



MENU CYCLE WEEK ONE

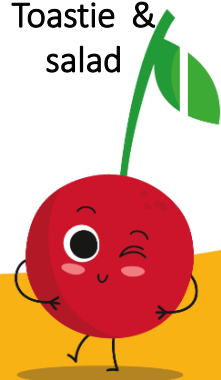
SHELLEY FIRST
SCHOOL SUMMER
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage & Mash Served With Gravy	Tandoori Chicken Wrap	Roast Of the day	Beef Lasagne	Fish Finger
VEGETARIAN	Quorn Sausage & Mash Served with Gravy	Tandoori Vegetable Wrap	Vegetable Parcel	Vegetable Lasagne	Vegetable Fingers
STARCHY FOOD	Creamy Mash Potato	Bombay Potatoes	Roast Potatoes Yorkshire pudding	Garlic Bread	Chips
VEGETABLE	Garden Peas	Sweetcorn	Seasonal Vegetable	Mixed Salad	Mushy Peas Beans
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
ALFRESCO DAILY SNACK	Pizza Pinwheel	Cheese , Ham Or Tuna Sandwich & Salad	Sausage Roll Or Quorn Roll & Salad	Cheese or Ham & Cheese Toastie & salad	Chicken Burger & Salad

Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





MENU CYCLE WEEK TWO

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	BBQ Hot Dog	Sweet Chili Chicken wrap	Roast of the Day	All Day Breakfast Sausage and Scrambled Egg	Chicken Dippers
VEGETARIAN	BBQ Quorn Dog	Sweet Chilli Vegetable Wrap	Vegetable Toad in the hole	All Day Breakfast Vegetarian Sausage and Scrambled Egg	Quorn Nuggets
STARCHY FOOD	Oven Baked Potato Wedges	Vegetable Rice	Roast Potatoes & Yorkshire Pudding	Hash Brown	Chips
VEGETABLE	Mixed Salad	Salad Bar	Seasonal Vegetables	Baked Beans	Beans
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
ALFRESCO DAILY SNACK	Pizza Panini & Salad	Cheese, Ham Or Tuna Sandwich & Salad	Chicken Nugget wrap & Salad	Cheese or Ham & Cheese Toastie & salad	Sausage Roll Or Quorn Roll & Salad



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MENU CYCLE WEEK THREE

SHELLEY FIRST
SCHOOL SUMMER
MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	Beef Bolognaise	Roast of The Day	Chicken & Vegetable Pie	Fish Fingers
VEGETARIAN	Cheese & Tomato Pizza	Vegetable Bolognaise	Vegetable Casserole	Cheese & Onion Pie	Vegetable Fingers
STARCHY FOOD	Potato Wedges	Penne Pasta & Garlic Bread	Roast Potatoes & Yorkshire Pudding	Mashed potato	Chips
VEGETABLE	Sweetcorn	Mixed Salad	Seasonal Vegetables	Garden Peas	Mushy Peas
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
ALFRESCO DAILY SNACK	Pizza Pinwheel	Cheese , Ham Or Tuna Sandwich & Salad	Sausage Roll Or Quorn Roll & Salad	Cheese or Ham & Cheese Toastie & salad	Cheese , Ham Or Tuna Wrap & Salad



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