with Rice

**Ham Sandwich** 

Strawberry Yoghurt Drizzle Cake

## AVAILABLE DAILY YOGHURTS

Fresh Fruit

MENUS ARE SUBJECT To avail ability



**Beef Bolognaise** 

Vegetarian Sausage Roll with Herby Diced Potatoes (v)

**Halal Beef Bolognaise** 

Jacket Potato with Baked Beans (v)

Homemade Energy Bar served with Fresh Fruit Wedges

**RED TRACTOR STANDARDS** 





### THURSDAY

Roast Beef with Yorkshire pudding, Mashed and Roast Potatoes

Sausage with Yorkshire pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

**Hot Roast Baguette** 

**Yoghurt and Fresh Fruit** 



### **FRIDAY**

Crispy Salmon Fillet with Jacket Wedges

Veg Samosas served with Rice and Yogurt Dip (v)

Crispy Salmon Fillet with Jacket Wedges

Jacket Potato with Coleslaw (v)

Chocolate and Pear Brownie









## YOUR MENU

## Shadwell Primary



W/C – 08/03/21, 29/03/21, 03/05/21, 24/05/21, 21/06/21, 12/07/21

### MONDAY

**Beef Spaghetti Bolognaise** 

Vegetarian Cheese Burger in a Bun Served with Jacket wedges(v)

Halal Spaghetti Bolognaise

**Jacket Potato with Tuna** 

Ice Cream with Sponge Finger



## Tuesday

Pork Sausage and Mashed Potatoes

Vegetarian Sausage and Mashed Potatoes (v)

Vegetarian Sausage and Mash (v)

Egg Mayonnaise Sandwich (v)

**Chocolate Orange Cookie** 

## AVAILABLE DAILY YOGHURTS

Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY



Chicken Tikka Masala with Rice

Margherita Pizza with Jacket Wedges (v)

Halal Chicken Tikka Masala with Rice

Jacket Potato with Cheese (v)

Flapjack with Fresh Fruit Wedges

**RED TRACTOR STANDARDS** 





### THURSDAY

Roast Gammon with Yorkshire Pudding, Mashed and Roast Potatoes

Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Halal Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes

**Hot Roast Baguette** 

**Yoghurt with Fresh Fruit** 



### **FRIDAY**

Fish Goujons with Chips

Cheesy Omelette with Chips (v)

Fish Goujons with Chips

Jacket Potato with Baked Beans (v)

Fruit Jelly with Mandarin
Oranges





