

PE : Curriculum Journey

Year 7

SHERWOOD
CHURCH
ACADEMY



Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7S1	Baseline Testing	Football	Fitness	Basketball	Athletics	Cricket
7S2	Baseline Testing	Rugby	Basketball	Football	Athletics	Rounders
7S3	Baseline Testing	Netball	Trampolining	Basketball	Athletics	Rounders
7S4	Baseline Testing	Basketball	Netball	Trampolining	Athletics	Rounders
7S5	Baseline Testing	Basketball	Football	Netball	Athletics	Rounders
7C1	Baseline Testing	Football	Fitness	Basketball	Athletics	Cricket
7C2	Baseline Testing	Netball	Trampolining	Football	Athletics	Rounders
7C3	Baseline Testing	Badminton	Handball	Football	Athletics	Rounders

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Year 8 - Autumn

SHERWOOD
CHURCH
ACADEMY



Group	Autumn 1 (1)	Autumn 1 (2)	Autumn 2 (1)	Autumn 2 (2)
8S1	Football	Rugby	Basketball	Fitness
8S2	Rugby	Football	Fitness	Basketball
8S3	Trampolining	Basketball	Netball	Football
8S4	Basketball	Trampolining	Football	Netball
8S5	Basketball	Trampolining	Football	Netball
8C1	Football	Rugby	Basketball	Fitness
8C2	Rugby	Football	Fitness	Basketball
8C3	Trampolining	Basketball	Netball	Football
8C4	Basketball	Trampolining	Football	Netball
8C5	Basketball	Trampolining	Football	Netball

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Year 8 - Spring

SHERWOOD
CHURCH
ACADEMY



Group	Spring 1 (1)	Spring 1 (2)	Spring 2 (1)	Spring 2 (2)
8S1	Table Tennis	Handball	Badminton	Hockey
8S2	Handball	Table Tennis	Hockey	Badminton
8S3	Hockey/Badminton	Rugby	Handball	Fitness
8S4	Rugby	Hockey	Fitness	Handball
8S5	Rugby	Hockey	Fitness	Handball
8C1	Table Tennis	Handball	Badminton	Hockey
8C2	Handball	Table Tennis	Hockey	Badminton
8C3	Hockey/Badminton	Rugby	Handball	Fitness
8C4	Rugby	Hockey	Fitness	Handball
8C5	Rugby	Hockey	Fitness	Handball

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Year 8 - Summer

SHERWOOD
CHURCH
ACADEMY



Group	Summer 1 (1)	Summer 1 (2)	Summer 2 (1)	Summer 2 (2)
8S1	Athletics	Rounders	Cricket	Ultimate Frisbee
8S2	Athletics	Rounders	Ultimate Frisbee	Cricket
8S3	Athletics	Ultimate Frisbee	Rounders	Cricket
8S4	Athletics	Ultimate Frisbee	Cricket	Rounders
8S5	Athletics	Ultimate Frisbee	Cricket	Rounders
8C1	Athletics	Rounders	Cricket	Ultimate Frisbee
8C2	Athletics	Rounders	Ultimate Frisbee	Cricket
8C3	Athletics	Ultimate Frisbee	Rounders	Cricket
8C4	Athletics	Ultimate Frisbee	Cricket	Rounders
8C5	Athletics	Ultimate Frisbee	Cricket	Rounders

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Year 9 - Autumn

SHERWOOD
CHURCH
ACADEMY



Group	Autumn 1 (1)	Autumn 1 (2)	Autumn 2 (1)	Autumn 2 (2)
9S1	Football	Rugby	Basketball	Fitness
9S2	Rugby	Football	Fitness	Basketball
9S3	Trampolining	Basketball	Netball	Football
9S4	Basketball	Trampolining	Football	Netball
9S5	Basketball	Trampolining	Football	Netball
9C1	Football	Rugby	Basketball	Fitness
9C2	Rugby	Football	Fitness	Basketball
9C3	Trampolining	Basketball	Netball	Football
9C4	Basketball	Trampolining	Football	Netball
9C5	Basketball	Trampolining	Football	Netball

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Year 9 - Spring

SHERWOOD
CHURCH
ACADEMY



Group	Spring 1 (1)	Spring 1 (2)	Spring 2 (1)	Spring 2 (2)
9S1	Table Tennis	Handball	Badminton	Hockey
9S2	Handball	Table Tennis	Hockey	Badminton
9S3	Hockey/Badminton	Rugby	Handball	Fitness
9S4	Rugby	Hockey	Fitness	Handball
9S5	Rugby	Hockey	Fitness	Handball
9C1	Table Tennis	Handball	Badminton	Hockey
9C2	Handball	Table Tennis	Hockey	Badminton
9C3	Hockey/Badminton	Rugby	Handball	Fitness
9C4	Rugby	Hockey	Fitness	Handball
9C5	Rugby	Hockey	Fitness	Handball

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Year 9 - Summer

SHERWOOD
CHURCH
ACADEMY



Group	Summer 1 (1)	Summer 1 (2)	Summer 2 (1)	Summer 2 (2)
9S1	Athletics	Rounders	Cricket	Ultimate Frisbee
9S2	Athletics	Rounders	Ultimate Frisbee	Cricket
9S3	Athletics	Ultimate Frisbee	Rounders	Cricket
9S4	Athletics	Ultimate Frisbee	Cricket	Rounders
9S5	Athletics	Ultimate Frisbee	Cricket	Rounders
9C1	Athletics	Rounders	Cricket	Ultimate Frisbee
9C2	Athletics	Rounders	Ultimate Frisbee	Cricket
9C3	Athletics	Ultimate Frisbee	Rounders	Cricket
9C4	Athletics	Ultimate Frisbee	Cricket	Rounders
9C5	Athletics	Ultimate Frisbee	Cricket	Rounders

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Year 10 - Autumn

SHERWOOD
CHURCH
ACADEMY



Group	Autumn 1 (1)	Autumn 1 (2)	Autumn 2 (1)	Autumn 2 (2)
10S1	Football	Rugby	Basketball	Fitness
10S2	Rugby	Football	Fitness	Basketball
10S3	Trampolining	Basketball	Netball	Football
10S4	Basketball	Trampolining	Football	Netball
10C1	Football	Rugby	Basketball	Fitness
10C2	Rugby	Football	Fitness	Basketball
10C3	Trampolining	Basketball	Netball	Football
10C4	Basketball	Trampolining	Football	Netball

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Year 10 - Spring

SHERWOOD
CHURCH
ACADEMY



Group	Spring 1 (1)	Spring 1 (2)	Spring 2 (1)	Spring 2 (2)
10S1	Table Tennis	Handball	Badminton	Hockey
10S2	Handball	Table Tennis	Hockey	Badminton
10S3	Hockey/Badminton	Rugby	Handball	Fitness
10S4	Rugby	Hockey	Fitness	Handball
10C1	Table Tennis	Handball	Badminton	Hockey
10C2	Handball	Table Tennis	Hockey	Badminton
10C3	Hockey/Badminton	Rugby	Handball	Fitness
10C4	Rugby	Hockey	Fitness	Handball

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Year 10 - Summer

SHERWOOD
CHURCH
ACADEMY



Group	Summer 1 (1)	Summer 1 (2)	Summer 2 (1)	Summer 2 (2)
10S1	Athletics	Rounders	Cricket	Ultimate Frisbee
10S2	Athletics	Rounders	Ultimate Frisbee	Cricket
10S3	Athletics	Ultimate Frisbee	Rounders	Cricket
10S4	Athletics	Ultimate Frisbee	Cricket	Rounders
10C1	Athletics	Rounders	Cricket	Ultimate Frisbee
10C2	Athletics	Rounders	Ultimate Frisbee	Cricket
10C3	Athletics	Ultimate Frisbee	Rounders	Cricket
10C4	Athletics	Ultimate Frisbee	Cricket	Rounders

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Year 11

SHERWOOD
CHURCH
ACADEMY



Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
11S1	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11S2	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11S3	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11S4	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11C1	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11C2	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11C3	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways
11C4	Pathways	Pathways	Pathways	Pathways	Pathways	Pathways