

	Classic main meal	VEGETARIAN MAIN MEAL	Sides	FILLED ROLLS	SWEET TREATS
MONDAY	Creamy Tomato & Salmon Pasta	Cheese & Tomato Pizza, with Wedges	Garden Peas	Ham Roll Cheese Roll	Strawberry Mousse
TUESDAY	Classic Beef Lasagne	Vegetarian Lasagne	Italian Vegetables	Chicken Roll Egg Mayonnaise Roll	Original Flapjack
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy	Baked Mac & Cheese	Seasonal Vegetables (Carrots, Broccoli & Courgette)	Ham Roll Cheese Roll	Raspberry Jelly & Mandarins
THURSDAY	Spanish Chicken & Tomato Rice	Chickpea, Squash & Rice Tagine	Tomato, Pepper & Carrot Salad	Tuna Mayonnaise Roll Cheese Roll	Apple & Chocolate Sponge with Custard
FRIDAY	Fish Fingers & Chips	Vegan Vegetable Nuggets & Chips	Baked Beans	Ham Roll Egg Mayonnaise Roll	Vegan Lemon Shortbread

AVAILABLE DAILY

SALAD AND HOMEMADE BREAD
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

A CHOICE OF JELLY, FRUIT OR YOGHURT

THE FOOD EXPLORERS

	Classic main meal	VEGETARIAN MAIN MEAL	Sides	FILLED ROLLS	SWEET TREATS
MONDAY	Pork & Beef Sausage & Mash	Vegan Sausage & Mash	Carrots	Ham Roll Cheese Roll	Rainbow Cookie
TUESDAY	Chicken & Tomato Pasta Bake	Cheesy Cauliflower Pasta Bake	Broccoli	Chicken Roll Egg Mayonnaise Roll	Oaty Date Cookie
WEDNESDAY	Roast Gammon with Roast Potatoes & Gravy	Vegan Cottage Pie	Seasonal Vegetables (Cauliflower, Peas & Carrots)	Ham Roll Cheese Roll	Strawberry Yoghurt with Summer Berry Sauce
THURSDAY	Sticky Beef & Carrot Rice	Tomato Rice with Peas & Sweet Potato	Garden Peas & Broccoli	Tuna Mayonnaise Roll Cheese Roll	Banana Sponge & Custard
FRIDAY	Battered Fish & Chips	Margherita Wrap & Chips	Baked Beans	Ham Roll Egg Mayonnaise Roll	Orange Jelly

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**

**THE
FOOD
EXPLORERS**

	Classic main meal	VEGETARIAN MAIN MEAL	Sides	FILLED ROLLS	SWEET TREATS
MONDAY	Vegetarian Nacho Chilli Bake	Margherita Pizza & Wedges	Cucumber, Tomato & Lettuce Salad	Egg Mayonnaise Roll Cheese Roll	Strawberry Yoghurt with Summer Berry Sauce
TUESDAY	Mac n Cheese Beef Bolognaise Pasta	Vegan Bolognaise Pasta	Broccoli	Chicken Roll Egg Mayonnaise Roll	Oaty Apple Crumble & Custard
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy	Vegan Sausage Puff & Gravy	Seasonal Vegetables (Carrots, Broccoli & Courgette)	Ham Roll Cheese Roll	Raspberry Jelly
THURSDAY	Mild Chicken Korma	Mild Vegetable Keema Curry	Garden Peas	Tuna Mayonnaise Roll Cheese Roll	Garden Brownie
FRIDAY	Fish Fingers & Chips	Southern Style Quorn Burger & Chips	Baked Beans	Ham Roll Egg Mayonnaise Roll	Carrot Cake Cookie

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**

**THE
FOOD
EXPLORERS**