

**Shaw CE Primary School
PE Curriculum Map**

Key Stage 1 & 2 Curriculum Map for Physical Education 2022/23

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Other						
EYFS <i>Vocabulary - Start, stop, jump, hop, skip, run, jog, throw, roll, kick, pass, catch, healthy, breathing, hot.</i>	First PE	Gymnastics	Enjoy a Ball	Word Moves	Fairytale Dance	Athletics
	Multiskills	Dance	Superhero Dance	Gymnastics	Multiskills	Multiskills
Year 1 <i>Vocabulary - Sprint, Skip, Hop, Gallop, Height, Underarm, Dribble, kick, pass, agility, balance, Coordination, Fitness, Exercise, Heart, Jog, Physical Education, Running, Jump, Throw, Catch, Direction, Fair, Respect, Athletics, Gymnastics, Dance, Control, Balance, healthy, lifestyle, Partner, Rules, Space, Breathing, Muscles, Sweat, Activity, Movement</i> Young Leaders Lunchtime Activities - Friday	Multiskills	Gymnastics	Fitness	Pirate Fitness	Athletics	Tennis
	Ball Skills	Ball Games	Yoga	Dance	Gymnastics	Outdoor Adventure
Year 2 <i>Vocabulary - Sprint, Skip, Hop, Gallop, Height, Underarm, Dribble, kick, pass, agility, balance, Coordination, Fitness, Exercise, Heart, Jog, Physical Education, Running, Jump, Throw, Catch, Direction, Fair, Respect, Athletics, Gymnastics, Dance, Control, Balance, healthy, lifestyle, Partner, Rules, Space, Breathing, Muscles, Sweat, Activity, Movement</i> Young Leaders Lunchtime Activities - Friday	Fitness	Gymnastics	Yoga	Multiskills	Football Fundamentals	Sports Day Prep/ Tennis
	Ball Skills	Great Fire of London Dance	Space Dance	Dance	Dodgeball	Athletics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	MOCS CHARITY FUN RUN – now moved to term 2	MOCS - FRIENDLY FOOTBALL TOURNAMENT Y4 FRIENDLY BENCHBALL @ MOCS	BEE NETBALL FRIENDLY TOURNAMENT @MOCS	TAG RUGBY FRIENDLY TOURNAMENT @ MOCS	FRIENDLY SWIMMING GALA	ROUNDERS FRIENDLY TOURNAMENT
KS2 VOCABULARY <i>Counterbalance, Counter Tension, Tension, Mirror, Match, Travel, Competition, Rules, Sportsmanship, Team Spirit, Attacking, Defending, Tactics, Techniques, Demonstrate, Strengths, Flexibility, co-operation, Improve, performance, Skills, Possession, Sequence, Shoot, Opposition, Accuracy, Speed, Communicate, Stamina, Endurance, Distance, Explain, Model, Repeat, Gestures, Motifs, Phrase of Movement, Spatial Awareness, Opportunities, Dodge, Bluff, Evade, Weave, Lead, Referee, Umpire, Court, Pitch, Oxygen, Blood, Circulatory System, Recover, Heart Rate, Challenge, Simplify, Extend, Posture, Vault, Decisions, Timings, Rhythm, Pathways, Direction, Levels, Feedback, Warm-Up, Cool-Down, Actions, Consequences, Relay, Baton, Dynamic, Static, Stretch, Official, Participate, Tournament, Score, Goals, Individual, Spectate, Agility, Agile, Balance, Coordination</i>					Y6 Residential to Cornwall	Y3 Residential trip to Beer Y4 Residential trip to Oxenwood Y5 Residential trip to Braeside
Year 3 PE and Forest School Young Leaders Lunchtime Activities – Wednesday	Multiskills	Handball	Gymnastics	Netball	Dodgeball/Benchball	Outdoor adventure
	Fitness KS2 Y3/4	Football	Dance	Yoga/Pilates	Self Defence	Athletics
Year 4 Young Leaders Lunchtime Activities - Tuesday	Multiskills (ND)	Gymnastics (ND)	High 5 Netball (ND)	Hockey (ND)	Rounders (ND)	Athletics/Sports Day (ND)
	Fitness KS2 Y3/4	Dance	Yoga/Pilates	Handball	Kwik Cricket	Tennis
Year 5 Young Leaders Lunchtime Activities – Monday 10 week swimming block - TBA	Fitness (ND)	Football (ND)	Basketball (ND)	Hockey (ND)	Athletics (ND)	Rounders/swimming (ND)
	Rounders (ND)	Netball (ND)	Tag Rugby (ND)	Gymnastics (ND)	Cricket/Swimming (ND)	Athletics/Sports Day prep (ND)
Year 6 Young Sports Leaders x	Football (ND)	Netball	WW2 Dance (ND)	Basketball (ND)	Tennis (ND)	Kwik Cricket (ND)
	Multiskills (ND)	Yoga	Tag Rugby (ND)	Handball (ND)	Athletics/sports day (ND)	/Rounders (ND)