



Child-Friendly Anti-Bullying Policy

Key Document Details

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What is Bullying?

In our school, a bully is someone who hurts someone several times on purpose, by using behaviour which is meant to hurt, frighten or upset another person.

Bullying can be...

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing.

Verbal: Being teased, name-calling.

Racist: Graffiti, calling you racist names.

Cyber: saying unkind things by text, e-mail and/or social media.



When is it bullying?

Several

Times

On

Purpose



We promise to always treat bullying seriously.

What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying, don't be a bystander.
- Let someone know what is happening; tell a trusted friend or adult.
- Tell the bully to stop if it is safe to do so.

- Don't stay silent – tell someone to help stop the bullying behaviour.

The Staff, the Governors and the School council will work together to:

- Make our school a place where everyone can feel safe and happy. We will not tolerate bullying.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

Who can I tell?

A friend, Mum/Dad, Teachers, School Council, lunch time Staff, any other adult in school, another trusted family member

If you are being bullied:
TELL SOMEONE!

You can talk to someone outside of school by calling Child Line on 0800 1111. It's free and confidential.

STAND UP!
PREVENT BULLYING NOW!
SPEAK OUT!



If you are bullied- DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a School council member.
- TELL SOMEONE, you trust.

DON'T:-

- Do what they say.
- Get angry or look upset. Hurt them or retaliate in any other way.
- Think it is your fault.
- Hide it.