

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

About the PE and sport premium <https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

- Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.
- PE and sports premium funding should be used to:
 - *Develop or add to the PE, school sports and physical activities that our school already offers*
 - *Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years*

It is important that a school's grant is used effectively and based on school need. The Education Inspection Framework makes clear there will be a focus on **'whether leaders and those responsible for governors all understand their respective roles and perform these in a way that enhances the effectiveness of the school'**.

Visit www.gov.uk for the revised guidance including the 5 key indicators across which schools should demonstrate an improvement.

Schools are required to publish details of how they spend this funding as well as on the impact it has on pupils' PE and sport participation and attainment by the end of the summer term.

Sholing Junior School
PE and Sports Premium Action Plan 2025 - 26

Considering the 5 key indicators from DfE, what development needs are a priority for Sholing Junior and why?

Refer to any adjustments that were made and how these will influence future improvement

Key Achievements to date until July 2026	Areas for further improvement and baseline evidence of need:
Key indicator 1: at least 60 minutes of physical activity a day, of which 30 minutes should be in school. Key indicator 2: The profile of PE and sport is raised across the school as a tool for whole school improvement. Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and Sports. Key indicator 4: Broader experience of a range of sports and activities Participation in a range of sporting activities linked to topics taught throughout the year in PE sessions. Key Indicator 5: Increased participation in competitive sport.	• Inter school sporting competitions – offering children access to a range of sports to develop a love of sport. • Introduce intra school competitions - linked to house competitions, pupil interests and raising profile of a broad range of sporting activities • Increase outdoor learning opportunities – across a wide range of curriculum subjects linked to PE, Sports and emotional wellbeing • Use house captains to support delivery of PE and sporting activities during and after school. Introducing a wider range of sporting activities. • Development of Year 5 Play Leaders so they can encourage physical activity on the playground • Engagement of all pupils in regular physical activity.

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

Did you carry forward an underspend from 2024/25 academic year into the current academic year? No

Yes / No If any funding from the academic year 2024/25 has been carried over you MUST complete the following section.

Academic Year: September	Total Fund carried over: £0	Date updated:		
What key indicator(s) are you going to focus on? - Engagement of all pupils in regular physical activity - Profile of PE and sport is raised across the school as a tool for whole-school improvement - Increased confidence, knowledge and skills of all staff in teaching PE and sport - Broader experience of a range of sports and activities offered to all pupils - Increased participation in competitive sport				Total carry over funding: £0
Intent	Implementation		Impact	
N/A	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	N/A

Sholing Junior School
PE and Sports Premium Action Plan 2025 - 26

Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Y6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	67%
What percentage of your current Y6 cohort use a range of strokes effectively e.g. front crawl, backstroke, and breaststroke?	78%
What percentage of your current Y6 cohort perform safe self-rescue in different water-based situations?	67%
Schools can choose to use the Primary PE and sports premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

Action Plan and Budget Tracking: Capture intended spend against 5 indicators. Clarify success criteria and evidence of impact for pupils today and for the future.

Academic Year: 2025/26		Date Updated:	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity			
Intent	Implementation		Impact
<i>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</i>	<i>Make sure your actions to achieve are linked to your intentions:</i>	<i>Funding allocated:</i>	<i>Evidence of impact: what do pupils now know and what can they now do? What has changed?</i>
Positive attitudes towards being active, positive mental health and well-being across the whole school for both staff and pupils Healthy lifestyle focus embedded across whole school, through PSHE, extra-curricular activity and growth mindset Increased daily physical activity of all pupils (at least 30 minutes per day)	Continue to offer extra-curricular clubs/enrichment clubs – Throughout academic year – PP Sports club run weekly by Mr Riley.	£500	The continued offer of extra-curricular sports clubs, including the weekly PP Sports Club led by Mr Riley, has increased participation and confidence among targeted pupils. It provides regular opportunities for children who may not usually engage in sport, helping to strengthen wellbeing and enjoyment of physical activity.
	Physical activities embedded during playtimes – skipping, games, play equipment. Achieved by training Sports Leaders in Year 5 through Solent University.	£300	Active playtimes have embedded daily movement into school routines through skipping, games and play equipment. This has improved behaviour, social interaction and overall activity levels, ensuring more pupils take part in purposeful physical activity every day.
	Solent University Play Leader training	£500	Sports Leader training delivered by Solent University has equipped Year 5 pupils with the skills to lead games and activities during playtimes. This has enhanced lunchtime provision, increased pupil leadership and created a sustainable model that will continue to benefit the school each year.
		TOTAL: £1300	
			Interim Milestones
			November Student surveys conducted around school.
			March Play Leaders begin training
			May Pupil voice to gauge success. Play Leaders begin delivering on the playground
			July All children show understanding of the importance of physical activity. Play Leaders routines are embedded and have a positive effect on physical activity participation.

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Intent	Implementation		Impact	
<i>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</i>	<i>Make sure your actions to achieve are linked to your intentions:</i>	<i>Funding allocated:</i>	<i>Evidence of impact: what do pupils now know and what can they now do? What has changed?</i>	<i>Milestones</i>
Pupils, staff and families have positive attitudes towards PE and Sport. High Profile of PE and Sport within our community through newsletters. House Captains and sporting ambassadors PE is taught widely and consistently across the whole school. Staff feel confident teaching PE and feel supported.	Expectations clarified with staff – Aut 1 – LD Staff to understand added curriculum benefits of physical activity – Aut 1 - LD Get Set 4 PE to be renewed to continue supporting staff with teaching of PE – Aut 1 –	£700	Staff expectations around PE and physical activity were clarified at the start of the autumn term, ensuring all staff understood their role in delivering high-quality provision. This has strengthened consistency across the school and supported a shared commitment to promoting active learning.	November PE staff meeting to be held. Staff to be guided on how to support all children.
	All sporting competitions to be celebrated throughout the school and with wider community (newsletters, Parentmails, assemblies)– Spr 1 - LD		Staff training in the added curriculum benefits of physical activity has increased confidence and understanding of how movement supports wider learning. This has helped teachers embed physical activity more purposefully within lessons and across the school day.	March Children to have been offered extra-curricular clubs in all year groups.
	To enter sporting competitions at both inter and intra school level – Spr 2 – LH	Total: £700	Renewing Get Set 4 PE has ensured staff continue to have access to high-quality planning, resources and guidance. This has supported the delivery of a broad and progressive curriculum and increased staff confidence in teaching PE effectively.	May Saints Player assembly used to celebrate sporting successes.
			Celebrating sporting competitions through newsletters, Parentmails and assemblies has raised the profile of sport across the school and wider community. This has strengthened pupil motivation, encouraged participation and helped families engage with school sport. Entering both inter-school and intra-school	July Sports assembly to celebrate sporting achievements throughout the year.

Sholing Junior School
PE and Sports Premium Action Plan 2025 - 26

			competitions has provided pupils with opportunities to develop teamwork, resilience and sportsmanship. It has also broadened competitive experiences for pupils of all abilities and strengthened the school's commitment to inclusive sport.	
--	--	--	---	--

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Intent	Implementation		Impact	
<i>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</i>	<i>Make sure your actions to achieve are linked to your intentions:</i>	<i>Funding allocated:</i>	<i>Evidence of impact: what do pupils now know and what can they now do? What has changed?</i>	<i>Sustainability and suggested next steps:</i>
Sustained high quality PE lessons with support from PE leads, Get Set 4 PE scheme and external agencies Increased engagement and confidence from staff to support whole school involvement in PE and sport	Subject leader to monitor progress and impact through monitoring schedule – Spr 1 – LD	£800 – transport costs	Monitoring progress and impact through the subject leader's schedule has ensured that provision remains consistent and responsive to pupil needs. Regular reviews have supported timely adjustments and strengthened the overall quality of PE across the school.	November Staff monitor to identify support/coaching needs amongst staff.
	Improve attendance of external sport competitions.		Improving attendance at external sporting competitions has broadened opportunities for pupils to represent the school and experience competitive sport. This has helped build confidence, teamwork and pride, while increasing visibility of school sport within the community.	March Learning walks reflect teachers are making improvements following coaching. More external competitions attended during Spring 1.
	Pupil voice surveys – Summer 1 – LD Saints Foundation – Primary Stars Programme 6 x CPD programmes yearly for teachers with low confidence.	£1300	Pupil voice surveys have provided valuable insight into pupils' experiences of PE and physical activity. Their feedback has informed planning, highlighted strengths	May Teachers seek support for new PE units independently.

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

		Total: £2100	and identified areas for development, ensuring provision remains pupil-centred and inclusive. The Saints Foundation Primary Stars Programme has offered high-quality CPD for teachers, particularly those with lower confidence in teaching PE. Access to six CPD sessions across the year has strengthened staff subject knowledge, improved lesson delivery and contributed to a more consistent, high-quality PE curriculum.	July Children can reflect on their learning and point out key knowledge taught.
--	--	--------------	---	---

Key indicator 4: To develop a robust assessment format to help PE progression throughout the school				
Intent	Implementation		Impact	
<i>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</i>	<i>Make sure your actions to achieve are linked to your intentions:</i>	<i>Funding allocated:</i>	<i>Evidence of impact: what do pupils now know and what can they now do? What has changed?</i>	<i>Sustainability and suggested next steps:</i>
Get set 4 PE to increase the range of topics taught across all phases	PE lead to guide staff on topics to be taught to ensure coverage across year groups and phases –		The PE lead has guided staff on the topics to be taught across each year group and phase, ensuring full curriculum coverage and a clear progression of skills. This has strengthened consistency and supported staff in delivering a well-sequenced PE curriculum.	November Staff meeting to introduce assessment platform.
Enrichment clubs to include several sporting opportunities beyond current experiences	Assessment of PE review – how can this link to DC pro? – 2 year plan.	£300 towards assessment platform	A review of PE assessment has begun, exploring how the school's approach can link effectively with DC Pro over a two-year plan. This work aims to create a more coherent system for tracking progress, supporting subject leadership and improving the accuracy of pupil assessment.	March Assessment monitored by PE lead Staff to have completed assessment for first term.
Delivery of Sports Day for KS1 and KS2 in summer term	Introduce staff to assessment criteria 2-year support for all staff			May Staff feedback collected to judge impact of assessment.
Year group activity sessions offer wide range of				

December 2026

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

outdoor activities e.g. water sports, Residential visits, outdoor educational trips.		Total:		July End of year data presented to governors
--	--	--------	--	---

Key indicator 5: Increased participation in competitive sport				
Intent	Implementation		Impact	
<i>Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:</i>	<i>Make sure your actions to achieve are linked to your intentions:</i>	<i>Funding allocated:</i>	<i>Evidence of impact: what do pupils now know and what can they now do? What has changed?</i>	<i>Sustainability and suggested next steps:</i>
PE lead to identify competitive sporting opportunities for children in Autumn term and plan/deliver them across the year to a range of groups. Implement summer intra-school competitions considering pupil and staff interest and skills	Identifying chances for children to participate in a range of competitive opportunities (LD Spring Term)	Taxi £100 Minibus £300	Identifying opportunities for pupils to take part in a wide range of competitive activities has broadened their experience of sport and increased engagement. This has supported the development of teamwork, resilience and confidence across year groups. School and class challenges, including House Team Days, have strengthened a sense of belonging and healthy competition. These events have encouraged participation from all pupils and helped promote enjoyment of physical activity in a fun, inclusive way. Sports Leaders have been utilised to support, promote and deliver competitive activities throughout the summer term. Their involvement has enhanced pupil leadership, increased the quality of activities offered and contributed to a more sustainable model of active play and competition. The Whole School Sports Day and Round Robin activity session provided pupils with a celebratory, high-energy experience of sport. These events showcased pupils' skills, encouraged mass participation and strengthened the school's culture of physical	November Competitions for yearly calendar identified and shared with SLT
	School/class challenges e.g. House Team Days (LD Spring 2)			March Mid year report on competition in the school.
	Utilise Sports Leaders to support, promote and deliver above activities (DL/LD Summer 2026)			May Sports for following year identified to continue growth.
	Whole School Sports Day and Round Robin activity session (LD July 2026)	900 – Equipment to be used for sporting activities and competitive events.		July Sports day winners announced and Sports Leaders for next academic year announced.
	PE lead to collate results and celebrate successes. Identify strengths and next steps for 2026/2027 (DL/LD July 2026)	Total: £1300		

December 2026

Sholing Junior School

PE and Sports Premium Action Plan 2025 - 26

			activity. The PE lead has collated results from competitions and events, celebrating successes and identifying strengths and next steps for 2026/2027. This has supported strategic planning, highlighted areas for development and ensured that provision continues to evolve in response to pupil needs.	
--	--	--	--	--

Signed off by	
Head Teacher:	Miss M Dobson
Date:	
Subject Leader:	Miss Leonora Dube
Date:	
Governor:	Full Governing Body
Date:	