

Progression in PE



The Journey Starts

All children to achieve a GLD by end of Reception



Year R

Interventions to support in KS1

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)

Key Stage 1

Year 1



Competition
Children will be introduced to competition – Intra / Inter Sportsday / Panathlon / School Games



Dance



Children will start to explore different cultures through Dance



Competition Increases

Children will have opportunity for more sports and quality of competition increases to include county / regional finals

Community Clubs

Children will be encouraged to join local clubs – Exit Routes / Sign-posting

OAA

Pupils in KS2 will have the opportunity to visit different environments for OAA including lesson activity and adventure week.

Sports Specific Skills

Children will learn specific sports skills within lessons applying them in different scenarios and related sports



Fundamental Movement Skills

Will be developed over KS1

Swimming



Children will learn to swim in Year 4



The Body

Children will start to learn about their bodies



Hygiene

Children will learn about the importance of Hygiene & Well-being



Health

Children will learn about the importance of Healthy Eating, Sleep, Well-being

Year 4

Year 3

Key Stage 2



KS2 Games

Will explore transferable skills, knowledge & understanding



Leadership

Children will have opportunity for Sport play Leadership



Swimming

All pupils will be able to swim 25 m Interventions to support those who cannot



Year 5

Year 6



End of KS2

Aspirations and Engagement

Children will aspire to elite sports through visits from elite athletes, Olympians, Para-Olympians. We engage children in sport through exposure to a wide variety of sporting opportunities through theme days and visits.



Strategies, Tactics, Rules, Roles

Children will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)

Children will leave with a love of PE, physical activity & sport. At High School they may engage in opportunities, clubs, teams. They will choose GCSE PE, Sports Leadership & active, healthy lifestyles