



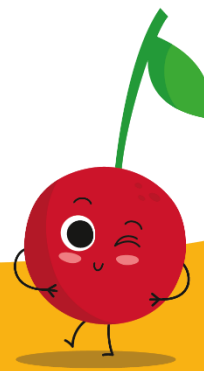
MENU CYCLE WEEK ONE

Shelley
Autumn menu 2024

	Italian MONDAY	Try Something New TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	Pepperoni Pizza	Sausage, Bean and Mash Pie	Roast of the Day	Chicken Tikka Wrap	Chicken Dippers
VEGETARIAN	Cheese & Tomato Pizza	Quorn Sausage, Bean and Mash Pie	Vegetable Casserole	Quorn Tikka Wrap	Quorn Dippers
STARCHY FOOD	Baked Wedges	Mash Potato	Roast Potatoes	Vegetable Rice	Chips
VEGETABLE	Baked Beans	Peas and Sweetcorn	Mixed Vegetables	Salad Bar	Peas or Beans
DESSERT	A selection of home bakes, jelly and fresh fruit available daily.				
Grab Bag	Macaroni Cheese	Ham, Cheese or Tuna Sandwich	Sausage Roll or Quorn Sausage Roll	Ham and Cheese or Cheese Panini	Fish Finger Or Vegetable Finger Wrap



Food Allergies and Intolerance
 If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





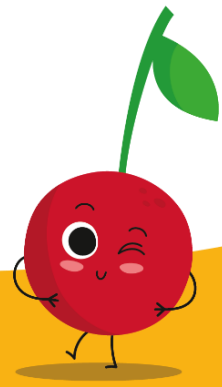
MENU CYCLE WEEK TWO

Shelley
Autumn menu
2024

	Italian MONDAY	Try Something New TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	All Day Breakfast	Chicken Pie	Roast of the Day	Beef Bolognese	Fish Fingers
VEGETARIAN	Vegetarian All Day Breakfast	Cheese and Onion Pie	Vegetarian Toad in the Hole	Vegetable Bolognese	Vegetable Fingers
STARCHY FOOD	Hash Browns	Mashed Potato	Roast Potatoes	Pasta	Chips
VEGETABLE	Baked Beans and Tomatoes	Sweetcorn	Seasonal Vegetables	Salad	Peas
DESSERT	A selection of Home Bakes, Jelly and Fresh Fruit available daily.				
Daily Snack	Tomato or Cheese Pasta	Ham, Cheese or Tuna Sandwich	Jacket Potato with Cheese, Beans or Tuna Mayo	Pizza Panini	Chicken or Vegetable Burger



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MENU CYCLE WEEK THREE

Shelley
Autumn menu
2024

	Italian MONDAY	Try Something New TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	Beef Lasagna	Chicken Curry	Roast of the Day	Minced Beef and Vegetable Pie	Fish Fingers
VEGETARIAN	Vegetable Lasagna	Vegetable Curry	Quorn and Mixed Pepper Parcel	Vegetable Pie	Vegetable Fingers
STARCHY FOOD	Garlic Bread	Rice	Roast Potatoes	Mash Potato	Chips
VEGETABLE	Salad Bar	Sweetcorn	Seasonal Vegetables	Peas and Carrots	Peas
DESSERT	A selection of home bakes, jelly and fresh fruit available daily.				
Daily Snack	Sausage Roll Or Quorn Roll	Ham, Cheese or Tuna Sandwich	Cheese or Tomato Pasta	Baked Potato with Cheese, Beans or Tuna Mayo	Pizza Pinwheel



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