

to help protect your children
when they are using the
internet

remember
the
GOLDen
rules

the Internet can take you anywhere ... do you know where your children are tonight?

Dorset Police





Safe

www.swgfl.org.uk/safe

Ground rules

- how should the internet be used in your home?
- keep information private - think, would I tell this to a stranger?
- agree rules about meeting online 'friends' in real life
- generally - if not acceptable in real life it shouldn't be acceptable on line

Online safety

- anti-virus and parental monitoring systems
- online safety guides
- activate security and privacy settings

Location

- internet access should be in a family room, rather than a bedroom
- be aware that devices such as gaming consoles or mobile phones can access the internet
- or via a neighbour's wireless network

Dialogue

- share the experience
- get them to teach you - this is better than any course you can go on
- ensure they are happy to talk to you if they have a problem or feel uncomfortable

