

## Vegan Menu

Menu Choice	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 – Main	Vegetarian Korma with 50/50 rice	Vegan Sausage and mash & Gravy	Quorn Vegan Filet Roast potato & Gravy	Tomato and roasted vegetable pasta	Crispy vegetable fingers and chunky chips
Dessert	Chocolate and pear sponge with Alpro custard	Apple crumble with Alpro custard	Flapjack	Jelly	Chocolate orange cookie
Week 2 – Main	Margarita pizza with baked potato wedges	Vegetable stir fry with chicken style pieces and 50/50 rice	Quorn tomato bake with mashed potato	Tomato and basil pasta	Vegan sausage and chunky chips
Dessert	Fruit pie and Alpro custard	Chocolate and banana slice	Zesty lemon muffin	Ginger cake and Alpro custard	Fresh fruit and Alpro yoghurt
Week 3 – Main	Cheese pinwheels and half a jacket potato	Vegetarian chilli and 50/50 rice	Vegetable wellington with mashed potato and gravy	BBQ Quorn pieces and baked potato wedges	Quorn nuggets and chunky chips
Dessert	Vanilla Shortbread	Jam and coconut sponge	Fruit cobbler and Alpro custard	Spiced apple cake	Oaty biscuit & fresh fruit

**Additional Notes:** ..... Jacked potato and sandwich option daily – Vegan cheese, Tuna or beans. Dairy free baking spread is used and DF custard.

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 Please note we cannot 100% guarantee that our medical dietary needs menus are free from all allergens or traces of allergens. Our kitchen is used for multi-purpose food preparation and whilst we do have robust kitchen practices in place there may still be a small risk of cross-contamination and we cannot completely guarantee 'free from'.