

MENU WEEK 1

SERVED W/C:

17th Nov | 8th Dec | 19th Jan | 9th Feb |
2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

OPTION
2

Rainbow Vegetable Stir
Fry Noodles



Cheese & Bean
Lasagne



Vegan Puff
Pastry Roll



Vegetable Bolognese with
Penne Pasta



Vegan Vegetable Nuggets
& Chips



Ham & Cheese
Pasta

Traditional Creamy Beef
Lasagne



Roast Gammon with Roast
Potatoes & Gravy

Chicken in a Katsu Curry
Sauce & Rice



Fish Fingers
& Chips

Carrots
& Peas



Broccoli



Roasted Carrots
& Parsnips



Peas



Beans



Ham
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Cheese

Egg
Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Blueberry
Cookie Bar



Chocolate &
Banana Brownie



Peach & Pineapple
Crumble



Apple &
Cocoa Sponge



Lemon
Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 26th Jan
| 16th Feb | 9th Mar | 30th Mar | 20th Apr

THE FOOD EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie &
Gravy



Baked Cheesy Macaroni Pasta



Tex-Mex Vegetable
Fajita Wrap



Salmon Pasta
Bake



Pork & Beef Sausage,
Mashed Potatoes & Gravy

Roast Turkey with Roast
Potatoes & Gravy

Creamy Chicken Curry,
Carrot Rice



Fish &
Chips

Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



Tuna Mayo
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Cheese

Egg
Cheese

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Garden Brownie



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	OPTION 1 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Vegan Bolognaise Penne Pasta	Roast Quorn Fillet with Roast Potatoes & Gravy	Baked Cheesy Macaroni Pasta	Vegan Sausage Roll & Chips
OPTION 2	Margherita Pizza & Wedges	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes & Gravy	Fish Fingers & Chips
VEGGIES	Peas	Sweetcorn	Broccoli	Carrots	Beans
FILLED ROLLS	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS	Vanilla Shortbread	Mixed Berry & Apple Crumble with Custard	Apple Strudel & Custard	Gingerbread Squares with Custard	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat

