



# Welcome to the West Swindon Family Centre

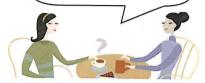
15 Gainsborough Way Freshbrook Swindon SN5 8PD

Tel: 01793 871303

Fax: 01793 328105

Email: advice@westswindoncc.org

You can make new friends and share problems



# About West Swindon Family Centre

The Family Centre is able to provide support and advice for families in West Swindon who have children aged from birth to 11 years old. We offer a variety of services and activities.

### **Family Support**

We offer support for families for a variety of reasons, which include:

- Children
- Health
- Relåtionships
- Parenting
- School transition
- Confidence and self-esteem
- Child care
- Isolation
- Advocacy
- Other areas of family life

We can do this in various ways, such as:

- One to one work
- Home visiting
- Group work

## **Advice Point Service**



We have an Advice Point which offers support and guidance in the following areas:

- Welfare Benefits
- Debt and finance management
- Housing issues
- Disability Living Allowance claims
- Employment Law
- Family Law

Wednesdays 9.00am - 4.00pm

Please call the centre to book an appointment with either Christian Sweeney or Richard Stacey.

l can talk to people in confidence



#### Partnership working

We work with a variety of partners In order to support families, these include:

- Midwives
- Health visitors
- Job Centre Plus
- Swindon College
- New College
- Local schools
- Pre-schools Nursery
- Local Childminders
- Portage
- Child Disability Team
- Speech and Language Therapy
- Family Action Programme



#### Groups Include:

- Baby Yoga
- Baby Massage
- PEEP
- Stay 'n' Play groups
- Healthy Eating
- Young parents group
- Let's Get Cooking
- Parenting
- Breast feeding support group
- Childminder's support group

We have our own in-house counsellor who specialises in Drugs and Alcohol related issues and general counselling. Willows counsellors are also available to use at our centre.

Pauline Merrett Counsellor



We know that family life can be happy, fun and rewarding but also recognise that at times it can be difficult and worrying.

We are here to provide support in those times by listening to your concerns and fears and maybe offer some guidance.

We can provide opportunities for you to have fun with your children and develop skills to ensure your family reaches it's potential.

For further details please speak to a member of staff who will be willing to help, on 01793 871303



# **West Swindon Family Centre**

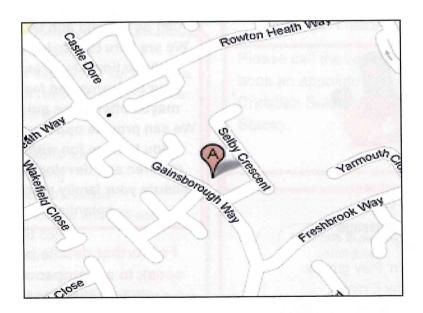
More details about our services can be found on our website: <a href="https://www.westswindonfamilycentre.com">www.westswindonfamilycentre.com</a>

and our Facebook page:

www.facebook.com/westswindonfamilycentre



**How to Find Us** 



The Family Centre has access & facilities for people with disabilities

West Swindon Family & Community Project
Company No: 2783704 Registered Charity No: 1017309