



ADULT AND COMMUNITY LEARNING

Kirklees College Adult and Community Learning offers a wide range of courses to engage adults (19+) and families across Kirklees. We have a diverse offer, which is engaging and encouraging for all abilities and most of our courses are FREE.

Wellbeing

- Mindfulness
- Yoga/Pilates
- Arts and Crafts for Wellbeing
- Journaling
- Cooking
- Nutrition
- Life Coaching
- Managing Stress
- Wellbeing Walks
- Gardening

Employability

- Digital Skills
- CV Writing/Interview Skills
- Confidence Building
- Searching for Employment
- Accredited Employability Qualifications

An Introduction to:

- Counselling
- Working in Schools
- Working in Health and Social Care
- Volunteering



English and Maths

- Creative Writing
- Maths through Art/Sewing/Cooking
- ESOL (English for Speakers of Other Languages)
- Money and Finance
- Read, Write Confidence
- Creative Journaling

Family Learning

- Positive Parenting
- Online Safety
- Family Tree Online
- Preparing for School/Transition
- Supporting your Child through their SATs

We can deliver in the community, at one of our college sites, or online

If you can't see something which suits your client group; let us design a bespoke learning opportunity for you. Contact Alex at ashann@kirkleescollege.ac.uk

Arts and Crafts

- Painting and Drawing
- Textiles/Sewing
- Projects
- Creative Mindfulness
- Jewellery Making
- Working with Clay
- Knitting
- Crochet

Accredited and non-accredited courses

One-off taster sessions, or long-term, regular classes

