



Child Friendly Southampton

What do our children and young people think and feel about life in Southampton?

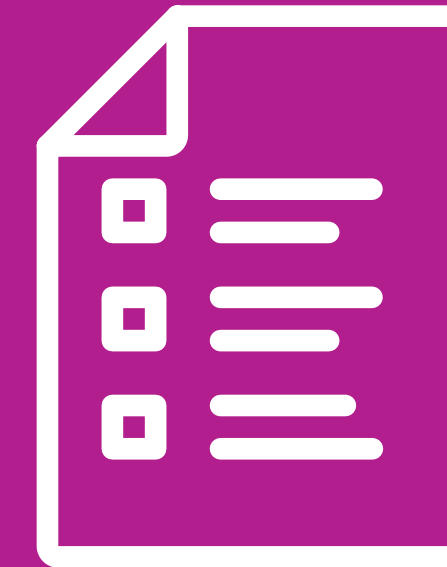


What we did

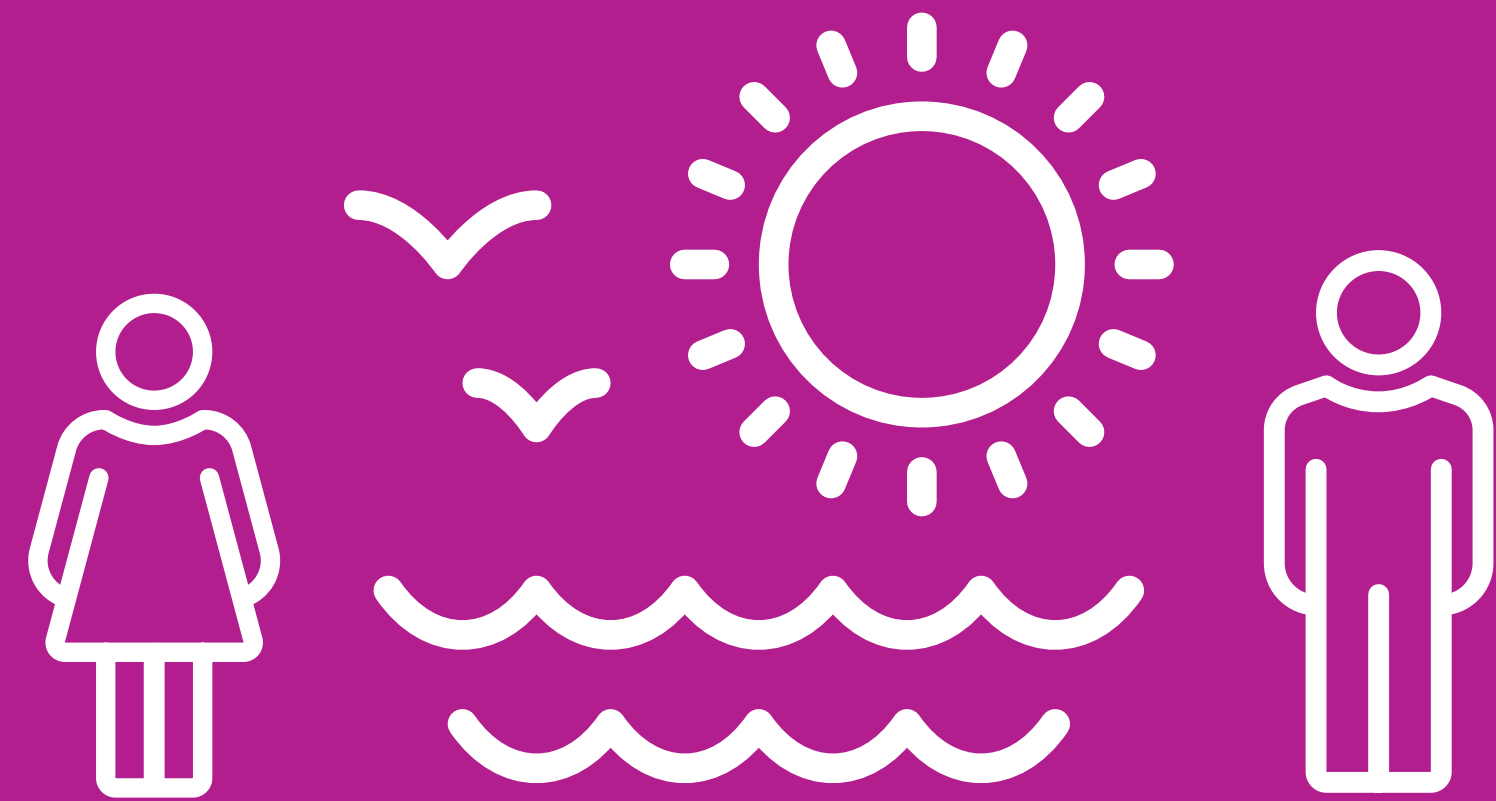


Over children 1,200

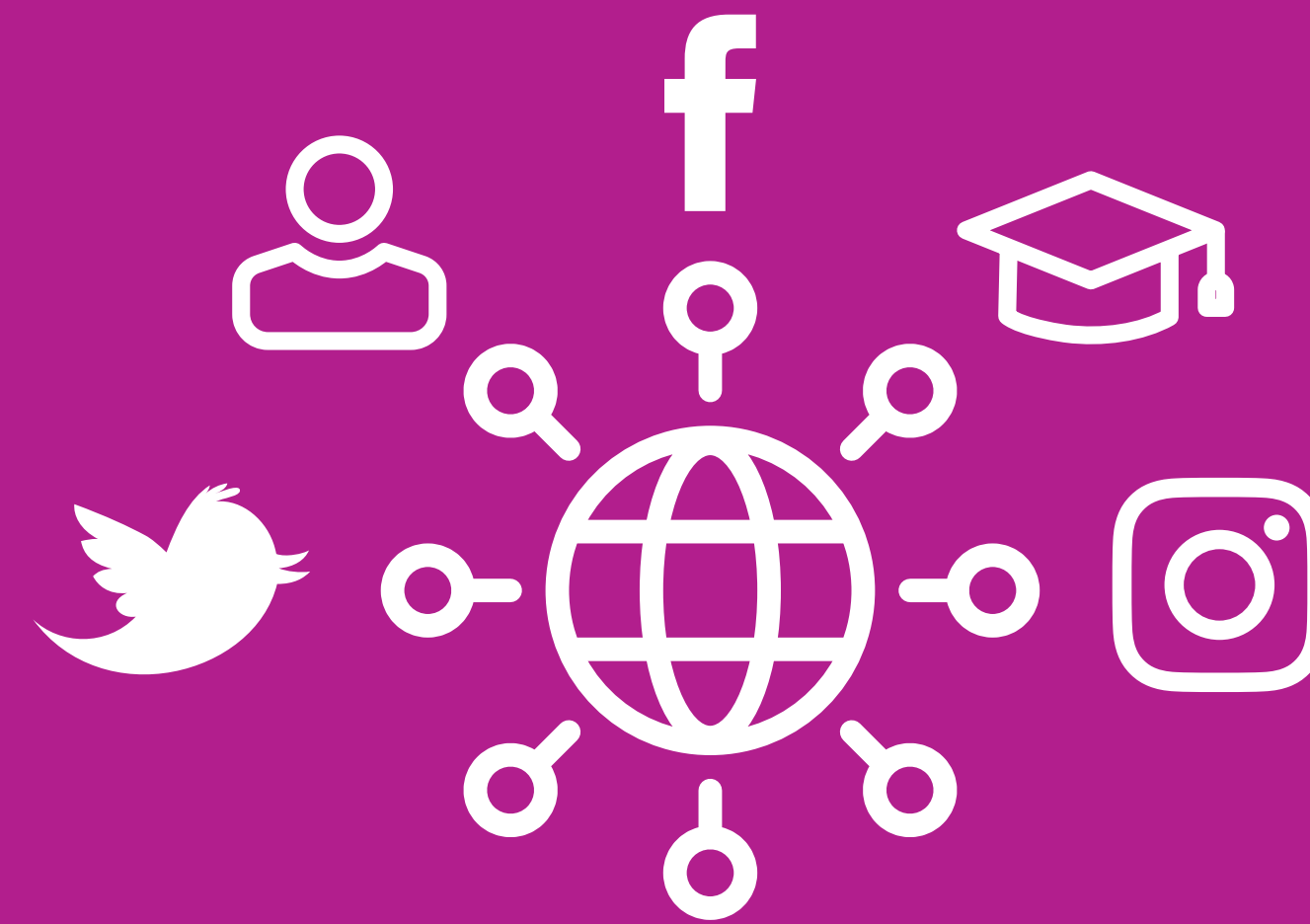
We talked to over 1,200 children and young people aged 3-18 across Southampton



Heard from young parents, children in foster care, young carers and young people with disabilities, created a survey, activities and hosted focus groups to give children and young people different opportunities and ways to share their opinions



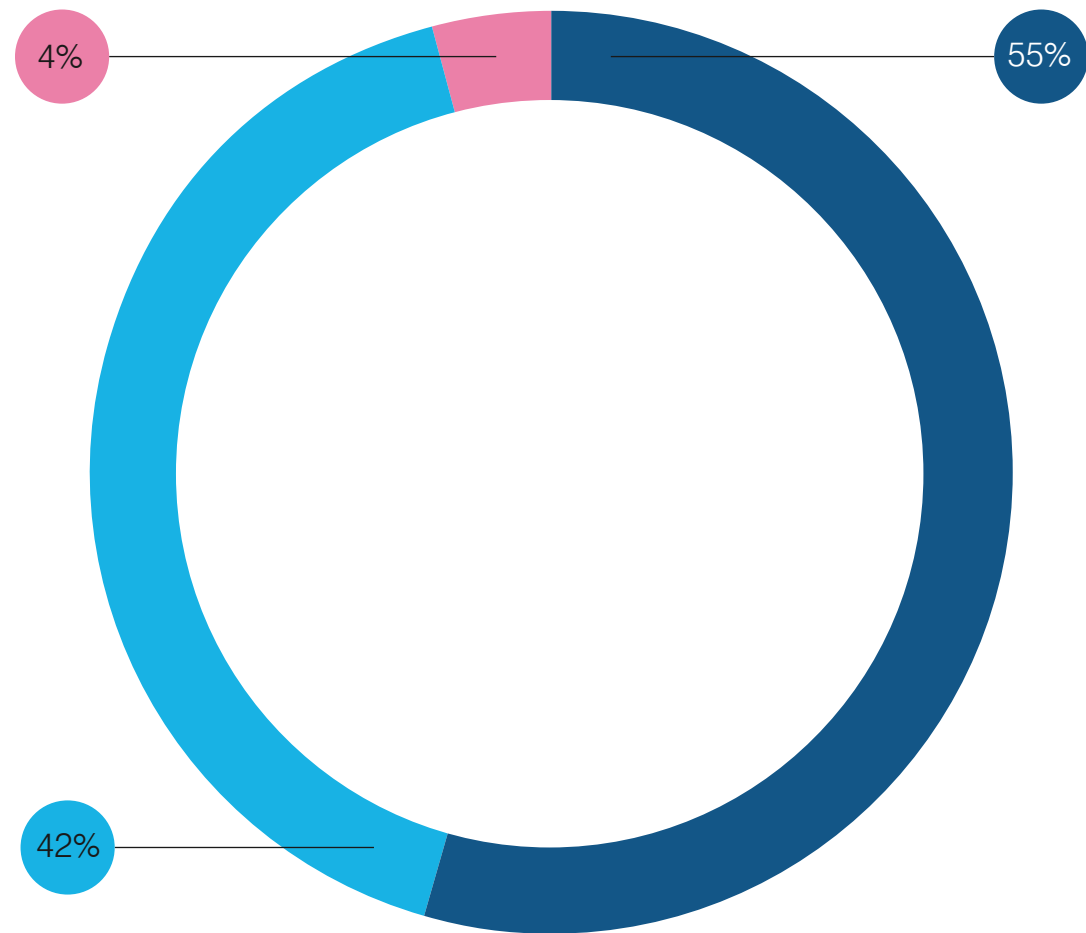
Went on a child friendly roadshow to speak to children and young people at events and activities across the summer.



Worked with our ambassadors, partners, schools and our social media network to help spread the word!

Information about our respondents

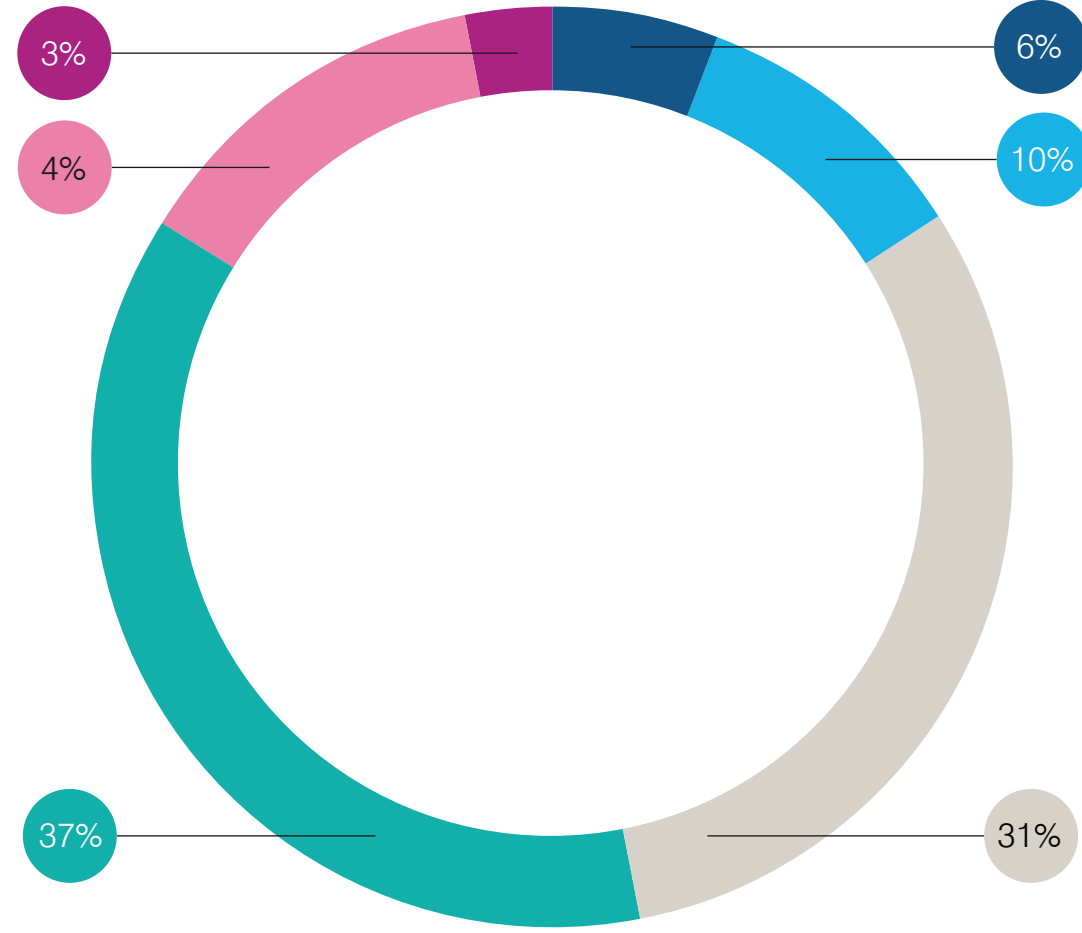
Gender



- 381 Female
- 290 Male
- 26 Other Genders (including non-binary, gender fluid and transgender)

This information was asked in the Baseline & Easy Read Surveys,

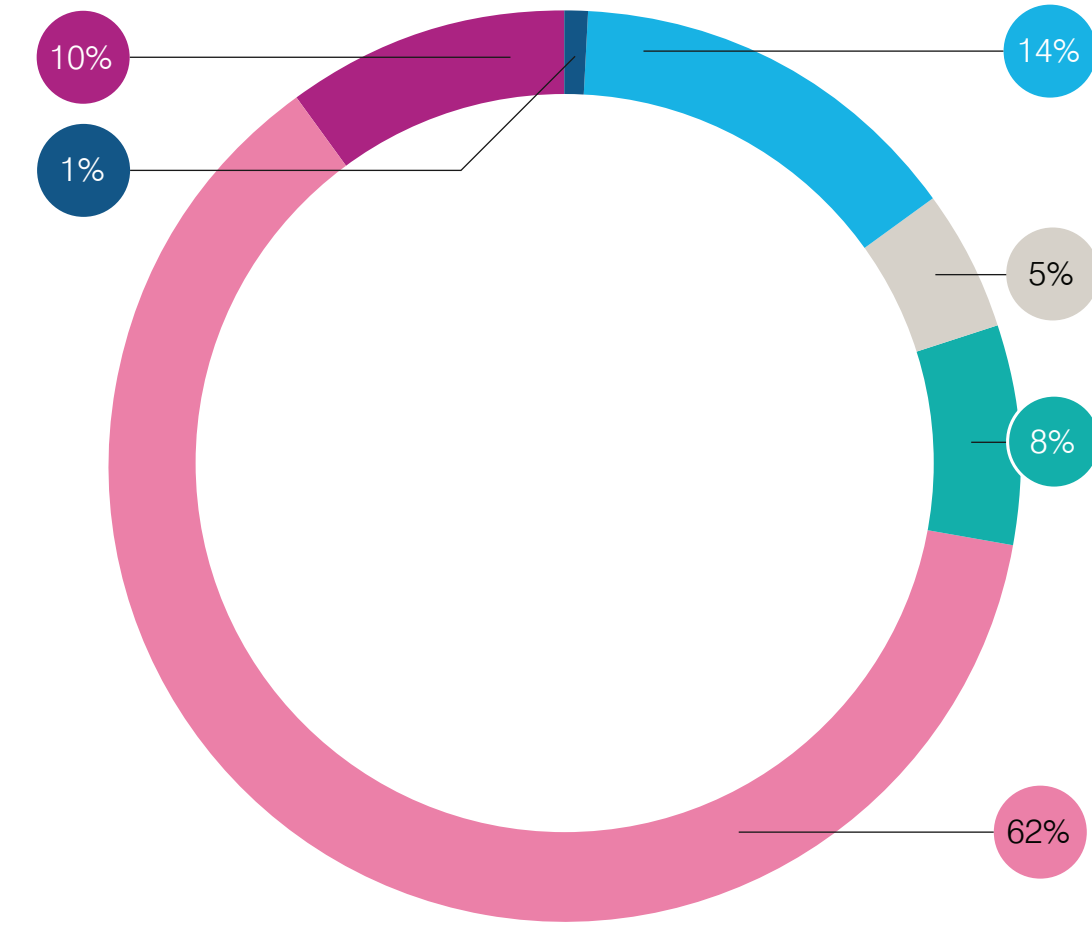
Age



- 64 3 - 5 (Early Years)
- 104 6 - 7 (Key Stage 1)
- 330 8 - 11 (Key Stage 2)
- 391 12 - 14 (Key Stage 3)
- 26 15 - 16 (Key Stage 4)
- 37 17 - 18 (College / Sixth form)

This information was asked in the Baseline & Easy Read Surveys, Activity 1, Activity 2, Activity 3 and Activity 4

Ethnicity

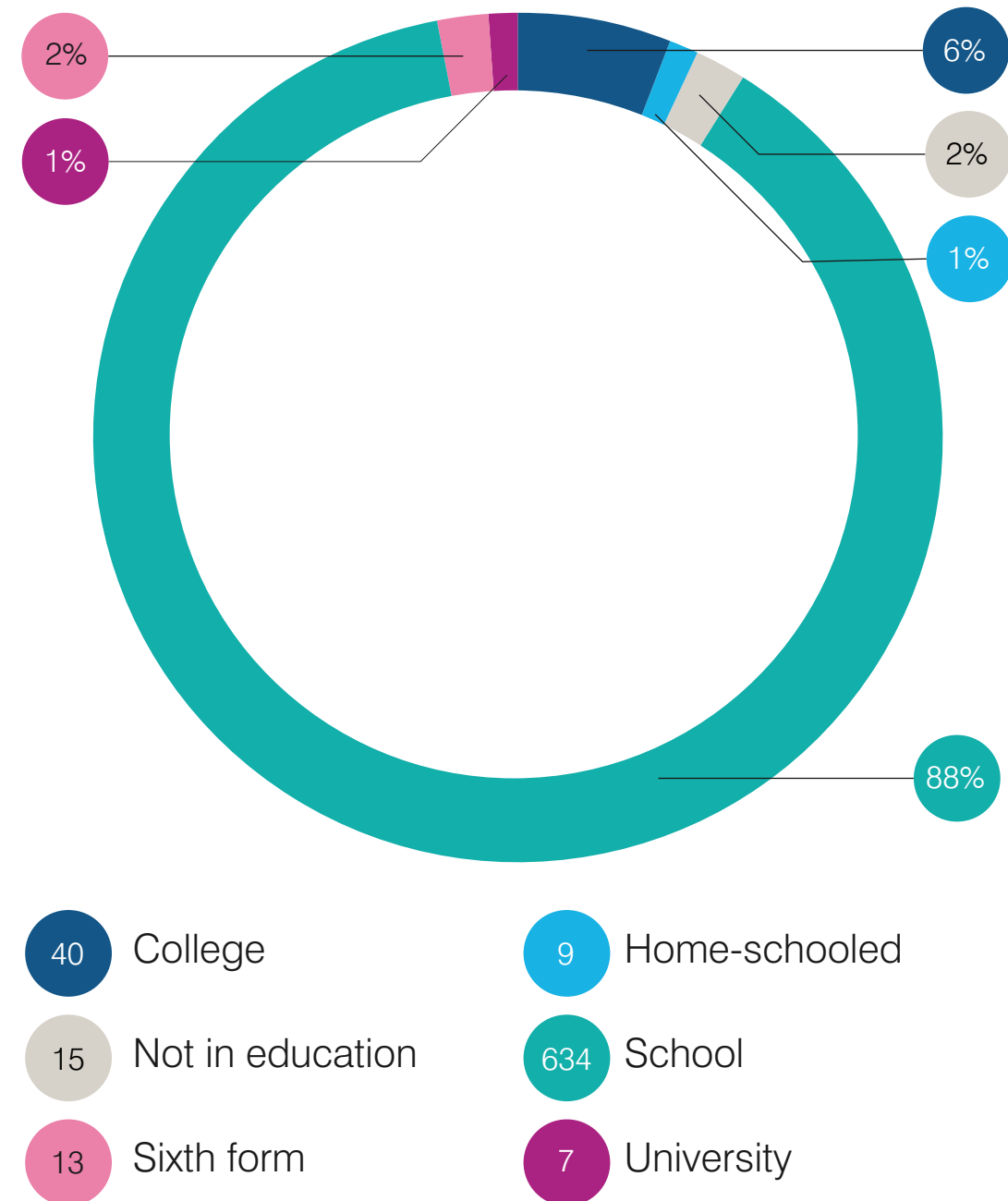


- 8 Any other ethnic group
- 98 Asian or Asian British
- 35 Black, African, Caribbean or Black British
- 53 Mixed or multiple ethnic groups
- 436 White British
- 73 White other

This information was asked in the Baseline & Easy Read Surveys

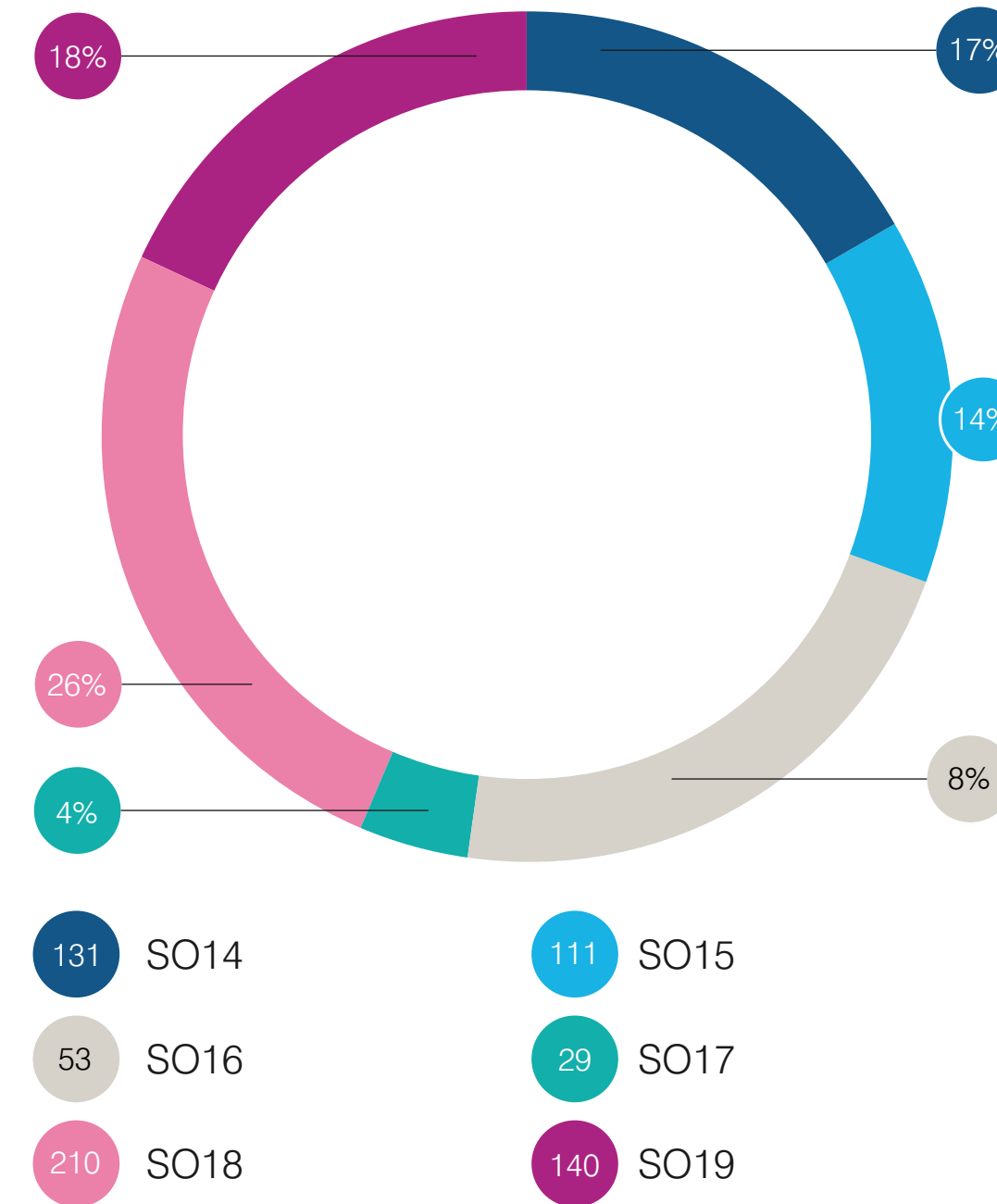
Information about our respondents

Educational setting



This information was asked in the Baseline & Easy Read Surveys

Location



This information was asked in the Baseline & Easy Read Surveys, Activity 1, Activity 2, Activity 3 and Activity 4

What we found out...

Key themes arose from our findings and these are:



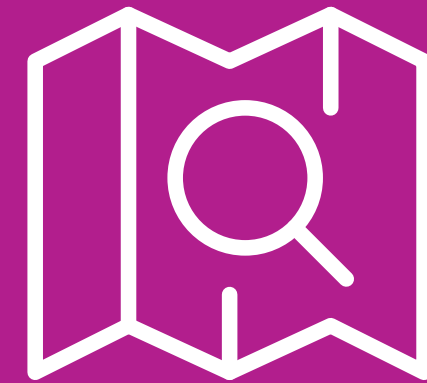
Children's rights



Future aspirations



Feeling safe



Things to do



Finding information



Speaking out and feeling listened to



Health



Feeling equal and being treated fairly



Children's rights



The majority of children and young people we spoke to know what children's rights are



They mostly found out about their rights at school



1 in 10

disagreed that children and young people have rights in Southampton



Those from minority ethnic groups and younger age groups felt they knew more about children's rights and had learnt more about them compared to white ethnicities and older age groups



Future aspirations



When asked what their future Southampton looked they told us they want Southampton to be a safer and cleaner place.



When asked about what issues they would like to be addressed the top areas were:

- Improving litter collections
- Supporting homelessness
- Reducing crime



1 in 5 

Almost 1 in 5 respondents told us that they find it hard to speak about their future.



Feeling safe



Most children and young people said they feel safest at home and within their local neighbourhood and most unsafe in the city centre and parks.



Younger children told us they feel safer out and about than older children and young people. But, the older children and young people feel safer online and on social media.



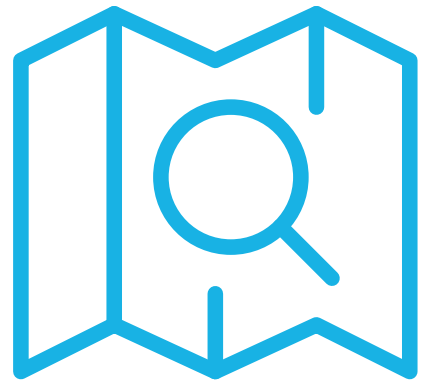
Males said they feel safer in all situations.



12% of victims of recorded crime are under 18 with 12% of young people (between 9-17) being offenders or suspects.



Children and young people want to see less crime and to feel safer in Southampton.



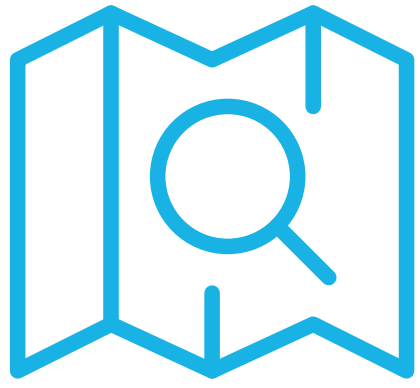
Things to do



Most young children and people told us they spend a lot of time with their families and feel most welcome and the activity they do the least is taking part in community groups, volunteering and youth clubs where they feel least welcome.



Even though youth clubs and community group activity was one of the activities children and young people do the least almost half of those we spoke to said they would like to do this activity more.



Children and young people said there is a lack of activity opportunities and information on what is available in the city.



Over a quarter of children and young people we spoke to said they spend too much time online and watching TV.



Children and young people don't think there are enough trips out, music and performance activities available in the city.



Finding information



When asked about finding information about things to, places to get help and children's rights, over a fifth of children and young people said it was difficult to find information.



The top two places they currently go, and the top two places where they would most like to go to find information on these topics are friends and family, and school.

17%

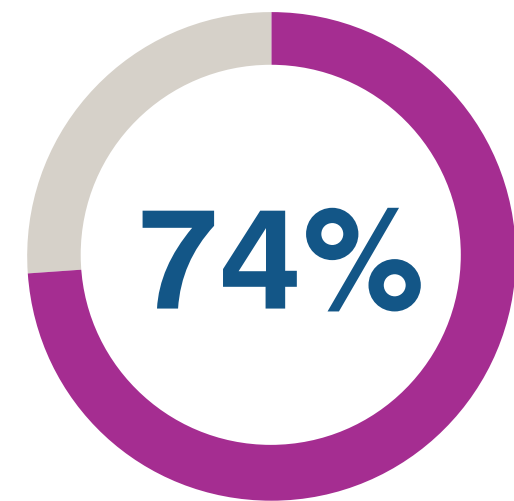


17% of those we spoke to said they currently get information from the library, whereas almost half of them said that they would like to get information from the library.

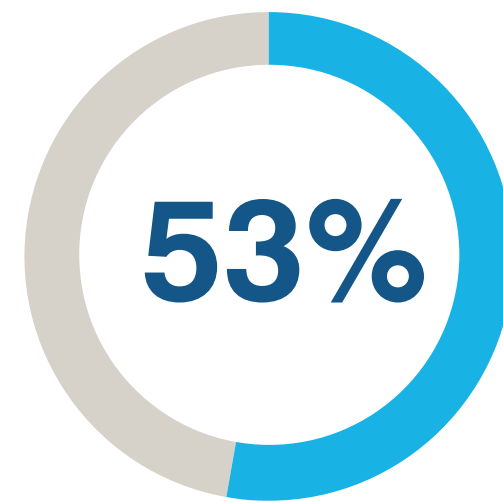
Where to find information

Where do you go to get information?

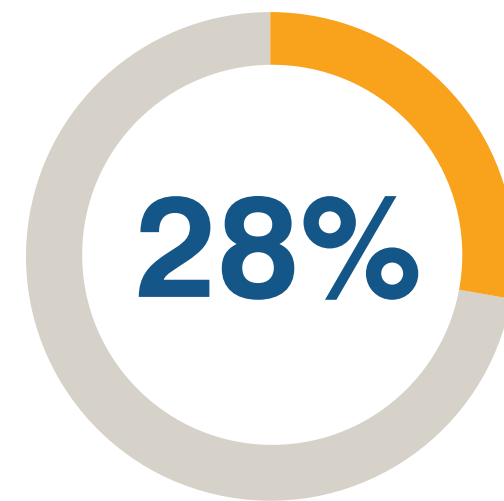
Friends and Family



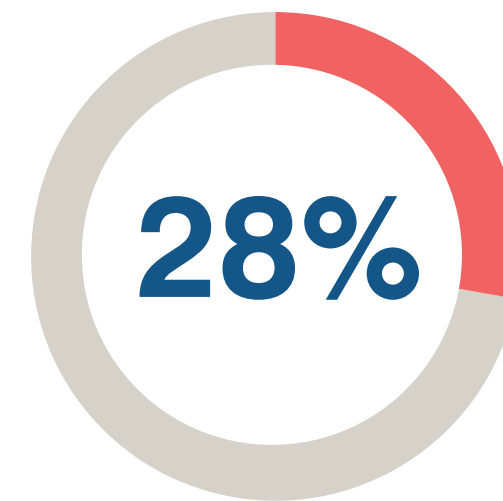
School



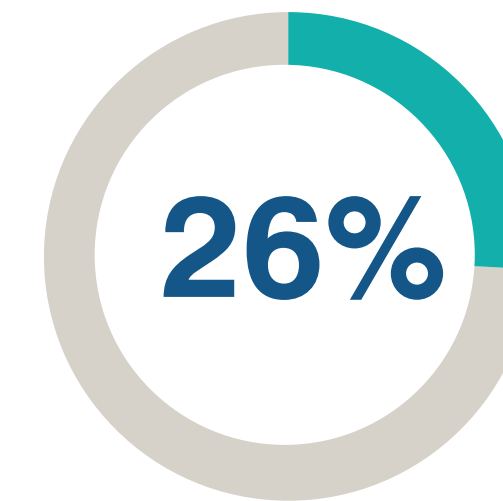
Council website



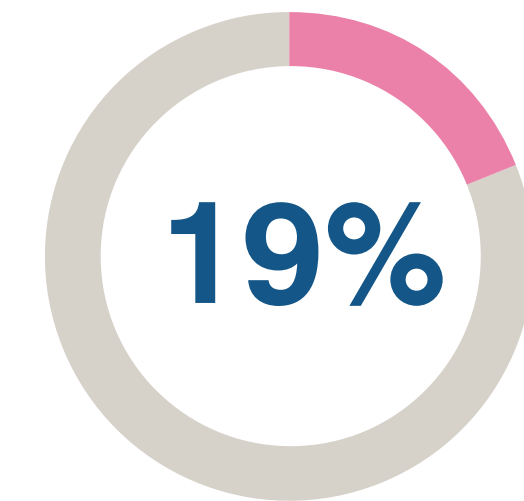
TikTok



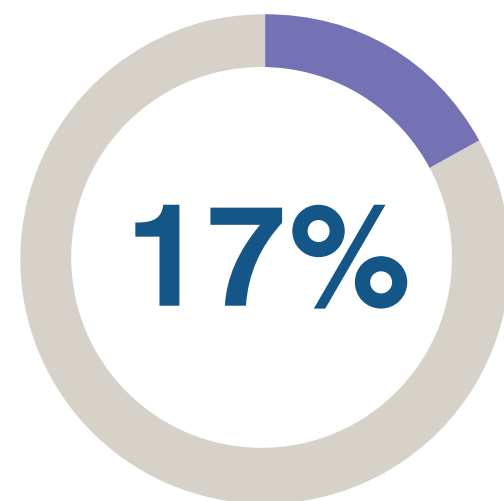
School website



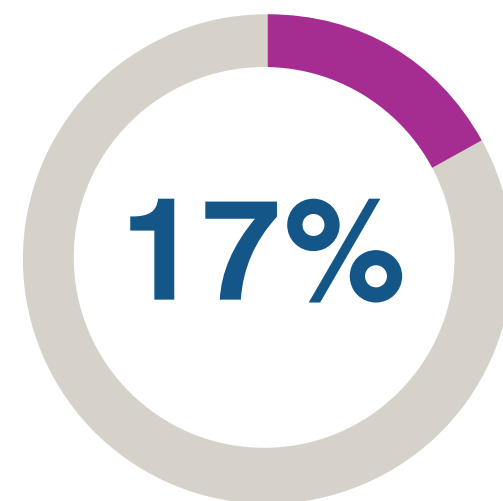
Facebook



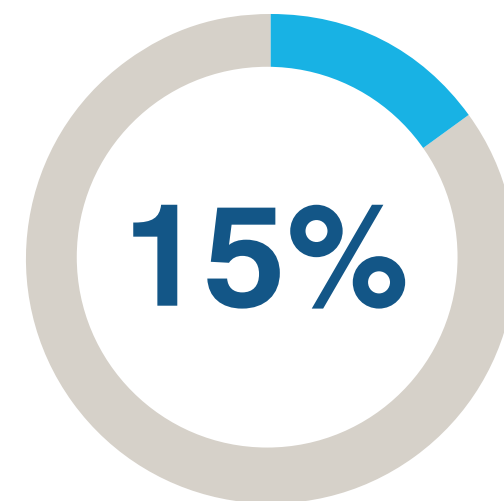
Library



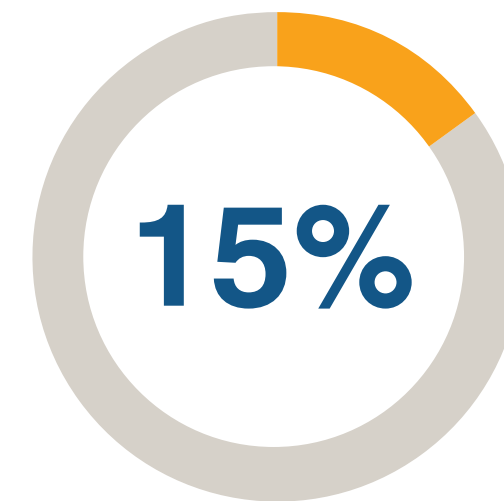
Instagram



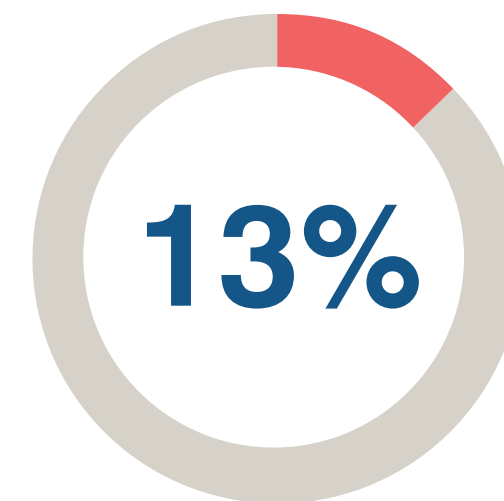
Snapchat



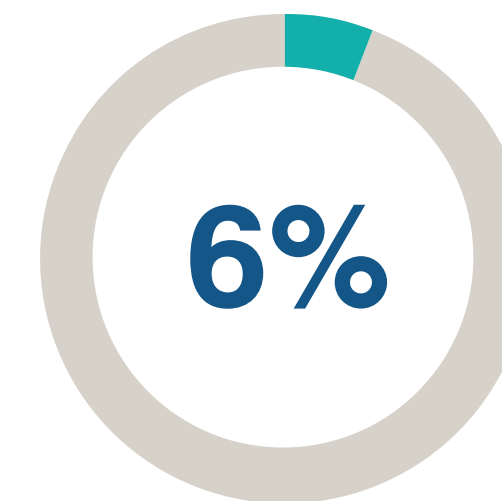
No Limit



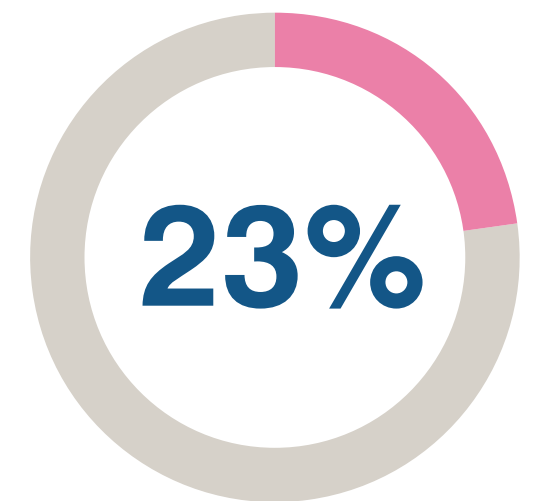
Twitter



Youth Club



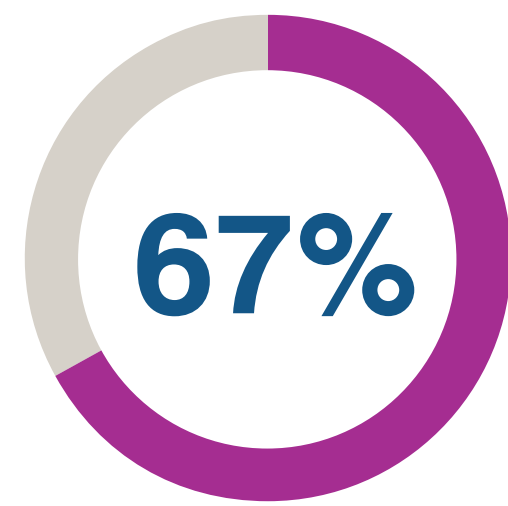
other



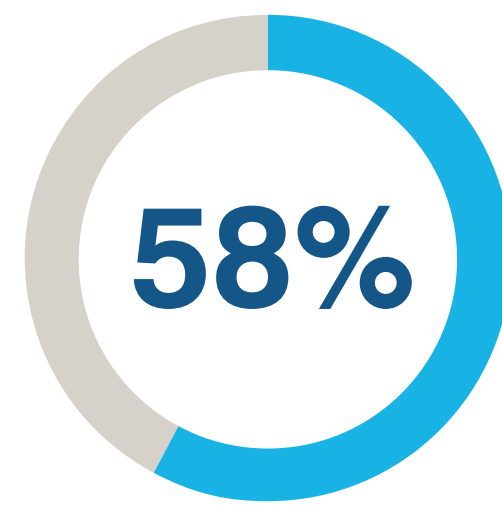
Where to find information

Where would you like to go to get information in the future?

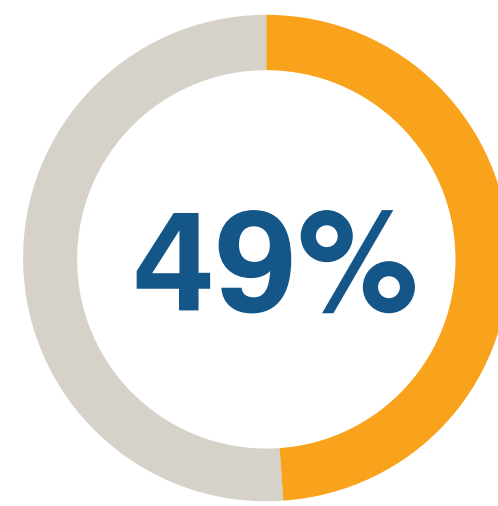
Friends and Family



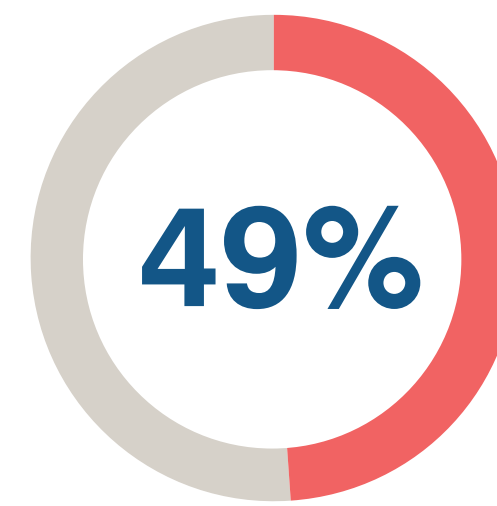
School



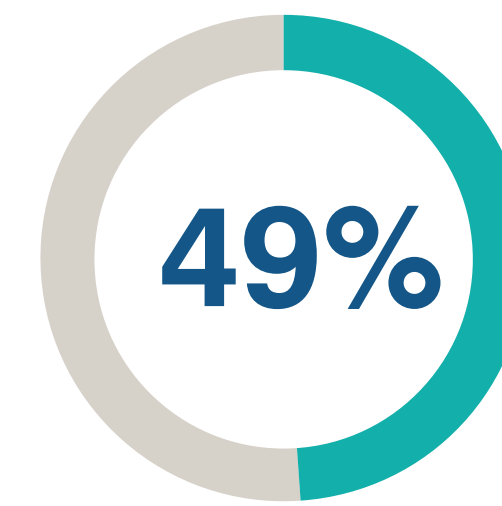
Library



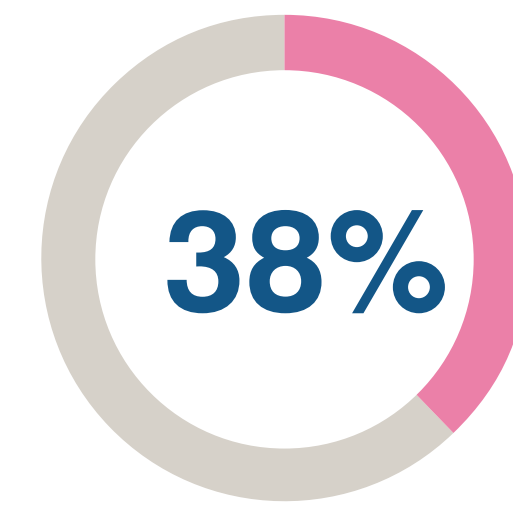
School website



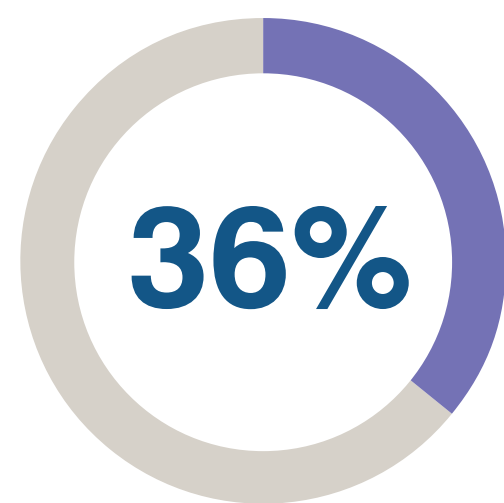
Council website



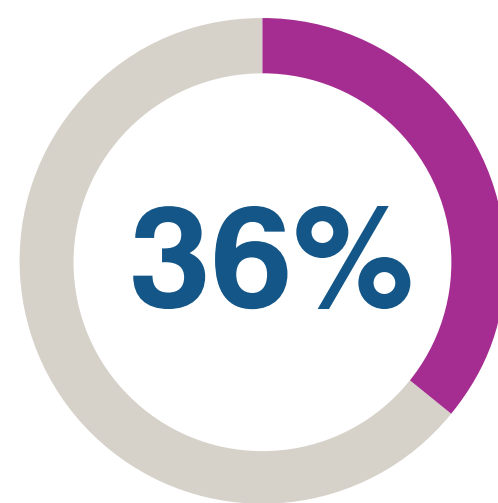
Youth Club



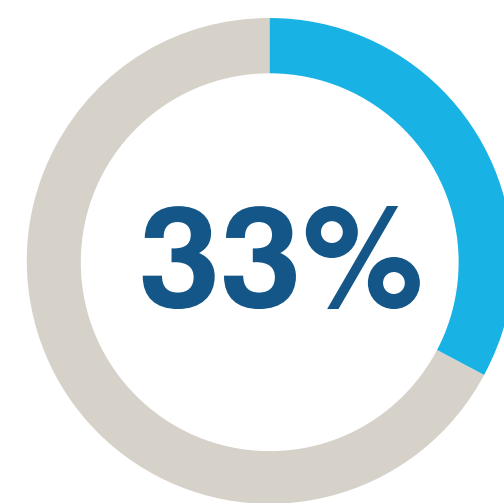
Instagram



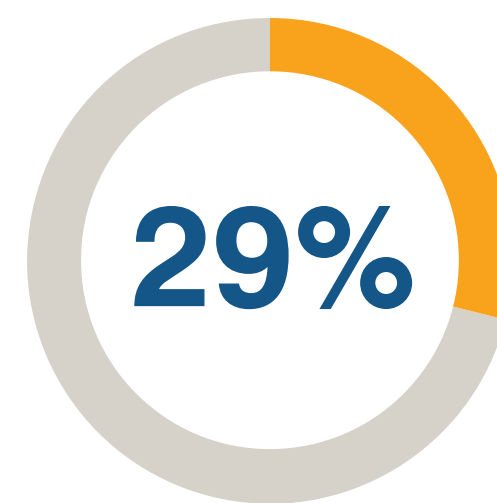
TikTok



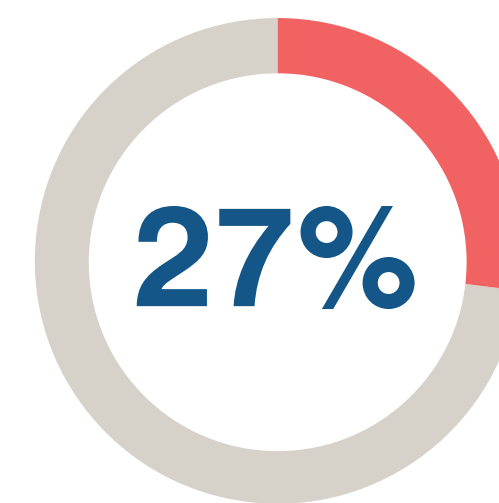
Twitter



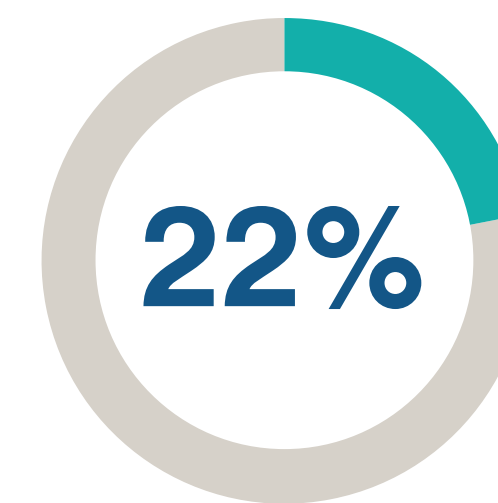
Snapchat



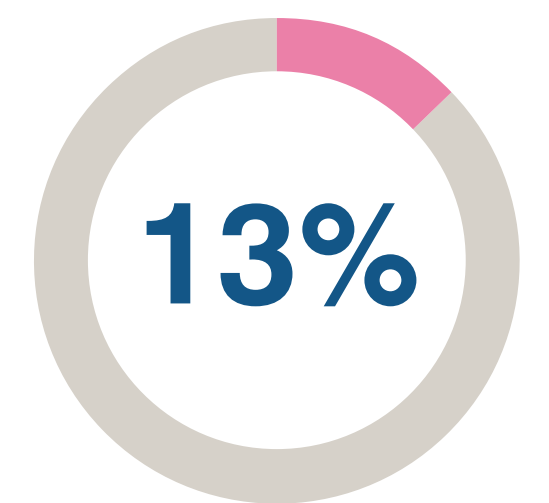
Facebook



No Limit



other





Speaking out and feeling listened to



A majority of the children and young people we spoke to said they always or sometimes feel listened to when speaking about safety and bullying.

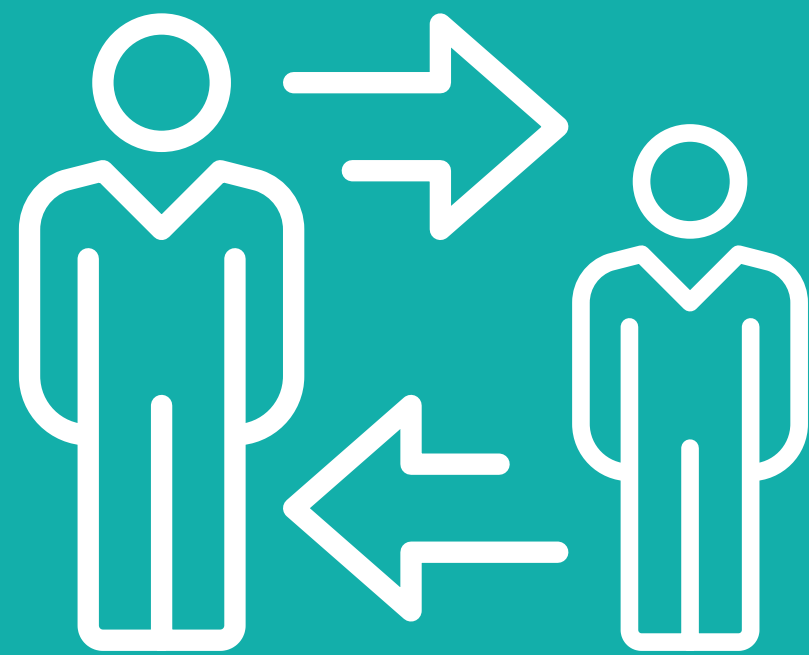


Out of a list of people and services, children and young people feel they can trust their family the most.

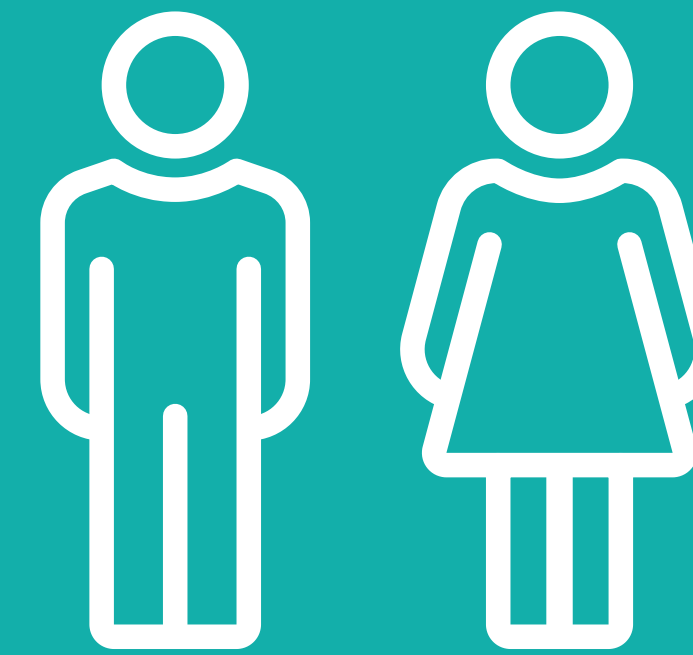


When asked why they feel they can't trust people or services top reasons were:

- nothing will be done
- help isn't given
- negative news stories
- past experiences
- do not feel listened to
- not given the opportunity to speak up

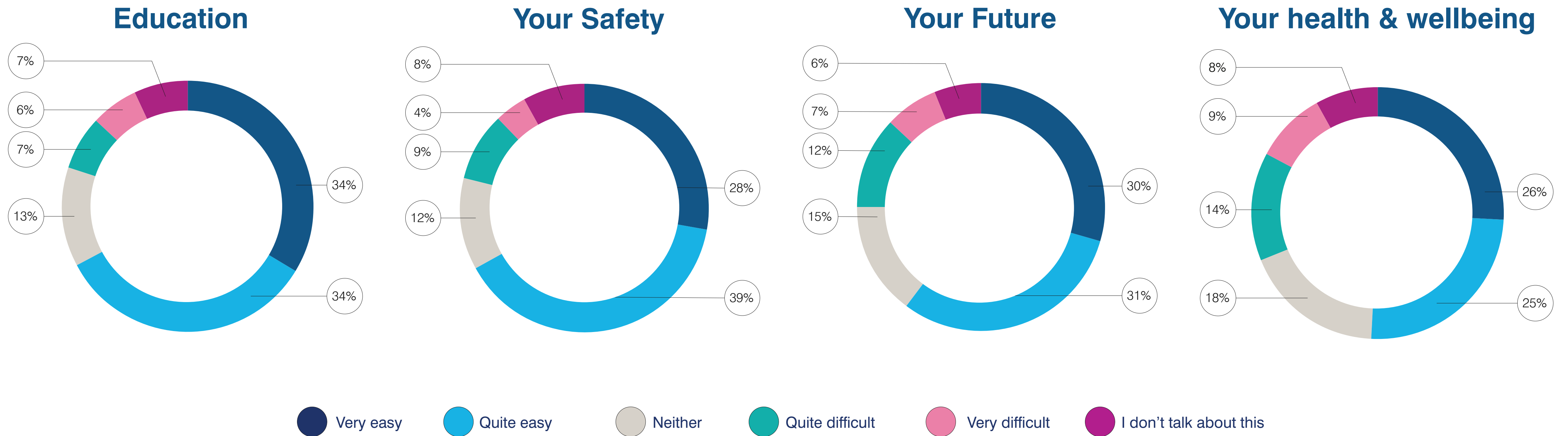


Young males felt they could trust people and services more than young females can.



Speaking out

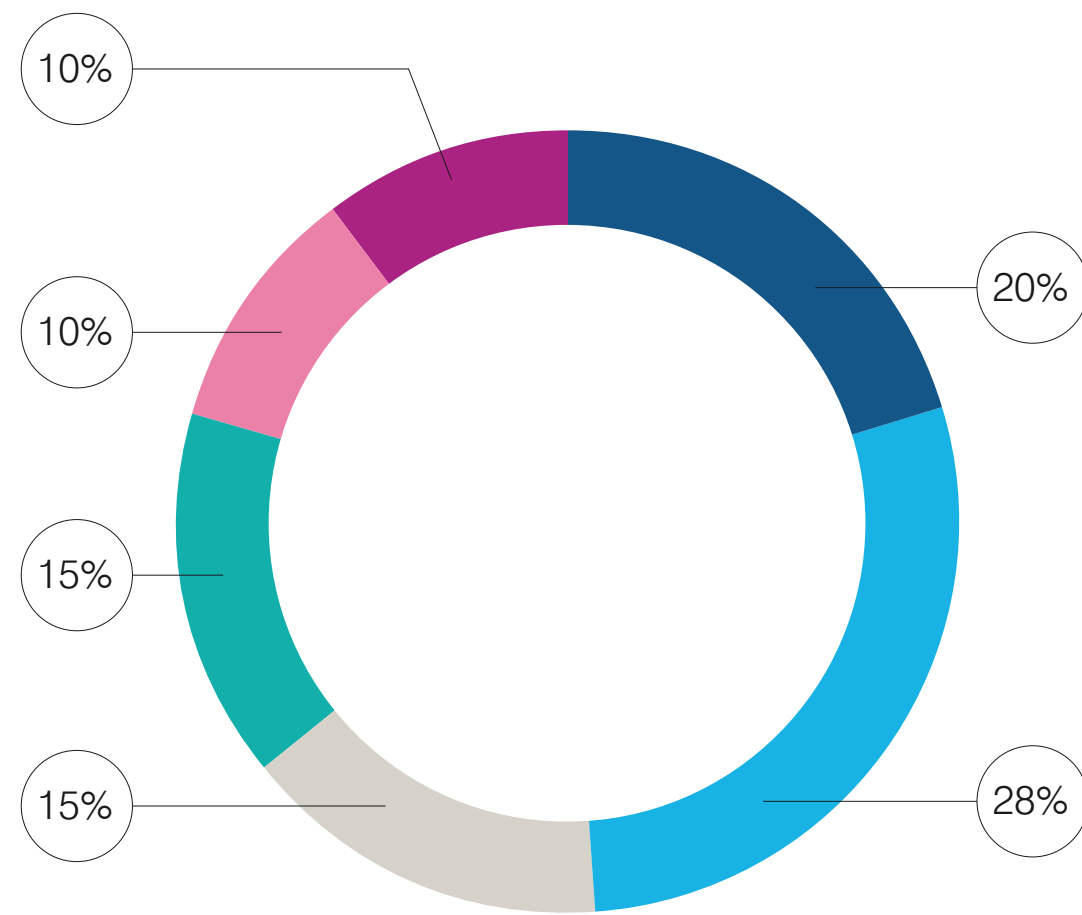
How easy do you think it is to have a say or speak out about the following things?



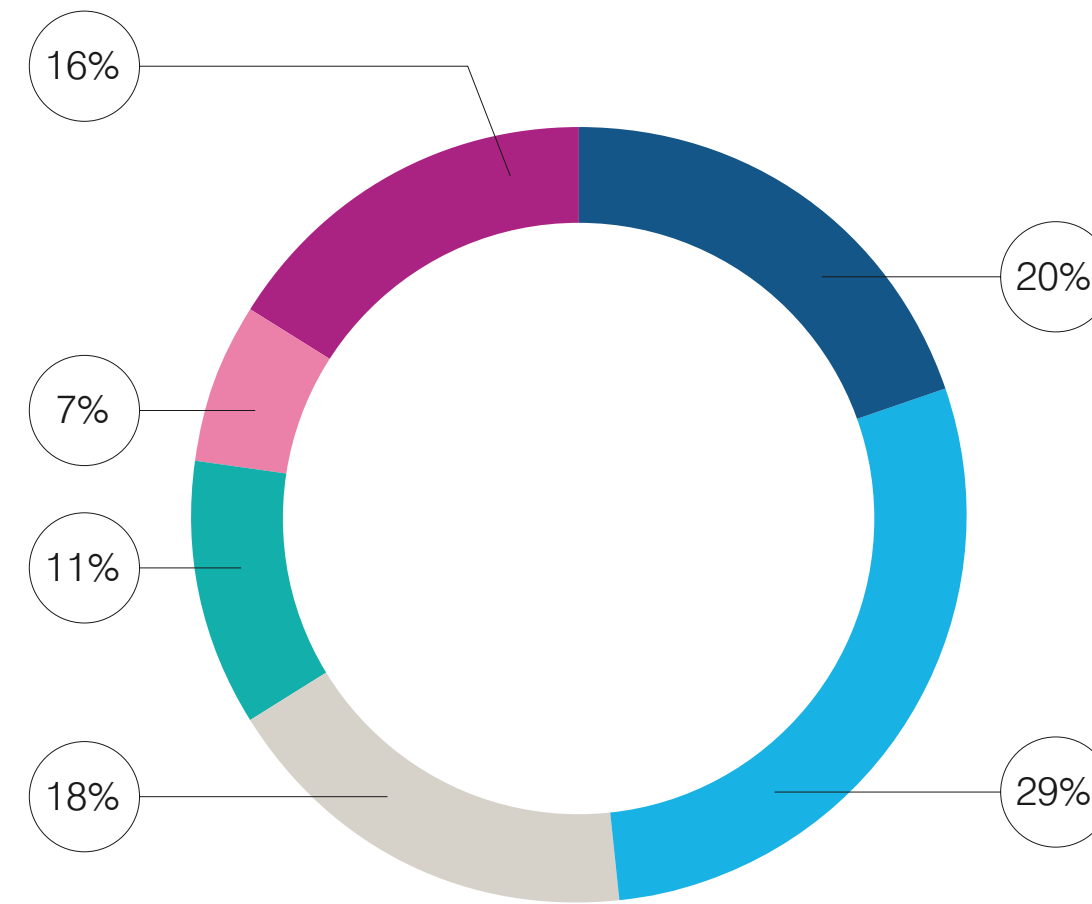
Speaking out

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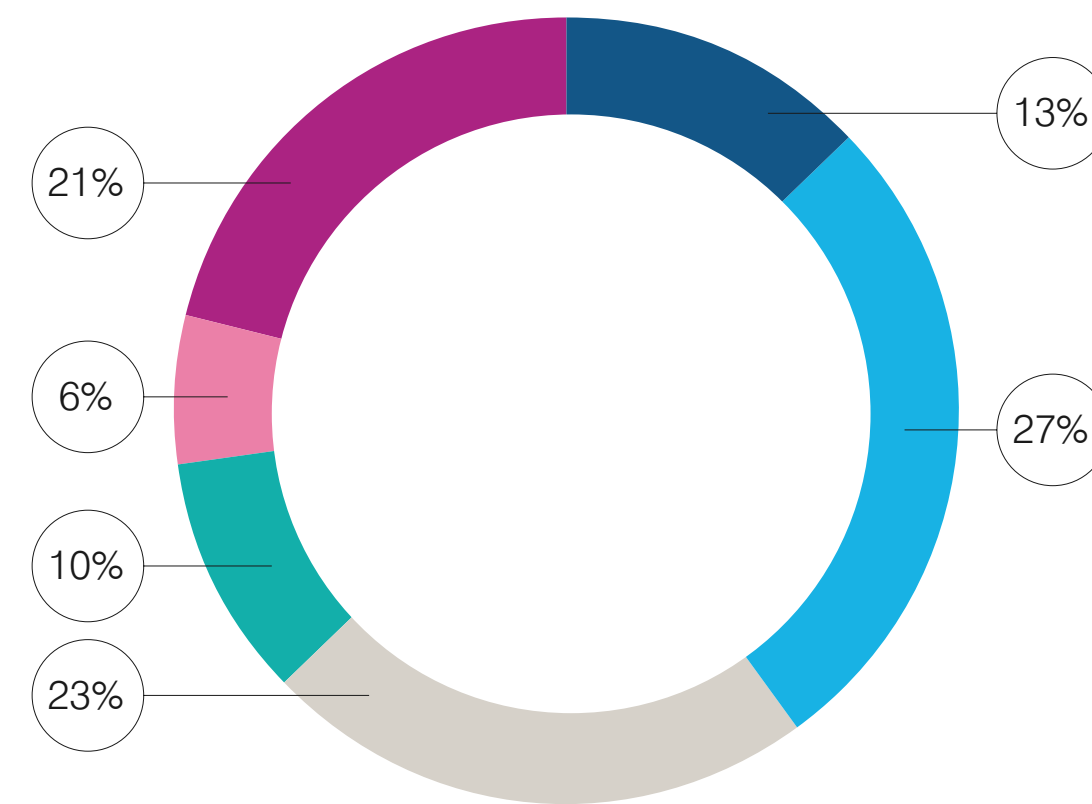
Bullying



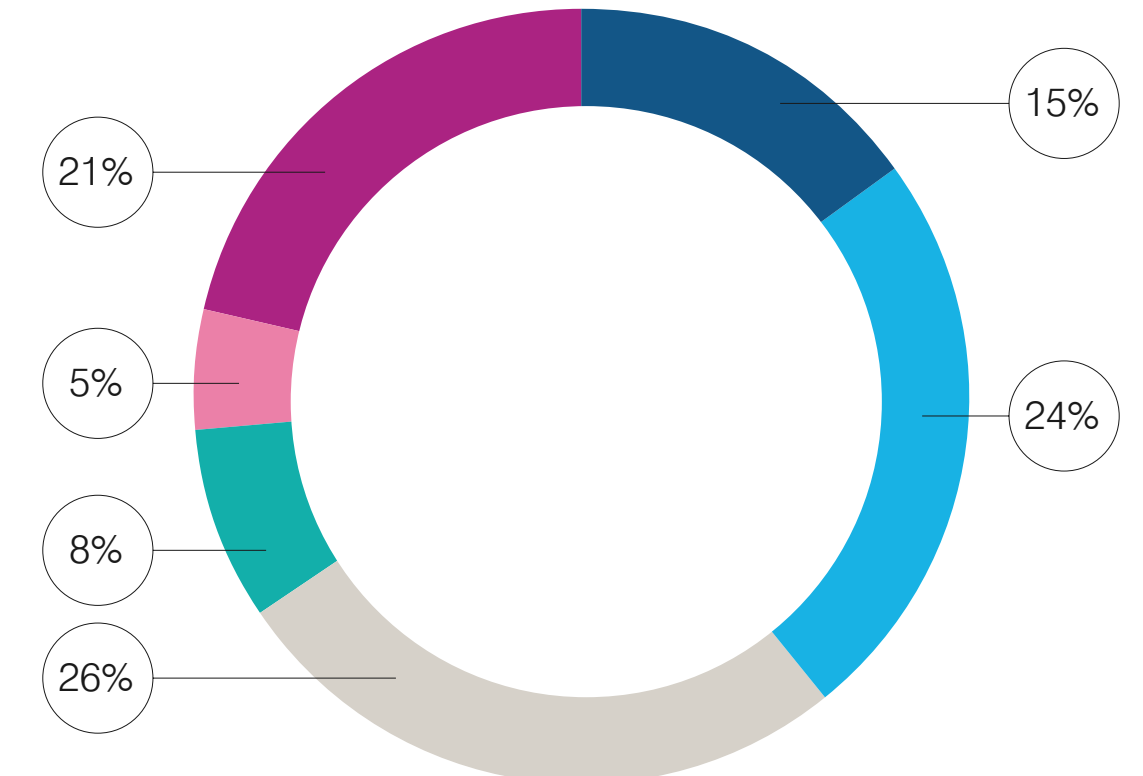
Your local area



Services for children and young people



Children's right



Very easy
 Quite easy
 Neither
 Quite difficult
 Very difficult
 I don't talk about this



Health



71% of respondents said they were happy about their health overall, and this dropped to 51% when we asked about their mental health.



When asked about what being healthy meant to children and young people, the top selected elements were sport and exercise, healthy food, getting enough sleep, and doing things they like.

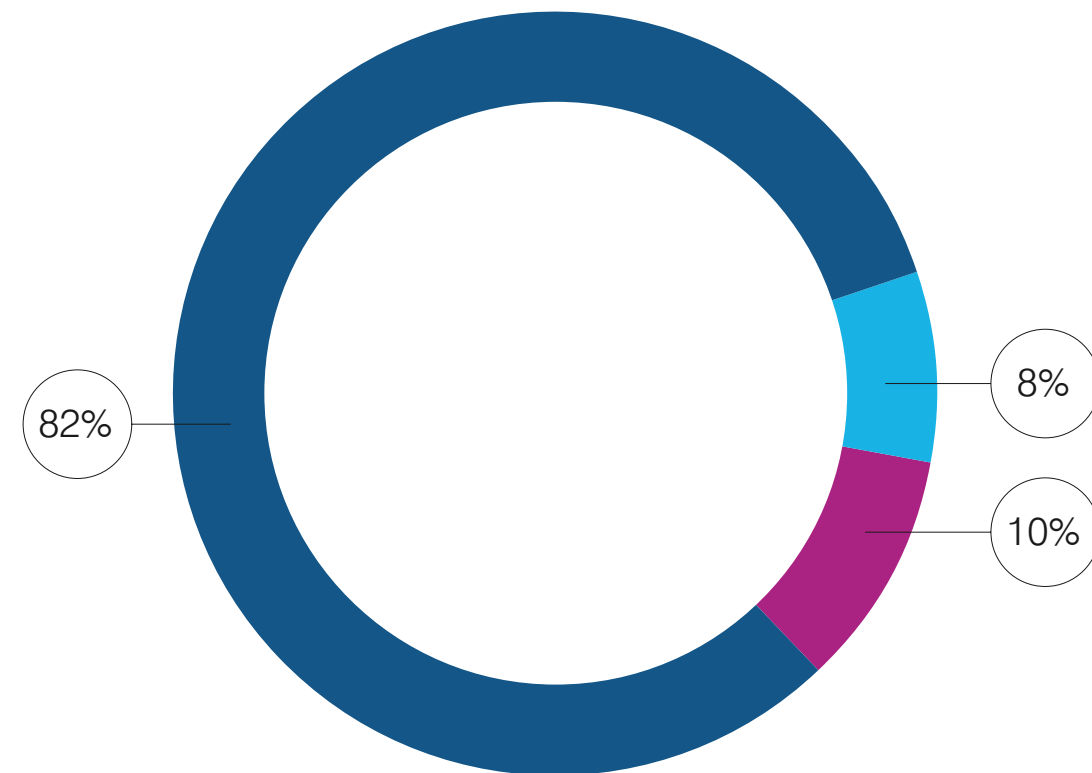


Southampton's admission rate for alcohol-specific conditions and substance abuse for children and young people is significantly higher than the England average.

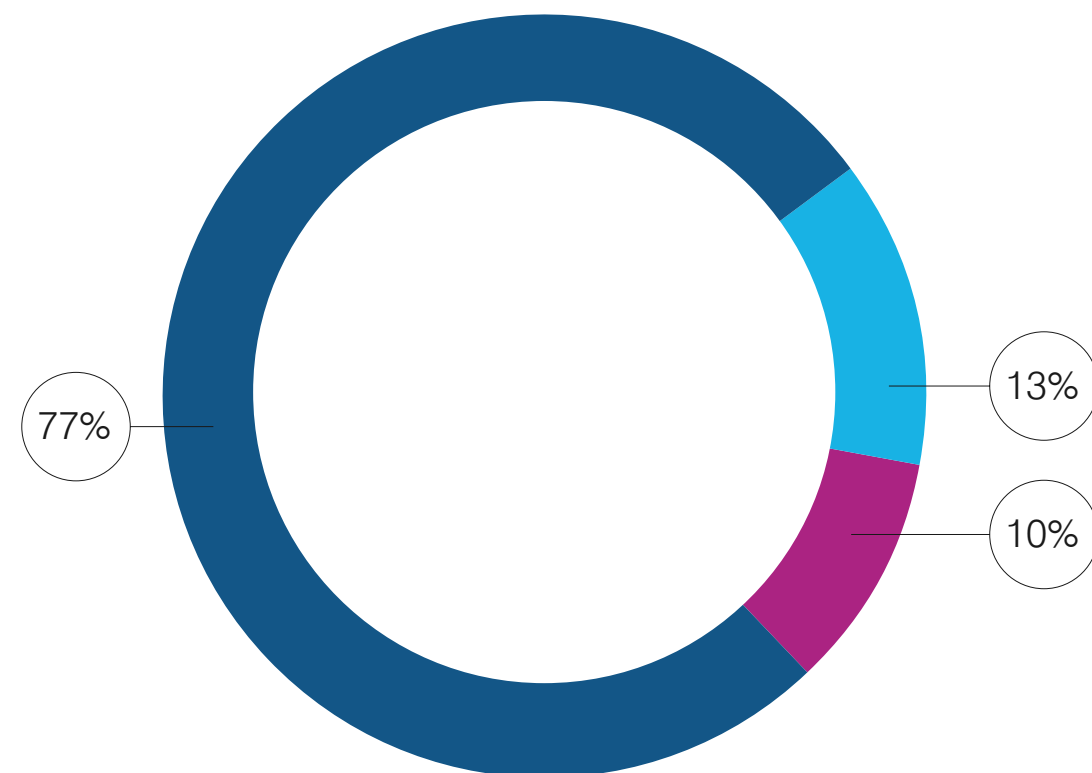
Feelings

How do you feel about...

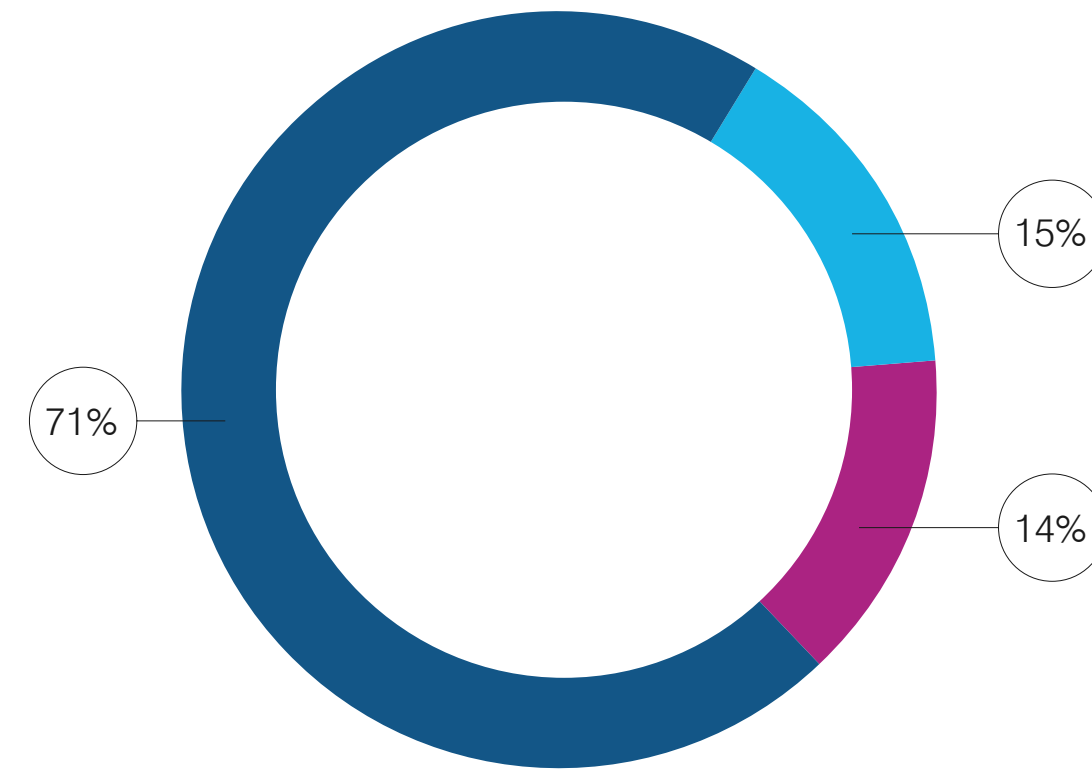
Your relationships with your family



Your relationships with your friends



Your health

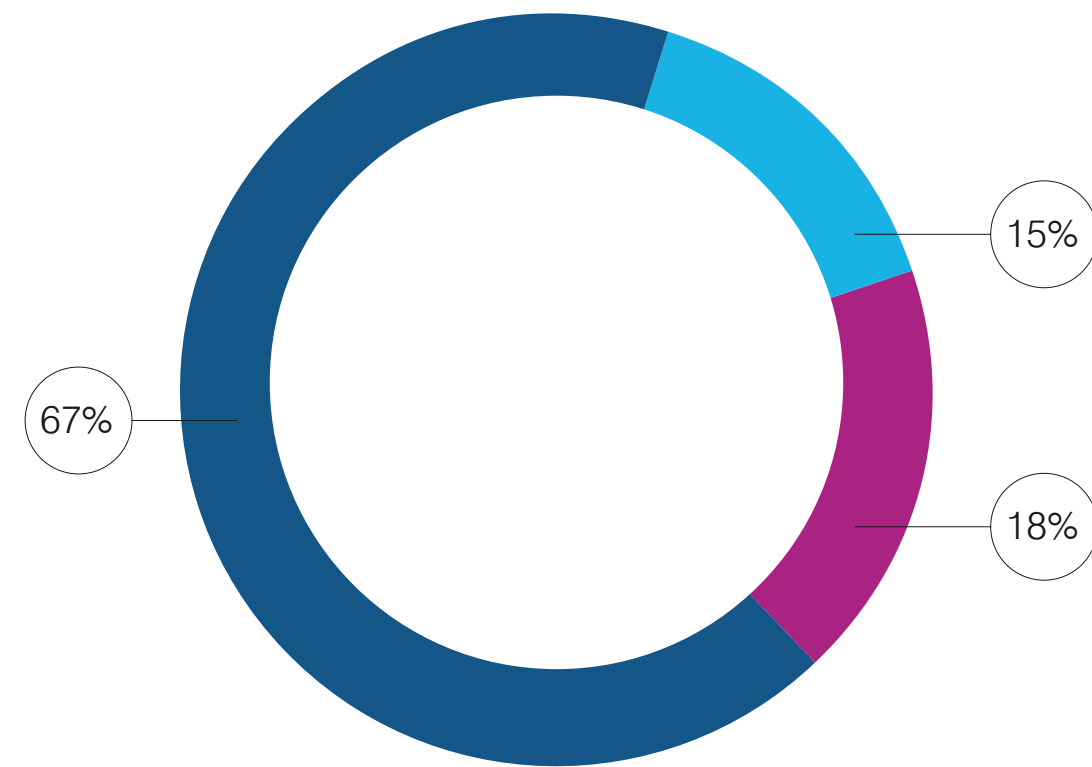


● Happy total ● Neither ● Sad total

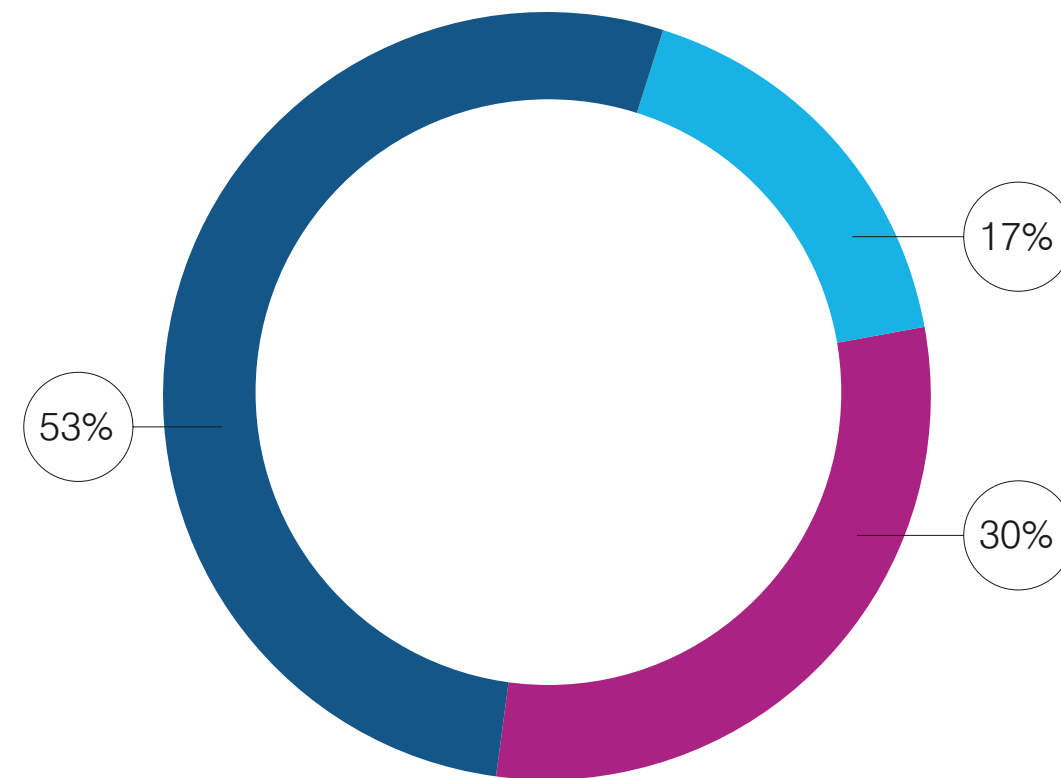
Feelings

How do you feel about...

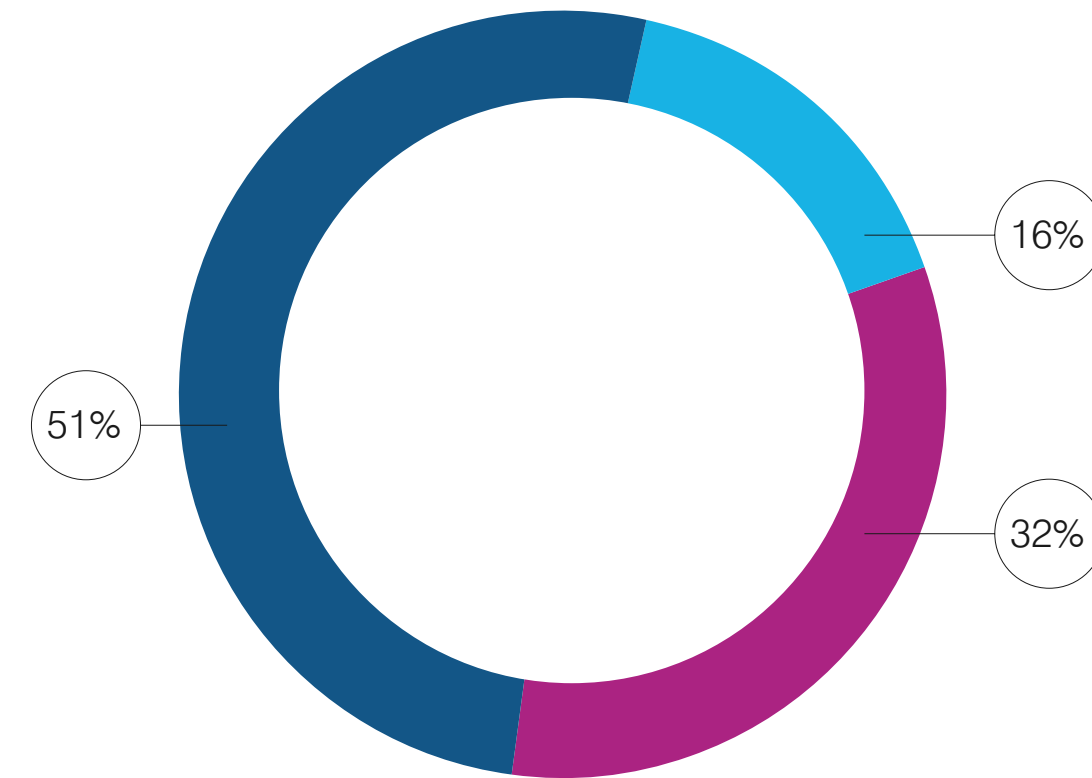
Your life as a whole



Your appearance



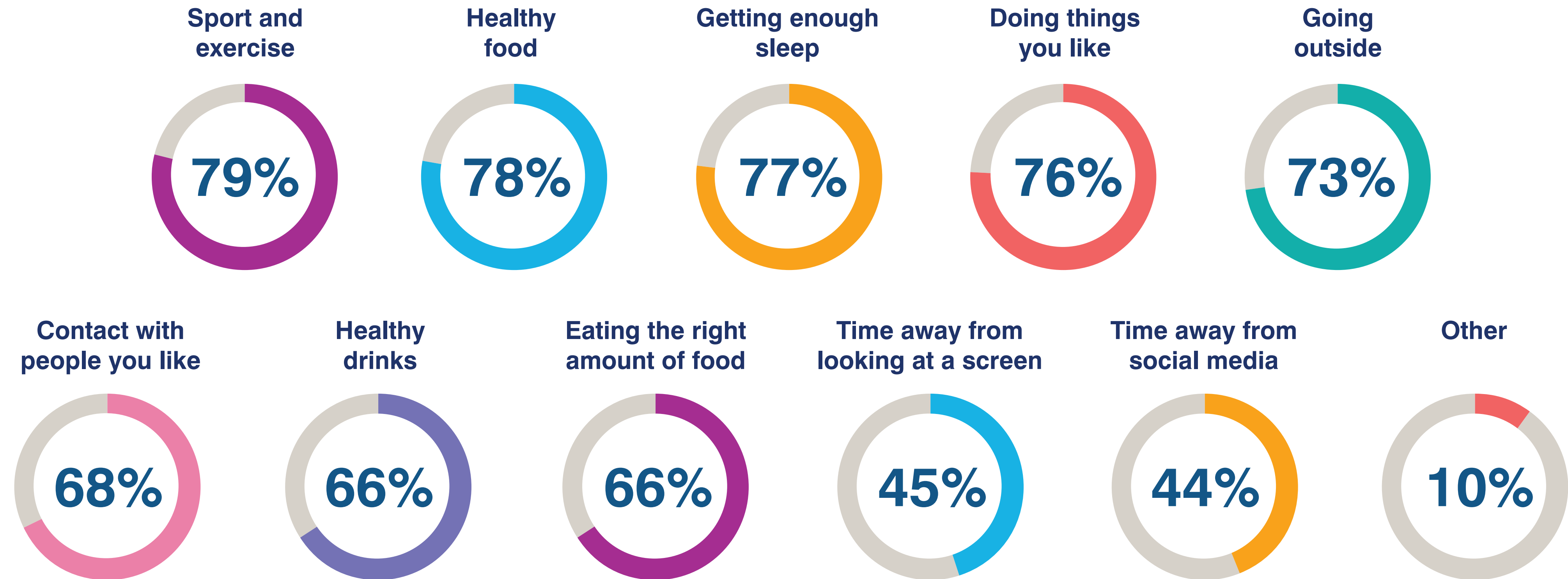
Your mental health



● Happy total ● Neither ● Sad total

The meaning of health

What does being healthy mean to you?





Feeling equal and treated fairly



Respondents from minority ethnic groups told us they were more frequently treated unfairly or judged based on their race and their religion or belief, compared to those from white ethnicities.



Respondents who had disabilities or SEND told us that they were more frequently judged or treated badly based on disability, compared to any other demographic breakdown.



Males told us that they felt more comfortable compared to females in all settings apart from libraries.

