Our main aim is a love of life and learning.

Happiness is the key and our children's happiness, safety, security and love are at the heart of our achievements for each individual child.



# **Shawclough Community** School Newsletter

Issue 3 Week ending 20/09/24





# **GLIMPSE OF THE WEEK**











Year 2 have been learning about Piet Mondrian and painting their own little works of art











Year 6s are learning a Rainbow were also learning about the Wars and have experienced what it was like in the trenches

# **HEALTHY PACKED LUNCHES**

## So what does a healthy packed lunch look like and what can we actually put in it?

Well, first and foremost let's expel all the myths about not having desserts and chocolates in our pack lunches but allowing the school dinners to include them. What's all that about?

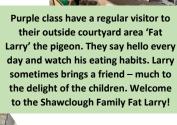
Our Kitchen manager, ensures that all the meals served daily are 'balanced'. This means that all the food groups are covered. The amount of carbohydrates, fats, vitamins/minerals, proteins, salt/ sugar in a typical school dinner are calculated. In fact, there are strict guidelines that our school kitchen must adhere to when deciding our menu.

When parents are packing lunches from home we find that they go for foods that 'my child will only eat...' This is fair enough, nobody wants their child hungry during the school day.

Unfortunately, some children are arriving with lunches that are heavy on the sugars and fats. Remember, some processed foods and drinks have hidden sugars too.

As long as you are providing your child with a decent portion of carbs and protein AND fruit or vegetables there is no reason that you cannot include a









'small' biscuit type chocolate bar/snack or treat. I.e. 2 piece KitKat (not a 4 piece), a blue ribbon wafer or penguin biscuit or even a mini roll. These must be eaten as part of your child's lunch. We do not allow these type of snacks at playtime.

No large size chocolate bars, bags of sweets and definitely nothing with nuts and a huge NO to any fizzy drinks.

Also be realistic about how much your child can eat. You don't want to overload their lunch box. Not only will this be wasteful but will encourage children to throw food away— YES CHILDREN WILL THROW THEIR FOOD AWAY and tell you they've eaten it. We had found packed lunch food under the tables and even in the toilets.

Our lunch time supervisors do their best to encourage

Children to finish everything that parents pack for them. If they notice something unhealthy in a child's lunch box, they will mention it but they mean no harm. It is in your child's best interests.

Below are some ideas as to what you *may* want to put in your child's lunch box.



#### \*\*Please note -The above are just ideas\*\*

Sandwiches (with white and wholemeal bread), wraps, chapatti rolls, pasta, rice, fresh fruit or fruit pots (in juice not syrup), cheese sticks/strips, crisps once or twice a week (try to find baked varieties) yogurts or squeezy tubes, small chocolate biscuit (No large bars – no nuts) fruit juice/water/cordial – sugar free varieties.

Why not try packing lunch in a food flask if you want it to be warm – especially during the cooler months. (Unfortunately due to Health and Safety, the school kitchen are unable to heat your child's lunch).

Talk to your child about what is going into their lunch, so there are no surprises. Make packed lunches fun and colourful. Cut sandwiches and veggies into bite-size pieces or fun shapes. Do whatever but please make it healthy.

# IT'S MY BIRTHDAY

Who wants to treat the class when it's their child's birthday?

Most of us do! Whether it's throwing a party and inviting them all or bringing in a sweet treat.



However, please be mindful, there are a few rules. We don't give out class lists for invites (teachers/TAs will help give out invites at the end of the day – they're not monsters!) and unfortunately we don't allow children to bring in sweets or cakes on their birthday.

This doesn't mean you can't still treat your child's friends/class. How about a book, a game or even some fruit, for the class to enjoy together? Your child can give it to the class whilst everyone sings happy birthday – aww!

There is no pressure or need to do either. Have that conversation with your child and explain what school will and won't allow. Simple.

## **ATTENTION YEAR 6 PARENTS**

\*\*OPEN EVENINGS\*\*



Falinge PHS Open Evening is scheduled for Thursday 26<sup>th</sup> September.

There will be two sessions and you will need to book onto **one** of the following:

Session 1 - 5:00pm - 6:15pm Session 2 - 6:15pm - 7:30pm

There will be a tour of the school with pupils and an opportunity to attend one of three short presentations from some of the pupils and head teacher at 5:00pm, 6:15pm or 7:15pm.

The evening is aimed to give potential students an opportunity to get a feel for the school, find out about our Aspire, Thrive, Achieve and most importantly meet the staff and pupil leaders.

Details about how to book on are below:

- Go to the website www.falingepark.com where you will see details of the Open Evening
- Click on the button to register for the event
- Choose the time of the session and the number of people attending
- You must only select one session

# PLEASE LABEL YOUR CHILDRENS CLOTHING!

PLEASE, PLEASE, PLEASE Label your children's clothing - including coats, gloves, hots, earmuffs, PE kits,



We are a week into the new academic year and already knee deep in brand new items of uniform AND coats that children are not claiming.

All lost property will go into the lost property box in year 3 entrance/exit area (up the stairs next to the ramp in the school yard).

Please make sure you/your child checks the lost property box before coming to the office.

# YOU CAN HELP US RAISE **MONEY!**



If you shop in ASDA – you could help our school raise money and it won't cost you a penny.

Here's what to do:

1. Open your ASDA rewards app (download from apple store or Play store)





- 2. Choose 'CASHPOT for Schools'
- Search for and select 'Shawclough Primary School'

Best of all it won't cost you anything. You can keep collecting your own points and it won't affect your personal cash pot.

### REMINDERS

#### **NUTS AND NUT PRODUCTS**

#### \*\*EXTREMELY IMPORTANT\*\*

Please be advised that children are prohibited from bringing to school any nuts or any foods/products containing nuts.

We have a few children at our school that suffer from severe nut allergies meaning they cannot even come

close to someone who has consumed or is consuming nuts. This can be life threatening for those children.



Please ensure you check and check again what your children are bringing into school or what it is you are packing in their lunches.

# SCHOOL GATEWAY/COMMS PARENT GUIDE

If you are not already on the GATEWAY APP – get it sorted before the new school year!

We would just like to remind you that school use the GATEWAY APP as a means to communicate events and n.activities and provide a portal for parents to pay/book for items such as tea time club, early start club, trips, dinners, school equipment etc.

Please ensure that you have the app on which ever device you use. Please see below how to register for the app.

If you know of other parents that are not on the GATEWAY App, please urge them to register – it is of benefit to everyone.

To register for the school GATEWAY account you will need to download the school gateway app via App

store for Apple devices and/or Play Store for Android devices.

- Go to the login screen on the app
- Enter the same email address and mobile number that is registered with the school
- You will receive an PIN through text
- Enter the 4 digit PIN
- Once logged in, the home screen will be displayed.

#### **SIMs**

Similarly, SIMs is used for midterm/end of term reporting. Please ensure you also have SIMs downloaded on your device.



You can only log in to SIMs after an email invitation from school. If you are still not on the SIMs app, please come to the school office and seek assistance.

#### **EARLY PICK UPS AND APPOINTMENTS**

Picking up children from school early should be avoided at all costs. **Appointments should be arranged out of school hours.** 

We are aware that occasionally this isn't possible but in most cases appointments should be made after 3.15pm. Too many parents are picking up children early and as a result of this, children are missing valuable topic work and learning time in the afternoon.

Any appointment made during the day must be an *emergency only*. Also, children cannot be 'ready' for you in the reception area. You must come into school, fill out an appointment slip — only then will your child/children be bought from classrooms and released to you. We therefore request that you manage your time carefully. Our school is a big school and it takes time to get around — not all classrooms have phones.

Any reason other than an emergency appointment for picking up children early, will require an email to the **head teacher** directly and **only** she can **authorise** this.

#### **DOGS**

Please **DO NOT** bring dogs into school grounds.



#### PLAYGROUND AREAS – OUT OF HOURS

Please be reminded that the playground areas around school are **STRICTLY** out of bounds, out of school hours.



The equipment at the back of the yard/playground, main muddy area next to reception (with the big slide) and the nursery garden at the back of

school, are all areas that must not be used by children before 8.30am and after 3.15pm.

Any resources left out in playground areas are the property of the school and will be collected in when it is convenient for staff to do so – please do not assume it is 'lost' or 'dropped' by someone. It is NOT ok for your children/child to take it. If you genuinely believe that your child to take something that has been 'found', please hand it in to the office.

Please also be aware that if your child were to have an



accident or injure themsleves in anyway there not be a first aider onsite.

#### STAFF CARPARK

The staff carpark is for **STAFF ONLY**. Unless you have been given special dispensation from the Head Teacher or have blue badge please DO NOT use the staff car park to pick up and drop off your children to and from school.

Please park outside of school when dropping children off to early start club. Staff are trying to access the carpark at these hours and are often held up and delayed due to parents taking up spaces for a quick drop off.

#### **FUN WITH TIMESTABLES**

#### Is your child struggling with their Timetables?

Have a look on the TTRockstars webpage below to see how to best support your child with their continuous timetables practice whilst having fun!

ttrockstars.com/paren

What's included? Importance of timetables **TTRS** intro video **Parent guide PDF FAQs** answered Free downloadables

#### **PHONES**

For safeguarding reasons please ensure that you are NOT on your mobile phone when you are in the school reception area. Please do not be offended if you are asked to switch off or leave the premises to continue on a call. Only year 6 children are permitted to bring in a phone with permission is required from the head teacher. Phones must be handed to the office for safe keeping at the beginning of the day. If children are found with phones in the classroom they will be prohibited from bringing them in at all.

#### **PEDESTRIAN GATES**

We kindly request that when entering and leaving the site that the pedestrian (electric) gate is NOT pulled or pushed. Please let the gate close and open automatically. On occasion the gate has been jammed open, this compromises the safety of all our children.

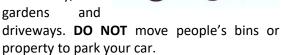
If you encounter any problems, please let the office know.

#### **PARKING**

Shawclough school kindly request that parents -



- Be mindful of where you choose to park around school.
- Be mindful of our neighbours, local community, gardens and



- Be kind and use kind language to each other around the school.
- Remember our children are always listening.
- Set a good example for your children and others.
- Think of the health benefits of parking a little further away and walking. A bit of light rain never hurt anyone – kids love it!
- Please do not drive over and along pavements, this is very dangerous and unnecessary.
- Please hold onto your child when arriving and leaving school, especially on the roadside – there have been complaints of children running into the road unsupervised

<u>WARNING</u>: The residents of The Spinney (small road opposite the school) are now working with a private company to clamp any cars that block the entrance/exit. You have been advised to park away from The Spinney.

If you are clamped, the school have no power or say in removal of any clamp.

## **EARLY START & TEATIME CLUB**

For safeguarding reasons, please may we remind parents and carers, that *all* children who are attending Early Start Club, *should* be brought inside and signed in by an adult.

Any child dropped off before 8:30am will be placed into Early Start Club and you will be charged for this. If you are late picking up your child, he/she will be taken to teatime club and you will be charged for this. Teachers will only wait by the door for a short while after pick up time.

If you arrive late in the morning (8.40am and doors will be closed) you have to bring your child through the main reception area to be signed in and choose their lunch. Class teachers/TAs will close the doors at 8.40 regardless of if the bell has gone.

#### **PICK UP ARRANGEMENTS**

If you have a *regular* arrangement for a child to walk home (year 6 only) or be picked up by another parent or someone not on the 'class pickup arrangements' please let the office know. Children will not be released to anyone if school have no prior knowledge of it. Any pickup changes need to be reported to the office before 3pm

If you change pick up arrangements for a one-off afternoon via phone call, this does not constitute a regular change in arrangements. If pickups are to be done by anyone other than someone on your pick list on a regular basis, please notify the office via email/fill in a form.

Too many parents are assuming that if they pick up someone else child, the other person is automatically allowed to pick up their children. This is only possible if they are on each other's list.

Please give the office plenty of notice if arrangements are to be changed – Thank you.

### **COMMUNICATION**

Please check your email and text and SCHOOL GATEWAY APP regularly. We can send out a number of messages during the day to notify you of changes in collections, letters going out, trips, payments, etc. All letter are sent via email.

Please advise the office (in writing/email) if you have had a change in email addresses or phone numbers.

PLEASE ENSURE THAT YOU HAVE DOWNLOADED THE SCHOOL GATEWAY APP.

# IS YOUR CHILD OFF DUE TO ILLNESS OR AN APPOINTMENT?

If your child is off due to illness **YOU MUST** inform the office first thing in the morning. You can leave a message on the answering system and then call to follow up. Alternatively, you can email or text in. **THIS** 

If your child has an appointment first thing in the morning (emergency's only) you **MUST** still inform the

Shawclough school is CASHLESS. We accept payments by CARD ONLY. Please ensure you have downloaded the GATEWAY APP to receive information about school and make payments.

**INCLUDES NURSERY.** 

office and fill in an appointment slip before or on your return to school. School should be informed for all other appointments in advance.

If your child has been **vomiting** or is sent home from school for vomiting please be advised that he/she must be off for 24 hours from the last bout of sickness.

PLEASE NOTE: Unfortunately, our school does not have an onsite nurse to check regularly for head lice. It is therefore it is parents responsibility to check regularly and treat appropriately.

#### **HEAD LICE**

If your child has **diarrhoea** or is sent home from school due to having diarrhoea, please be advised that he/she must be off for 48 hours from the last bout of diarrhoea.

Every so often there is an outbreak of Head lice in a class. If you find that your child has head lice, please follow the advice below:

You can treat head lice without seeing a GP.

Treat head lice as soon as you spot them.

You should check everyone in the house and start treating

anyone who has head lice on the same day.

# There's no need to keep your child off school if they have head lice.

Wet combing:

Lice and nits can be removed by wet combing. You should try this method first.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

# **ATTENDANCE**

Attendance for week ending 13/9/24		
5P	100%	
NS	100%	
6\$	99.7%	
2C	99.3%	
4Y	99.1%	
RB	99%	
25	98.9%	
RT	98.9%	
1L	97.9%	
6R	97.7%	
5C	96.8%	
3L	95%	
3A	94.2%	
40	94.2%	
NO	92.1%	
1P	88%	

Please note that attendance figure are always for the week prior.

WELL DONE BOTH POPPY & NURSERY SKY CLASS GOOD JOB GUYS!

YOU CAN'T ACHIEVE YOUR DREAMS, IF YOU DON'T SHOW UP TO CHASE THEM!

# OTHER ANNOUNCEMENTS

# **DATES FOR YOUR DIARY**

SEPTEMBER			
23 <sup>rd</sup> - 27 <sup>th</sup>	Bikeability	Yr. 5	
23 <sup>rd</sup>	Flu Vaccinations	Whole school	
24 <sup>th</sup>	Trip to Healey Dell	Yr. 4	
30 <sup>th</sup>	Harvest Collection starts and non uniform	Whole school	
OCTOBER			
4 <sup>th</sup>	Non Uniform	Whole school	
8 <sup>th</sup>	Reception Reading Meeting	Blue/Turq	
8 <sup>th</sup>	Trip to visit the local area	Yr. 1	
9 <sup>th</sup>	Bikeability	Yr. 6	
9 <sup>th</sup>	World Mental Health day – WEAR YELLOW	Whole school	
10 <sup>th</sup>	School photos	Whole school	
21 <sup>st</sup>	Parent breakfast	Yr. 6	
25 <sup>th</sup>	Parent breakfast	Yr. 4	
25 <sup>th</sup>	TT Rock stars day	Whole school	
25 <sup>th</sup>	Half term	Whole school	





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