

Child-Friendly Anti-Bullying Policy

Key Document Details

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What is Bullying?

In our school, a bully is someone who hurts someone several times on purpose, by using behaviour which is meant to hurt, frighten or upset another person.

Bullying can be...

Emotional: Hurting people's feelings, leaving you out. **Physical:** Punching, kicking, spitting hitting, pushing. Verbal: Being teased, name-calling. Racist: Graffiti, calling you racist names. **Cyber:** saying unkind things by text, e-mail and/or social media.

When is it bullying?

Several

Times

<mark>O</mark>n

Purpose

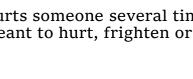
We promise to always treat bullying seriously.

What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying, don't be a bystander. •
- Let someone know what is happening; tell a trusted friend or adult.
- Tell the bully to stop if it is safe to do so.







 Don't stay silent – tell someone to help stop the bullying behaviour.

The Staff, the Governors and the School council will work together to:

- Make our school a place where everyone can feel safe and happy. We will not tolerate bullying.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

Who can I tell?

A friend, Mum/Dad, Teachers, School Council, lunch time Staff, any other adult in school, another trusted family member

If you are being bullied: TELL SOMEONE!

You can talk to someone outside of school by calling Child Line on 0800 1111. It's free and confidential.

If you are bullied- DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a School council member.
- TELL SOMEONE, you trust.

DON'T:-

- Do what they say.
- Get angry or look upset. Hurt them or retaliate in any other way.
- Think it is your fault.
- Hide it.

