



The Brades Lodge

Long Term Planning for: PE

Year 7:

| AUTUMN TERM 1 | AUTUMN TERM 2 | SPRING TERM 1 | SPRING TERM 2 | SUMMER TERM 1 | SUMMER TERM 2 |
|---|---|--|--|---|--|
| Topic- Invasion Games: Football/Rugby | Topic- Net Games: Badminton | Topic- Invasion Games Basketball | Topic- Multi Games/ Life Skills | Topic- HRF (Health Related fitness) | Topic- Track and Field Athletics Outdoor Education |
| <p>Intent: What is the Intent behind the topic that has been chosen? Or, what is the skill being taught and why? Intent is to expose pupils to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: How do you plan to implement it? Pupils will be taught the sports specific skills for football/rugby to compete in a team environment.</p> <p>Impact: What are you expecting to see as a result of the above?</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in an individual and team sport.</p> <p>Implementation: Pupils will be taught sports specific skills for badminton alongside giving the knowledge and understanding of the rules and boundaries for team and individual sports.</p> <p>Impact: Allowing them to understand and contribute to their own roles within both team and individual games. Understanding and</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: Pupils will be taught sports specific skills to enable them to perform under pressure in a team environment. Pupils will also be given opportunity to improve performance by giving and receiving feedback and analysing their performance.</p> <p>Impact: Transferring skills learnt in previous invasion games and</p> | <p>Intent: Pupils will use a range of tactics and strategies to outwit opponents in competition during team and individual games.</p> <p>Implementation: Pupils will have the opportunity to explore various tactics and strategies to outwit opponents whilst under pressure. Pupils will have the opportunity to use different sports to help improve various life skills including; resilience, problem solving, communication, teamwork, leadership and reflection.</p> <p>Impact: Pupils are able to exercise and build on key life skills</p> | <p>Intent: Pupils will have access to knowledge and understanding of how to lead a healthy and active lifestyle whilst knowing the long term benefits of physical activity.</p> <p>Implementation: Pupils will be given knowledge and understanding of how to use equipment within the gym and creating their own personalized gym programme to help improve an identified weakness.</p> <p>Impact: Pupils will be to begin to use various equipment unaided and also begin to help other pupils where help is necessary. Pupils will be aware of safety considerations when using</p> | <p>Intent: Athletics – Pupils will be encouraged to develop their technique and to improve their performance during competition. Pupils will also analyse their performance compared to previous ones.</p> <p>Implementation: Pupils will be given the opportunity to improve performance to create a personal best.</p> <p>Pupils will be given the opportunity to work as a team as well as individually to problem solve, show resilience, communicate and demonstrate leadership skills.</p> |



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| <p>Consideration- how will this be monitored? I expect to see various techniques and skills being built upon during pressure situations in a game.</p> | <p>adapting to different rules for individual and team games.</p> | <p>implement them in other sports. Pupils able to build on reflective practices to improve performance.</p> | <p>whilst exploring new and emerging sports. Pupils will be able to use these skills in the wider schooling community.</p> | <p>pieces of equipment in the gym.</p> | <p>Impact Pupils will be able to exercise their ability to become more resilient and improve performances. Pupils will be able to utilise skills when faced with various problems.</p> |
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Year 8

| AUTUMN TERM 1 | AUTUMN TERM 2 | SPRING TERM 1 | SPRING TERM 2 | SUMMER TERM 1 | SUMMER TERM 2 |
|---|--|--|---|--|---|
| Topic- Invasion Games: Football/Rugby | Topic- Net Games: Badminton | Topic- Invasion Games Basketball | Topic- Multi Games/ Life Skills | Topic- HRF (Health Related fitness) | Topic- Track and Field Athletics Outdoor Education |
| <p>Intent: What is the Intent behind the topic that has been chosen? Or, what is the skill being taught and why? Intent is to expose students to competitive situations to enable them to outwit opponents in an individual and team sport.</p> <p>Implementation: How do you plan to implement it? Pupils will be taught the sports specific skills for football/rugby to compete in a team environment. Pupils will be given opportunity to</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: Pupils will be taught sports specific skills for badminton alongside giving the knowledge and understanding of the rules and boundaries for team and individual sports.</p> <p>Impact:</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: Pupils will be taught sports specific skills to enable them to perform under pressure in a team environment. Pupils will also be given opportunity to improve performance by giving and receiving feedback and analysing their performance.</p> <p>Impact:</p> | <p>Intent: Pupils will use a range of tactics and strategies to outwit opponents in competition during team and individual games.</p> <p>Implementation: Pupils will have the opportunity to explore various tactics and strategies to outwit opponents whilst under pressure. Pupils will have the opportunity to use different sports to help improve various life skills including; resilience, problem solving, communication, teamwork, leadership and reflection.</p> <p>Impact:</p> | <p>Intent: Pupils will have access to knowledge and understanding of how to lead a healthy and active lifestyle whilst knowing the long term benefits of physical activity.</p> <p>Implementation: Pupils will be given knowledge and understanding of how to use equipment within the gym and creating their own personalized gym programme to help improve an identified weakness.</p> <p>Impact:</p> | <p>Intent: Athletics – Pupils will be encouraged to develop their technique and to improve their performance during competition. Pupils will also analyse their performance compared to previous ones.</p> <p>Implementation: Pupils will be given the opportunity to improve performance to create a personal best.</p> <p>Pupils will be given the opportunity to work as a team as well as individually to problem solve, show resilience, communicate and</p> |



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| <p>demonstrate leadership skills and communication skills.</p> <p>Impact: What are you expecting to see as a result of the above? Consideration- how will this be monitored?</p> | | | | | <p>demonstrate leadership skills.</p> <p>Impact</p> |
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Long Term Planning for: PE

Year 9

| AUTUMN TERM 1 | AUTUMN TERM 2 | SPRING TERM 1 | SPRING TERM 2 | SUMMER TERM 1 | SUMMER TERM 2 |
|---|---|--|---|--|---|
| Topic- Invasion Games: Football/Rugby | Topic- Net Games: Badminton | Topic- Invasion Games Basketball | Topic- Multi Games/ Life Skills | Topic- HRF (Health Related fitness) | Topic- Track and Field Athletics Outdoor Education |
| <p>Intent: What is the Intent behind the topic that has been chosen? Or, what is the skill being taught and why? Intent is to expose students to competitive situations to enable them to outwit opponents in an individual and team sport.</p> <p>Implementation: How do you plan to implement it? Pupils will be taught the sports specific skills for football/rugby to compete in a team environment. Pupils will be given opportunity to</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: Pupils will be taught sports specific skills for badminton alongside giving the knowledge and understanding of the rules and boundaries for team and individual sports.</p> <p>Impact: Pupils will have been given foundation knowledge of their involvement in individual sports and the</p> | <p>Intent: Intent is to expose students to competitive situations to enable them to outwit opponents in a team environment.</p> <p>Implementation: Pupils will be taught sports specific skills to enable them to perform under pressure in a team environment. Pupils will also be given opportunity to improve performance by giving and receiving feedback and analysing their performance.</p> <p>Impact:</p> | <p>Intent: Pupils will use a range of tactics and strategies to outwit opponents in competition during team and individual games.</p> <p>Implementation: Pupils will have the opportunity to explore various tactics and strategies to outwit opponents whilst under pressure. Pupils will have the opportunity to use different sports to help improve various life skills including; resilience, problem solving, communication, teamwork, leadership and reflection.</p> <p>Impact:</p> | <p>Intent: Pupils will have access to knowledge and understanding of how to lead a healthy and active lifestyle whilst knowing the long term benefits of physical activity.</p> <p>Implementation: Pupils will be given knowledge and understanding of how to use equipment within the gym and creating their own personalized gym programme to help improve an identified weakness.</p> <p>Impact: Pupils will have the confidence and knowledge to use equipment safely and independently. Pupils</p> | <p>Intent: Athletics – Pupils will be encouraged to develop their technique and to improve their performance during competition. Pupils will also analyse their performance compared to previous ones.</p> <p>Implementation: Pupils will be given the opportunity to improve performance to create a personal best.</p> <p>Pupils will be given the opportunity to work as a team as well as individually to problem solve, show resilience, communicate and</p> |



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| <p>demonstrate leadership skills and communication skills.</p> <p>Impact: What are you expecting to see as a result of the above? Consideration- how will this be monitored? Students will be able to use different tactics and strategies to overcome their opponents. Pupils will have knowledge of skills they are able to use to help outwit their opponents whilst being exposed to regular competition.</p> | <p>differences in roles between individual and team sports.</p> | <p>Pupils will have basic skills to be able to analyse their performances and can list improvements to improve their performances.</p> | <p>Pupils will have the skills and knowledge to be able to use in various life situations. They will also have skills on them to be able to overcome barriers in life.</p> | <p>will also have knowledge and understanding of how to live and healthy and active lifestyle.</p> | <p>demonstrate leadership skills.</p> <p>Impact Pupils will have the knowledge and understanding of how to improve their own individual performance alongside working outdoors and in the surrounding environment both on their own and as a team.</p> |
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