

# The month ahead @ Sholing Juniors

“Achieving together”

Sholing Junior School



'Achieving Together'

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Date: September – October 2024

Issue: 1

INSET days:

9 <sup>th</sup> Oct	23 <sup>rd</sup> Oct	16 <sup>th</sup> Oct	24 <sup>th</sup> Oct	25 <sup>th</sup> Oct	31 <sup>st</sup> Oct	28 <sup>th</sup> – 1 <sup>st</sup> Nov
Individual / Sibling photos Book fair from 9 <sup>th</sup> – 14 <sup>th</sup> October	Flu vaccines	Parents evening	Parents evening	INSET day and last day of half-term	Deadline for Year 7 applications	Half term break

25<sup>th</sup> October 24  
 4<sup>th</sup> November 24  
 6<sup>th</sup> January 25  
 24<sup>th</sup> February 25  
 4<sup>th</sup> July 25

**A message from the Senior Leadership Team:** Welcome to the first newsletter of the academic year. Hopefully, the new format will be easy to follow. The children have already shown us that they are working hard to increase their **independence** this term – including how they show that they are coming to school ready to learn. This is linked to our Monday assemblies when we look at a particular Learning Behaviour for the half term. Even simple things such as getting their own things ready for school, helping to plan a meal or choosing where to do their homework can help with this at home. Can you help your child to build their independence? Our Junior Travel Ambassadors are planning some upcoming activities to help increase cleaner, safer and more sustainable travel to school. Look out for their ideas but start walking, scooting and cycling when you can!

## Attendance Winners:

Week beginning 4<sup>th</sup> Sept:

**3T and 5A – 100%**

Week beginning 9<sup>th</sup> Sept:

**6GB – 100%**

Week beginning 16<sup>th</sup> Sept:

**6GB, 5N AND 4S – 95%**

Week beginning 23<sup>rd</sup> Sept:

**5N AND 4W – 98%**

## Lunchtime Supervisor's Golden Table Winners

Albi P (Y3)

Annabelle M (Y6)

Olivia E (Y6)

Victoria R (Y4)

Congratulations to these winners!

## Flu immunisation

On October 2<sup>nd</sup> your child will be bringing home a booklet for booking the flu immunisation.

You will need to complete this whether you opt in OR out.

This form will also be available digitally on Parentmail from October 2<sup>nd</sup>.

We also have these booklets available in other languages if needed.

## New collection arrangements

We have decided to make some slight changes to pick up locations.

Year 3 – from the food hall door located on the North playground

Year 4 – South playground

Year 5 – South playground

Year 6 – from 6BG classroom located on the North playground

There will always be staff located on both gates if you are unsure where to go. Please ensure you are letting staff know if there are any changes with your collection arrangements.

## Year 5 Swimming

5A – week commencing 23<sup>rd</sup> September

5D – week commencing 30<sup>th</sup> September

5N – week commencing 7<sup>th</sup> October

Please refer back to the Parentmail for further information.

## Lunches / healthy snacks

At Sholing Juniors we actively encourage healthy eating and making healthy choices in the food we eat. If your child chooses to eat a packed lunch, please send them with a balanced lunchbox including fruit and vegetables and water. We are a nut free school, so anything nut based including chocolate and hazelnut spread and peanut butter cannot be included. If you're finding it hard to get inspired for different lunches, some delicious, interesting packed lunch choices can be found at <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

Please remember that, for only £2.48, you have the option to purchase a healthy, balanced school meal via your Schoolgrid account. If you are ordering a lunch, it is helpful for the kitchen to know well in advance. Please place orders by 9am at the latest. After a certain time we are locked out from placing orders, if this happens and you haven't ordered you may have to drop a packed lunch in for your child.

## Water bottles

From September 2024 we are no longer providing or selling water bottles. The demand for them was not high enough and we felt that children preferred to have their own provided from home. If you would like to discuss this further, then please contact the school office.

## Supporters of Sholing

A Parentmail was sent recently regarding the ASDA Cash Pot for schools Campaign. We are so grateful for the support shown so far. We have raised a significant amount.

Stikins – We have now registered for the Stikin fundraising scheme. Our school fundraiser number is 17910. Stikin name labels are multipurpose name tag. The unique adhesive means Stikins name labels simply stick on and stay on - no sewing or ironing required - so you can label everything in minutes.

## Achievements and Celebrations

We are always thrilled to hear about any achievements your child has made out of school. If you would like us to share these with the school in the Newsletter then please email [info@sholing-jun.co.uk](mailto:info@sholing-jun.co.uk) writing Newsletter in the subject heading.

## Clubs

We are excited to confirm some of the after-school clubs that will be offered this term. Clubs will be offered most nights with the opportunity for children in all year groups to participate (subject to spaces). Please see the attached flyers for more details.

HAPPY FEET AFTER SCHOOL CLUB  
*Street Dance*  
EVERY THURSDAY  
SHOLING JUNIOR SCHOOL  
3.30PM - 4.30PM  
£5  
CONTACT US FOR MORE INFORMATION & SIGN UP INQUIRIES -  
HAPPYFEETDANCEUK@GMAIL.COM  
07432839586



Big Mouth Theatre  
bigmouththeatre.com  
hello@bigmouththeatre.com  
01489 786691

*"I LOVE Big Mouth Club!"* Jessica, aged 6.

We'll make a crew out of those landlubbers at Sholing Junior School as **Big Mouth Theatre** after school club set sails for stormy waters to follow this half term's fun-filled theme of...



Your child could join the ranks of the Jolly Roger and enjoy the many adventures we have in store! Always wanted to learn how to talk like Jack Sparrow? Our old seadogs will teach 'yer! Ever wondered what Neverland's really like? Join Peter Pan as we journey through our imaginations! We'll even get to interview our very favourite pirate characters! Our session plans are produced in-house, which allows for fun, yet structured and inclusive sessions and they are guaranteed to have a great time building their **confidence and self-esteem** at our after school drama club.

**Big Mouth Theatre** is a high-quality drama activity provider offering a range of non-competitive, structured sessions designed to enhance, support, and nurture your child's wellbeing. Dynamic age-appropriate games and fundamental acting activities are led by our trained and DBS-certified drama coaches to help enable your child to feel a sense of achievement and inclusion, resulting in a more confident, well-balanced, happy individual...

...because who doesn't want to see a smile on their child's face?

**Big Mouth Theatre** drama clubs will take place every Monday from 3:25pm - 4:25pm at Sholing Junior School commencing on 16<sup>th</sup> September. Subscriptions are payable half termly, in advance - that's just £36.00 for the **6 sessions**, taking us up to half term.

**If, after the 1<sup>st</sup> session, your child does not choose to join us on a weekly basis, simply let us know and we'll refund your payment!**

**It could not be easier to book a place on our clubs. Simply head to [www.bigmouththeatre.com](http://www.bigmouththeatre.com) and click Book Now! Alternatively, just scan the QR Code...**

Numbers are limited, so please do book early to avoid disappointment.

See you soon... **The Big Mouth Buccaneers**



# SOUTHAMPTON FC AFTER SCHOOL CLUBS

UK & INTERNATIONAL  
FOOTBALL  
PROGRAMMES

## Parents Guide

As a valued customer of Southampton FC, we wanted to give you some more details of what you can expect from your after-school club. Football equipment will be provided.



The aim for every club is to make them safe, fun & engaging using the clubs' unique philosophy and values.



All clubs are inclusive and will support and challenge players of all abilities. Every player will automatically be enrolled onto our player progression pathway.



All staff are FA/UEFA qualified, hold an enhanced DBS certificate and have relevant safeguarding and first aid qualifications.



Coaches will arrive at least 15 minutes before the session to sign in and set up.



Coaching ratios are 1:16 for all our clubs. Coaches will take a register every week and keep track of attendance.



All participants are expected to wear appropriate footwear and clothing when taking part in the club. This includes shin pads.



Sessions will follow our dedicated curriculum that includes fun warm ups, ball mastery and small sided games.



All of our coaches will receive ongoing training and observations to ensure that we maintain our high standards.



[coaching.southamptonfc.com](http://coaching.southamptonfc.com)



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MILLIONS IN USE

SUPPLIED SINCE 2003



One easy name label with multiple uses for all kinds of personal items, including clothes and shoes.

Stikins®  
Actual Size



Only apply Stikins onto the wash-care label of clothes, never directly onto the fabric or any other label.

	Packs	2024	
We print labels every working day up to 3pm & send them out same day by first class post.	120 STIKINS® Name Labels - N120	£16.20	Prices include VAT & UK delivery
	90 STIKINS® Name Labels - N90	£13.80	
	60 STIKINS® Name Labels - N60	£10.80	
	30 STIKINS® Name Labels - N30	£7.80	

Order online at [www.stikins.co.uk](http://www.stikins.co.uk) - Pay by Credit/Debit Card, PayPal, or Apple Pay  
Order by phone on 01270 668076 - Pay by Credit/Debit Card

Fundraising Number

If your school has a fundraising number, please use it when you order.  
(Schools earn 30% commission)

A message from The Re:Minds Group

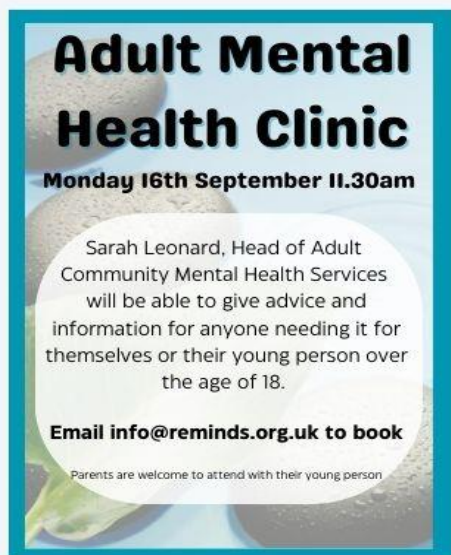
Please find attached details of what's happening at Re:Minds next week.

I have also attached a poster of our dates for support groups in the respective areas and a little bit of info about our support groups. Please use these to inform your parents and direct them to us should they need additional support around autism, adhd, mental health and anything else that we can help with. If you're not sure, please ask!!

Our aim is to help your parents/carers feel better supported and hope that this can be achieved when we work together.

# Next week at Re:Minds...

## 16th - 20th September 2024



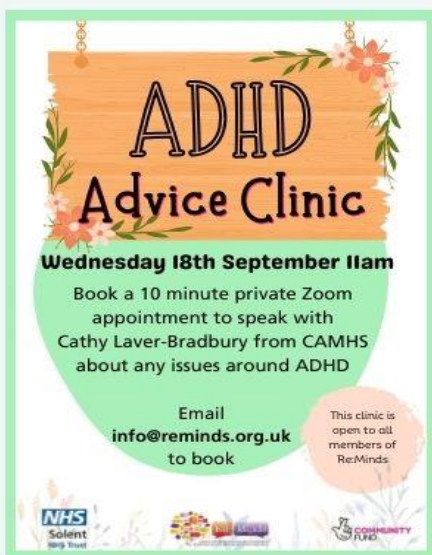
**Adult Mental Health Clinic**  
**Monday 16th September 11.30am**

Sarah Leonard, Head of Adult Community Mental Health Services will be able to give advice and information for anyone needing it for themselves or their young person over the age of 18.

**Email [info@reminds.org.uk](mailto:info@reminds.org.uk) to book**

Parents are welcome to attend with their young person

NHS Solent NHS Trust



**ADHD Advice Clinic**  
**Wednesday 18th September 11am**

Book a 10 minute private Zoom appointment to speak with Cathy Laver-Bradbury from CAMHS about any issues around ADHD

Email [info@reminds.org.uk](mailto:info@reminds.org.uk) to book

This clinic is open to all members of Re:Minds

NHS Solent NHS Trust



**Thornhill Support Group**  
**Friday 20th September 10am**

A chance to talk to other parents/carers and get advice & support

You can also access the book & sensory library on request

**St Christopher's Church**  
Pepys Avenue  
Thornhill  
SO19 6PJ  
Parking available on site

NHS Solent NHS Trust

Please email [Info@reminds.org.uk](mailto:Info@reminds.org.uk) to book your space at one of the clinics or see the 'Events' section on Facebook for the booking form. You will have at least 10 minutes in a private session, held virtually via Zoom.



with thanks to



# Sholing Support Group



A chance to talk to other parents/carers with neurodiverse children and/or mental health issues who are in similar situations and get advice & support

## Friday 4th October 10am

(preschool age children/babies welcome)

## Friday 8th November 10am

(adults only please)

Face-to-Face Meetings take place at:

**St Mary's Church Community Room (to the right of the church)  
St Monica Road, Sholing, Southampton, SO19 8ES**

Adults only please unless specified

This venue has free parking and is accessible  
Refreshments are provided

