|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
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| **Nursery** | **Me and My Relationships**I am special and people who are special to me. | **Valuing Difference**Friends, Family and Including everyone | **Keeping Myself Safe**People who keep me safe, Staying safe indoors and outdoors, What’s safe to go into my body | **Rights and Responsibilities**Looking after myself, others and the environment **Being My Best**What does my body need?  | **Being My Best**I can do it! | **Growing and Changing**When I was a baby.Girls, Boys and familiesGrowing and changing in nature |
| **Reception** | **Me and My Relationships**What makes me special Me and my special peopleWho can help me?My feelings | **Valuing Difference**Same and differentFamiliesSame and different homesKind and Caring | **Keeping Myself Safe**What is safe to go onto my body?Keeping myself safe (medicines)Staying safe indoors and outdoors.Online safetyPeople who keep me safe | **Rights and Responsibilities**Looking after my special people and my friendsBeing helpful at homeCaring for our worldLooking after money**Being My Best**Yes I canHealthy EatingHealthy mind | **Being My Best**Move your bodyA good night’s sleep | **Growing and Changing** SeasonsLife stages , life stages, who will I be?Where do babies come from?Getting biggerMe and My body – girls and boys |
| **Year 1** | **Me and My Relationships**Why we have rulesFeelingsOur special peopleFriendsHow are you listening? | **Valuing Difference**Same or different?Unkind, tease or bully?Who are our special people?It isn’t fair!**Keeping Myself Safe**Who can help? | **Keeping Myself Safe**Good or bad touchesSharing pictures**Rights and Responsibilities**Harold's wash and brush upAround and about the school | **Rights and Responsibilities**Taking care of somethingHarold's moneyHow should we look after our money?**Being My Best**I can eat a rainbowEat wellCatch it! Bin it! Kill it!Harold learns to ride his bike | **Being My Best**Pass on the praise!Harold has a bad day**Growing and Changing**Surprises and secretsKeeping privates private | **Growing and Changing**Inside my wonderful bodyThen and nowWho can help? |
| **Year 2** | **Me and My Relationships** How are you feeling today?Bullying or teasing?Don’t do that! Types of bullyingBeing a good friend | **Valuing Difference**What makes us who we are?How do we make others feel?Special peopleWhen someone is feeling left out**Keeping Myself Safe**I don’t like that | **Keeping Myself Safe**Fun or not?Should I tell?Some secrets should never be kept.**Rights and Responsibilities**Getting on with others | **Rights and Responsibilities**When I feel like eruptingFeeling safeEnvironmentPlaying games**Being My Best**You can do it!My day | **Being My Best**Harold's postcard - My body needs…**Growing and Changing**A helping handHaven't you grown | **Growing and Changing**My body, your bodyRespecting privacyBasic first aid |
| **Year 3** | **Me and My Relationships**As a ruleMy special petLooking after our special peopleDan’s DareFriends are special | **Valuing Difference**Families and friendsRespect and challenge Friends and neighboursCelebrating differencesZeb | **Keeping Myself Safe**Safe or unsafe?None of Your BusinessHelp or harm?**Rights and Responsibilities**Helping each other to stay safe | **Rights and Responsibilities**Our helpful volunteersHarold's environment projectRecount taskCan Harold afford it?**Being My Best**Derek Cooks DinnerPoorly Harold | **Being My Best**For or against?I am fantastic!Getting on with your nerveTop talents | **Growing and Changing**Relationship TreeBody spaceSecret or surprise |
| **Year 4** | **Me and My Relationships**Ok or not ok? (x2)Different feelingsWhen feelings change.Under pressure | **Valuing Difference**Can you sort it?IslandsWhat would I do?The people we share our world with**Keeping Myself Safe**Danger, risk, hazard? | **Keeping Myself Safe**How dare you!MedicinesKnow the norms**Rights and Responsibilities**Who helps us stay healthy and safe? | **Rights and Responsibilities**It’s your rightHow do we make a difference?In the NewsSafety in numbers**Being My Best**What makes me ME!Making choices | **Being My Best**SCARF hotelHarold’s 7 RsBasic First aid**Growing and Changing** **RSE -** My feelings are all over the place | **Growing and Changing** **RSE** All change**RSE** Preparing for changes at pubertyTogether |
| **Year 5** | **Me and My Relationships**Give and takeHow good a friend are you?Relationship Cake RecipeOur emotional needsCommunication | **Valuing Difference**Happy Being MeThe land of the Red PeopleIs it true?It could happen to anyone**Keeping Myself Safe**Spot bullying | **Keeping Myself Safe**Decisions dilemmasPlay, like, shareWould you risk it?Smoking: what is normal? | **Rights and Responsibilities**Fact or opinion?Rights, responsibilities and dutiesSpending wiselyLend us a fiver!Local councils**Being My Best**My school community | **Growing and Changing****RSE -** Changing bodies and feelings**RSE -** Growing up and changing bodies**Being My Best**Getting fitIt all adds up! | **Growing and Changing**How are they feeling?Our feelingsStop, start, stereotypes |
| **Year 6** | **Me and My Relationships**Working TogetherLet’s negotiateFriendship problemsBehave yourselfDon’t force meActing appropriately | **Growing and Changing** Helpful or unhelpful?I look greatMedia manipulation**RSE -** making babies**RSE -** Is it normalPressure onlineDear Ash | **Valuing Difference**Ok to be differentWe have more in common than notRespecting differencesTolerance and respect for others Challenging gender stereotypes | **Keeping Myself Safe**Think before you click!Traffic LightsTo share or not to share?What sort of drug is…?Alcohol | **Being My Best**WellbeingWhat’s the risk?(x2) | **Rights and Responsibilities**Two sides to every storyFakebook friendsJobs and taxesDemocracy |