



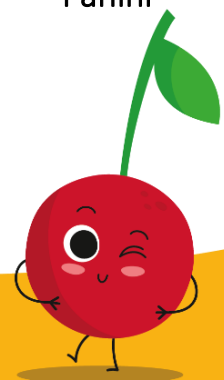
MENU CYCLE WEEK ONE

SHELLEY
WINTER &
SPRING MENU
FEB- APRIL 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage & Mash	Chicken Curry	Roast Of the day	Beef Lasagne	Fish Finger
VEGETARIAN	Quorn Sausage & Mash	Vegetable Curry	Cheese & Onion Pie	Vegetable Lasagne	Vegetable Fingers
STARCHY FOOD	Creamy Mash Potato	Vegetable Rice	Roast Potatoes Yorkshire pudding	Garlic Bread	Chips
VEGETABLE	Garden Peas	Sweetcorn	Seasonal Vegetable	Mixed Salad	Mushy Peas Beans
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
DAILY SNACK	Creamy Tomato Pasta	Jacket Potato Beans, Cheese or Tuna	Ham, Cheese or Tuna Sandwich	Bean & Cheese Panini	Mac & Cheese



Food Allergies and Intolerance
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



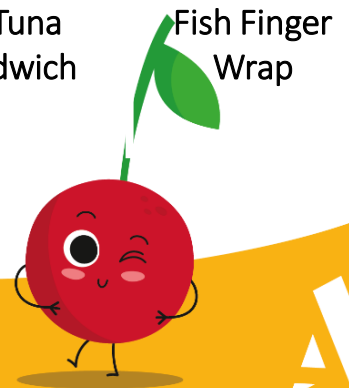


MENU CYCLE WEEK TWO

SHELLEY
WINTER & SPRING
MENU
FEB- APRIL 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Burger	All Day Breakfast Sausage and Scrambled Egg	Roast of the Day	Beef Chilli con carne	Chicken Dippers
VEGETARIAN	Vegetable Burger	All Day Breakfast Vegetarian Sausage and Scrambled Egg	Vegetable Toad in the hole	Vegetable Chilli con carne	Quorn Nuggets
STARCHY FOOD	Oven Baked Potato Wedges	Hash Brown	Roast Potatoes & Yorkshire Pudding	Boiled Rice	Chips
VEGETABLE	Mixed Salad	Baked Beans	Seasonal Vegetables	Sweetcorn	Beans
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
DAILY SNACK	Creamy Tomato Pasta	Jacket Potato With Beans, Cheese or Tuna	Pizza Pinwheel	Ham, Cheese or Tuna Sandwich	Fish Finger Wrap

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MENU CYCLE WEEK THREE

SHELLEY
WINTER & SPRING
MENU
FEB- APRIL 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	Beef Bolognaise	Roast of The Day	Chicken & Vegetable Pie	Fish Fingers
VEGETARIAN	Cheese & Tomato Pizza	Vegetable Bolognaise	Vegetable Casserole	Roasted vegetable Quiche	Vegetable Fingers
STARCHY FOOD	Potato Wedges	Penne Pasta & Garlic Bread	Roast Potatoes & Yorkshire Pudding	Mashed potato	Chips
VEGETABLE	Sweetcorn	Mixed Salad	Seasonal Vegetables	Garden Peas	Mushy Peas
DESSERT	A selection of home bakes, hot puddings, jelly and fresh fruit.				
DAILY SNACK	Baked Potato Cheese or Beans	Cheese , Ham Or Tuna Sandwich	Creamy Tomato Pasta	Sausage Roll	Cheese & Tomato Panini



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