



Main Meal

OPTION 1

OPTION 2

Veggies

Pasta

Sandwiches

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Fajita roasted vegetable pizza with oven baked wedges	Cheesy bean pasta bake	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable nuggets, chips & tomato ketchup
Fajita chicken pizza with oven baked wedges	Beef bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Chicken wrap with Mexican rice	Fish fingers, chips & tomato ketchup
Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Lemon shortbread	Fruit crumble & custard	Chocolate & banana brownie sponge	Sliced fruit selection	Chocolate shortbread

Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

- Vegan
- Vegetarian
- Wholegrain
- Added Chickpeas
- Made with Pea Protein
- Added Lentils
- Nutritionist's Choice

THE FOOD EXPLORERS

Main Meal

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OPTION 2

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Pasta

Sandwiches

Sweet Treats

Monday

Tuesday

Wednesday

Thursday

Friday

Cheese & tomato pizza with oven baked wedges

Smokey BBQ pieces & rice

Veggie all day breakfast

Cheesy cauliflower pasta bake

Quorn dippers, chips & tomato ketchup

Sweet chilli salmon melt with oven baked wedges

Chicken katsu with rice

All day breakfast, with pork sausages

Chicken & tomato pasta bake

Fish & chips with tomato ketchup

Peas

Rainbow vegetables

Baked beans

Crudites and salad bar selection

Baked beans

Penne pasta with house tomato sauce

Penne pasta with a creamy cheese sauce

Penne pasta with house tomato sauce

Penne pasta with a creamy cheese sauce

Penne pasta with house tomato sauce

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Cheese or Tuna mayo

Rice pudding with peaches

Apple pie with custard

Chocolate sponge & custard

Watermelon wedge

Fruity flapjack

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Wholegrain

Added Chickpeas

Added Lentils

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Nutritionist's Choice

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Sandwiches

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Mixed bean bolognaise with penne pasta	Vegetable sausages with mashed potatoes & gravy	Vegetable pastry with roast potatoes & gravy	Cauliflower & chickpea korma with rice	Vegan sausage roll, chips & tomato ketchup
Beef bolognaise with penne pasta	Pork sausages with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	Chicken korma with rice	Fish fingers, chips & tomato ketchup
Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Lemon shortbread	Orchard crumble with custard	Raspberry jelly & mandarins	Chocolate & orange brownie	Sliced fruit selection

Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

Vegan

Vegetarian

Wholegrain

Added Chickpeas

Added Lentils

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Nutritionist's Choice