

FEBRUARY 2023

Short Breaks

Join us at our Young Carers Centre on Saturday's for fun activities, including dance, sport, arts & crafts, quizzes and so much more!

Dates:

Saturday 04 February

Saturday 18 February

10am-12pm younger group

12.30pm-2.30pm older group

If you do not want to attend the centre, you can also join us online via Zoom!

Dates:

Saturday 04 February

Saturday 18 February

3pm-4pm younger group

4pm-5pm older group

IMPORTANT - Contact Ellen H to register

Support Work

Require study support? If you are 11+ years, then join us via Zoom at 4.30pm-5.30pm. We can help with study/revision plans, learning styles and support at school

Wednesday 01 February

Wednesday 15 February

Our Transition support sessions are available for members aged 14+ years via Zoom at 5pm-6pm.

We can help with CV writing, personal statements, balancing caring, social time and education.

Thursday 02 February

Thursday 16 February

IMPORTANT - Contact Sophie K to register

Saturday Group Support Sessions

Zoom or Face-2-Face – YOUR CHOICE!

Meet with other young carers, increase confidence, improve self-esteem and make friendships.

Saturday 04 February and Saturday 18 February

Zoom – 3pm-4pm older group / 4pm-5pm younger group

OR At Young Carers Centre – 10am-10.30am for the younger group or 12.30pm-1pm for the older group.

IMPORTANT - Contact Sophie K to register

FORUM

WE NEED YOU!

If you are aged 12-14 years and want to make new friends, gain new experiences whilst having fun then why not join the F.A.B. ?

(Forum Advisory Board)

You can help give young carers a voice, make people listen and learn and act in breaking the silence of young carers.

Dates:

Saturday 04 February

Saturday 18 February

11am-12.30pm

IMPORTANT - Contact Sophia W to register

Contact Details

Short Breaks & Admin

Ellen – 07716 638845

ellen.hardwick@sandwellyc.org.uk

Support Work & Saturday Group Support

Sophie – 07922 424372

sophie.king@sandwellyc.org.uk

Forum & Promotion

Sophia – 07922 426386

sophia.walker@sandwellyc.org.uk

Saint
Valentine's Day
14 February