

Shawclough Community School Newsletter

Issue 4
Week ending 02/02/24



A GLIMPSE OF THE WEEK



SHAWCLOUGH PTA

PTA VOLUNTEERS

The PTA are always looking for new ideas and volunteers. If you have extra time or would like to help out with event, please get in touch via the school office.

All the funds raised by the PTA go back into school to enhance school life and make it more enjoyable all round. This year we would like to be able to contribute towards end of term trips for the whole school should funds allow.

SHAWCLOUGH SCHOOL GOVERNORS

RAISING ROCHDALE

Raising Rochdale is a strategy set up for the whole borough of Rochdale.

Rochdale will be a great place to grow up, get on in life and live well.

At Shawclough School, we want our children to be proud of where they are from, so over the last 18 months we have been promoting it with our children, taking them around the local area. We have visited Healey Dell, various churches and mosques, town centre, touch stones, the cinema, the cenotaph and others.

We are going to continue to our children out as much as we are able, in our tight curriculum timetable.



This is a valuable initiative as Rochdale isn't portrayed in the media in the best light.

We want our children to access the very best education at our school and move onto great high schools and excellent further education providers in the hope they can see the wider world and bring this knowledge and success into the community of Rochdale.

If you look on the Rochdale council website you will see more information about the strategy.

SCHOOL PARENT GOVERNOR



APPLICATIONS ARE NOW CLOSED

REMINDERS

YEAR 3 SWIMMING

(Year 3 parents only)



FINALLY... The year 3s are going swimming!

Lemon Class will begin on Wednesday 7th February and Amber Class will start on

Thursday 8th February. They will need to bring their swimming kit and a healthy snack on this day until the end of the year. Monies can no longer be paid on the GATEWAY app. If you have not yet paid please come to the front office and pay by card.

FUN WITH TIMESTABLES

Is your child struggling with their Timetables?

Have a look on the TTRockstars webpage below to see how to best support your child with their continuous timetables practice whilst having fun!

trockstars.com/parents/

What's included?

Importance of timetables

TTRS intro video

Parent guide PDF

FAQs answered

Free downloadables



ROCKSTEADY

Is your child musical? Would he/she like to sing, or learn to play an instrument and play in a rock band?

Rocksteady is a company that work in partnership with school to deliver a musical learning experience to children which in turn helps improve:



For more details visit their website:-

www.rocksteadymusicschool.com

Some of our children are already benefitting from the benefits of Rocksteady and take part in a showcase concert every term for their peers.

Classes are delivered at school, in school time. Payments and bookings are made directly through Rocksteady *not school*.

PARENT/CARER WORKSHOPS – WELLBEING

As per our previous newsletters, we are continuing with our **free**, friendly workshops to share some guidance and support about family wellbeing. Workshops are run by Victoria Greenhalgh who works for the NHS, alongside our school staff.

Free refreshments will be provided on each day.

You can book onto whichever workshops you may find useful using the link below.

<https://forms.office.com/e/ev0B5ErrKS>

Session 3

Tuesday 6th February 2024 at 8:45-10:45 –
Parent and Carer self-care

Session 4

Tuesday 5th March 2024 at 8:45-10:45
What is anxiety and how can I help?

We welcome this opportunity for home and school to continue to work together to help our children and hope you will be able to join us.

Please find some information about helping your child get a good night's sleep (from a previous workshop) on our website.

Here are some links of recommended websites too.

<https://thesleepcharity.org.uk/information-support/adults/sleep-hub/>
<https://parents.actionforchildren.org.uk/sleep/>

PHONES

For safeguarding reasons please ensure that you are NOT on your mobile phone when you are in the school reception area.



PEDESTRAIN GATES

We kindly ask that when entering and leaving the site that the pedestrian gate is **NOT pulled or pushed**. Please let the gate close and open automatically. If you encounter any problems, please let the office know.

PARKING

PLEASE...

Be mindful of where you choose to park around school.

Be mindful of our neighbours and local community.

Be kind and use kind language to each other around the school.

Remember

our children are always listening.

Set a good example for your children and others.

Remember to rise above it!



PLEASE DO NOT DRIVE OVER AND ALONG PAVEMENTS – This is very dangerous and unnecessary.

EARLY START & TEATIME CLUB

For safeguarding reasons, please may we remind parents and carers that **all** children who are attending



Early Start Club, **must** be brought in and signed in by an adult.

Any child dropped off before 8:30am **will** be placed into Early Start Club **and you will be charged for this**.

If you are late picking up your child, he/she will be taken to teatime club **and you will be charged for this**. Teachers will only wait by the door for a short while after pick up time.

PICK UP ARRANGEMENTS

If you have a **regular** arrangement for a child to walk home (year 6 only) or be picked up by another parent or someone not on the 'class pickup arrangements' please let the office know. Children will not be released to anyone if school have no prior knowledge of it.

If you change pick up arrangements for a one-off afternoon via phone call, this does not constitute a regular change in arrangements. If pickups are to be done by anyone other than someone on your pick list on a regular basis, please notify the office via email/fill in a form.

Too many parents are assuming that if they pick up someone else child, they are automatically allowed to pick up the other persons children. This is only possible if they are on each other's list.

Please give the office plenty of notice if arrangements are to be changed – Thank you.

COMMUNICATION

Please check your email and text (SCHOOL GATEWAY APP) regularly. We can send out a number of messages during the day to notify you of changes in collections, letters going out, trips, payments, etc.

Please advise the office (in writing) if you have had a change in email addresses or phone numbers.

PLEASE ENSURE THAT YOU HAVE DOWNLOADED THE SCHOOL GATWAT APP.

IS YOUR CHILD OFF DUE TO ILLNESS OR AN APPOINTMENT?

If your child is off due to illness **YOU MUST** inform the office first thing in the morning. You can leave a

message on the answering system and then call to follow up. Alternatively, you can email or text in. **THIS INCLUDES NURSERY.**

If your child has an appointment first thing in the morning (made last minute) you must still inform the office and fill in an appointment slip before or on your return to school. School should be informed for all other appointments in advance.

If your child has been **vomiting** or is sent home from school for vomiting please be advised that they should be off for **24 hours** from the last bout of sickness.

If your child has **diarrhoea** or is sent home from school due to having diarrhoea, please be advised that they must be off for **48 hours** from the last bout of diarrhoea.

DID YOU KNOW?...

You can follow us on (formerly Twitter)



We can also be found on the web :

<https://shawclough.rochdale.sch.uk/>

The Shawclough PTA are also on :



We are a **CASHLESS** school. All money transactions are conducted over the **SCHOOL GATEWAY APP**. We do not accept any cash payments, unless collecting for charities on non uniform days etc.

PLEASE ENSURE THAT YOU HAVE DOWNLOADED THE SCHOOL GATEWAY APP.

DATES FOR YOUR DIARY

| February 2024 | | | |
|------------------|--------------------------------------------------------|--|---------------------------|
| 5 th | Mental Health Week | | Whole school |
| 5 th | Starbooks | | Year 6 |
| 6 th | Safer Internet day | | Whole school |
| 6 th | Parent and Carer self-care (session 3) 8.45-10.45am | | Free workshop for parents |
| 6 th | George Street Victorian Museum Trip | | Year 2 |
| 7 th | Starbooks | | Year 5 |
| 7 th | New swimming sessions | | Year 3 (Ilemon) |
| 8 th | Starbooks | | Year 4 |
| 8 th | New swimming sessions | | Year 3 (Amber) |
| 9 th | Chinese New year School dinner | | Whole school |
| 12 th | Starbooks | | Year 3 |
| 12 th | Rock Tour | | Whole school |
| 13 th | Starbooks | | Year 1 |
| 15 th | Starbooks | | Year 2 |
| 15 th | Oral Health Team | | Year 1 |
| 16 th | Finish for half term 3.15pm | | Whole school |

| March 2024 | | | |
|------------------|-----------------------------------------------------------------|--|---------------------------|
| 5 th | What is anxiety and how can I help? (session 4) 8.45-10.45am | | Free workshop for parents |
| 7 th | World Book day | | Whole school |
| 8 th | Class Photos | | Whole School |
| 14 th | Oral Health Team | | Year 4 |
| 28 th | End of term 1pm finish | | Whole school |

ATTENDANCE FOR WEEK ENDING 02/02/24:

| | |
|----|-------|
| 1L | 97.5% |
| 2S | 96.5% |
| 6R | 96.2% |
| 1P | 95.8% |
| RB | 94.6% |
| 6S | 94.4% |
| 5C | 93.3% |
| 4O | 93.3% |
| 2C | 93.1% |
| RT | 92.9% |
| 4Y | 92.4% |
| 5P | 92.0% |
| 3L | 91.8% |
| 3A | 89.6% |

WELL DONE YEAR 1 LAVENDER – GOOD JOB!

Please make sure that your child attends school
every day, on time.

"80% OF SUCCESS IS SHOWING UP!"

COMMUNITY NOTICES



Rochdale Walk All Over Cancer

Early diagnosis and detection

2024 events

Chat to us about all things cancer

- Screening advice
- Emotional support
- Money worries
- Diet and nutrition
- Cancer treatments

| Dates | Venue and times |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------|
| 11 January | Heywood sports village Stanning Street Heywood OL10 4TW 1.30pm - 5pm |
| 18 January | Nigerian Association Banqueting Suite 6 Castlefield Street Rochdale OL11 3JW 1pm - 5pm |
| 25 January | Kashmir Youth Project Big & Small Hall & Kitchen Uppin House (Aloha Ghel) Burnside Road, Rochdale OL16 2JF 1pm - 5pm |
| 1 February | Rochdale Gateway Leisure Ltd 2 Wensley Street OL16 1SN 1pm - 5pm |
| 15 February | Middleton Arena 101st Road Heywood VC wing Heywood, M14 1AG 1pm - 5pm |
| 6 March | Back O' Th Mass Community Centre 52 Peel Lane Heywood OL10 4TF 1pm - 5.30pm |
| 14 March | Burnside Centre 56 Burnside, Chappell Widewater, Manchester M16 5NL 11.00am - 3pm |

#RochdaleWalkAllOverCancer

LCO Heywood, Middleton & Rochdale
Your local care organisation
Caring. Cooperative. Community.

ROCHDALE
BOROUGH COUNCIL

In partnership with **Heywood, Middleton and Rochdale**
Integrated Care Partnership - NHS Greater Manchester



#THRIVE

Emotional health and wellbeing support

We are #Thrive and we can help!

Worried? Can't sleep? Anxious? Angry?
Relationship problems? Feeling down?
Lonely? Low self-esteem?
Unhappy with how you look?

Lots of young people feel this way. You are not alone.
Getting the right support can help you to feel better,
enjoy life and achieve the things you want to.

#Thrive can provide you with support and advice if
you live (or are registered with a doctor) in Heywood,
Middleton or Rochdale.

We can also provide advice to anyone who is
worried about a young person.

Get in touch today.

☎ 0161 716 2844
🌐 www.healthyyoungmindspennine.nhs.uk/Thrive

A service delivered by:

Youth in mind **Link4Life** **NHS Pennine Care**
NHS Foundation Trust

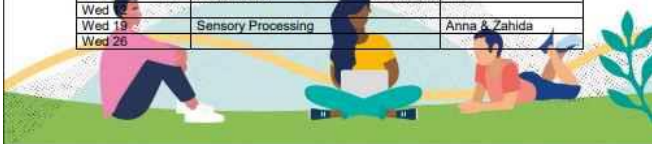
ASC Workshops

January 2024 - July 2024

All workshops run from 9.30-12.30. We run four face-to-face Workshops for families of young people with Social Communication Difficulties.

You must ring to confirm your place as there are limited spaces. Call 01706 676 000.

| | | |
|-----------------|--------------------------------------|-----------------|
| January | | |
| Wed 3 | CHRISTMAS BREAK | |
| Wed 10 | | |
| Wed 17 | | |
| Wed 24 | Understanding the ASC Diagnosis | Janine & Amanda |
| Wed 31 | | |
| February | | |
| Wed 7 | Understanding and Managing Anxiety | Becky & Sophie |
| Wed 14 | HALF TERM | |
| Wed 21 | HALF TERM | |
| Wed 28 | Understanding and Managing Behaviour | Janine & Sophie |
| March | | |
| Wed 6 | | |
| Wed 13 | Sensory Processing | Anna & Zahida |
| Wed 20 | | |
| Wed 27 | EASTER BREAK | |
| April | | |
| Wed 3 | EASTER BREAK | |
| Wed 10 | EASTER BREAK | |
| Wed 17 | | |
| Wed 24 | Understanding the ASC Diagnosis | Amanda & Sophie |
| May | | |
| Wed 1 | | |
| Wed 8 | Understanding and Managing Anxiety | Becky & Sophie |
| Wed 15 | | |
| Wed 22 | Understanding and Managing Behaviour | Janine & Sophie |
| Wed 29 | HALF TERM | |
| June | | |
| Wed 5 | HALF TERM | |
| Wed 12 | | |
| Wed 19 | Sensory Processing | Anna & Zahida |
| Wed 26 | | |



Workshops for parents/carers of Young People with Autism Spectrum Conditions (ASC)

To book on to any of the workshops below, please contact CAMHS by calling 01706 676000 and specify the date of the workshop you would like to book onto.

Children do not need to be open to CAMHS for parents/carers to attend the workshops but children must have a diagnosis of ASC/ASD or Asperger's Syndrome.

Understanding the ASC Diagnosis

This workshop gives an introduction to understanding the diagnosis. It aims to improve parents/carers' understanding of their child and the different way they may view the world. Children must have a diagnosis of ASC or Asperger's Syndrome for parents/carers to attend.

Understanding and Managing Behaviour

This is a one-part programme which aims to equip parents/carers with a broader understanding of why children with Autism Spectrum Conditions display behaviours that challenge and to learn about strategies to manage them.

Understanding and Managing Anxiety

This is a one session programme which aims to equip parents/carers with a greater understanding of why children with Autism Spectrum Conditions experience anxiety and the strategies that may be helpful to manage this.

Sensory Processing

This is a one session programme which discusses the theory behind sensory processing difficulties. Strategies for both home and school are provided to help manage the child's sensory sensitivities and sensory seeking behaviours. Children must have a diagnosis of ASC, Asperger's Syndrome or ADHD for parents/carers to attend.



Our mental health helpline is here to support our service users and carers of all ages.

Call 0800 014 9995

24 hours a day, seven days a week.



Who is the helpline for?

Our mental health helpline is for our service users and carers of all ages who are experiencing increased mental health needs during the coronavirus.

What kinds of support will be available?

We can:

- Listen to you and help you work through immediate problems
- Work with you to find ways to move forward or suggest ways of working
- Give you information about other services that may be helpful to you or the person you care for

Who will I be speaking to?

The support line is run by experienced mental health professionals who can provide mental health support and advice.

Call 999 if there is an immediate risk of danger to life.
Call 111 for urgent medical queries.