

Shelley First School

Together we succeed



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Dear parent,

One of our pupils has recently contracted head lice. I would be grateful if you could check your child's hair, as soon as possible, and continue to do so on a regular basis.

- You will need a plastic detection comb with rigid teeth, these are available from the chemist.
- Wash the hair and apply conditioner (to help detangle the hair) and towel dry the hair.
- Comb the hair starting with the teeth touching the scalp and draw the comb towards the end of the hair.
- Look carefully at the teeth of the comb. Repeat the process for 10/15 minutes.
- If you find living, moving lice you will need to check the heads of everyone living in the house, including yourself.

According to the NHS Trust's advice all those with moving head lice should be treated with head lice lotion (ask Doctor or your chemist which lotion to use). The instructions should be followed carefully. All affected people will need to be treated seven days later, in the same way with the same lotion. Following the treatment the hair will need to be combed at least once a day, preferably with a fine metal tooth comb, to remove the dead lice. Continue to check heads on a frequent basis.

Alternatively the detection comb can be used with conditioner as a treatment method. This procedure should be followed every three days for two / three weeks.

Thank you for your assistance in this matter,

Yours sincerely

Mrs D. Knowles

Head Teacher









National Teaching School designated by National College for Teaching & Leadership