

# Good to Know

14th February 2022

## Working with Families News

News:	For more info:
Keep up-to-date on the latest <b>Covid-19</b> restrictions and isolation rules.	<a href="https://www.sandwell.gov.uk/localrestrictions">https://www.sandwell.gov.uk/localrestrictions</a>
Funded through <b>Public Health England's 'Better Mental Health'</b> , we are pleased to announce that we now have online and face to face <b>Changes Sessions</b> available for Sandwell families to attend. If you know a family who you think would benefit from attending a <b>FREE Changes programme</b> , then please encourage them to book onto a 6 week course or taster session.	<a href="https://bookwhen.com/book4changes">https://bookwhen.com/book4changes</a>
Keep checking our booking website for exciting FREE activities for <b>expectant mums living in Sandwell</b> . Funded by Public Health England's Better Mental Health, the activities include Aquanatal, Bump to Baby, Pregnancy Fitness Yoga and antenatal classes, for parents and grandparents. More activities and dates are being added all the time, so keep checking the booking page.	For expectant families living in Sandwell: <a href="https://bookwhen.com/changes">https://bookwhen.com/changes</a>
We are also pleased to be offering a range of <b>FREE activities for families living in Sandwell with an under 1 year old</b> . Activities include Sensory Play, Tots Talking, Babbling Babies, Coffee, Craft and Chat and Tree Babies. Activities are being added all the time to the website, so keep checking back.	For new families with a baby under 1 years old: <a href="https://bookwhen.com/book4changes">https://bookwhen.com/book4changes</a>
There has been a significant drop in the number of parents and carers getting their children vaccinated against <b>measles, mumps and rubella</b> . Health chiefs at Sandwell Council are raising the importance of the vaccination programme and encouraging parents and guardians to get their children vaccinated.	<a href="https://www.sandwell.gov.uk/news/article/6329/don-t-let-measles-mumps-and-rubella-into-your-childs-life">https://www.sandwell.gov.uk/news/article/6329/don-t-let-measles-mumps-and-rubella-into-your-childs-life</a>
<b>Sandwell Parents for Disabled Children</b> are promoting their half term activities. The booking email is now <a href="mailto:spdcbooking@sp-dc.org">spdcbooking@sp-dc.org</a> .	<a href="https://www.sp-dc.org/uncategorized/spdc-february-half-term-activities-2022/">https://www.sp-dc.org/uncategorized/spdc-february-half-term-activities-2022/</a>
<b>Wednesbury Museum and Art Gallery</b> are holding craft sessions and discos for children with SEND during the half term. To see the full range of activities, follow them on social media.	To book tickets go to: <a href="https://rb.gy/vrxnwt">https://rb.gy/vrxnwt</a> For info: <a href="https://m.facebook.com/sandwellmuseums">https://m.facebook.com/sandwellmuseums</a>

<p><b>Minecraft</b> remains one of the world’s most popular games, with over 140 million monthly users in 2021. Parentzone has produced a guide for parents on how Minecraft works, and how safe is it for children.</p>	<p><a href="https://parentzone.org.uk/article/what-minecraft-%E2%80%93-and-what-do-you-need-know">https://parentzone.org.uk/article/what-minecraft-%E2%80%93-and-what-do-you-need-know</a></p>
<p>Free for all school and educators, Parentzone are offering <b>Online Safety Lessons for 7-11 year olds</b>. The updated Be Internet Legends curriculum includes 173 pages of lesson plans and worksheets – exploring the 5 Legends pillars: Sharp, Alert, Secure, Kind and Brave.</p>	<p><a href="https://parentzone.org.uk/curriculum">https://parentzone.org.uk/curriculum</a></p>
<p>The Poundland Foundation has announced that its <b>‘Kit for Kids’</b> grants programme will reopen for applications at the end of February 2022. Grants of up to £750 will be available to local children’s sports clubs or organisations working to improve children’s fitness and health.</p>	<p><a href="https://poundlandfoundation.org.uk/apply-for-support/#more">https://poundlandfoundation.org.uk/apply-for-support/#more</a></p>
<p><b>Citizens Advice Dudley and Wolverhampton</b> is expanding and is looking to recruit 11 new paid staff across the two boroughs, including some working from home. Closing date for all vacancies is 25th February 2022.</p>	<p><a href="http://www.citizensadvisedudley.org/vacancies/new-opportunities-winter-2022/">http://www.citizensadvisedudley.org/vacancies/new-opportunities-winter-2022/</a></p>
<p><b>The Carers Assistance Line</b> is relaunching as part of the Carers Trusts new project ‘Making Carers Count’. The Making Carers Count project will support unpaid carers from community groups which, until now, have received little support for their caring roles.</p>	<p><a href="http://www.sandwellcrossroads.org/services/carers-assistance-line/">http://www.sandwellcrossroads.org/services/carers-assistance-line/</a></p>
<p>Vodafone has launched <b>Charities Connected</b>, an initiative giving any charity in the UK the opportunity to apply for free connectivity to help the individuals and families it supports get online and improve its own digital capability.</p>	<p><a href="https://www.vodafone.co.uk/mobile/everyone-connected/charities-connected">https://www.vodafone.co.uk/mobile/everyone-connected/charities-connected</a></p>
<p>Sandwell Council is hosting lots of live events as part of LGBT+ History month including <b>'Walk With Pride'</b> at Sandwell Valley on Saturday 26 February. The Borough’s first ever LGBT+ walk welcomes all residents, allies, families and pooches to the beautiful Sandwell Valley and Dartmouth Park to celebrate LGBT+ History month.</p>	<p><a href="https://www.sandwell.gov.uk/info/2/00193/council/4751/lgbt_sandwell/2">https://www.sandwell.gov.uk/info/2/00193/council/4751/lgbt_sandwell/2</a></p>
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team <a href="mailto:parent_support@sandwell.gov.uk">parent_support@sandwell.gov.uk</a></p>