

PSHE LEARNING JOURNEY

Valuing Difference: What is prejudice?

Rights and Respect: How can somebody keep healthy when using social media?

Growing & Changing: What can affect the way someone feels about themselves?

Secondary School

Year 6

Me and My Relationships: What is a bystander?

Keeping Safe: What might happen if someone's emotional needs aren't met?

Being my Best: How can problems, challenges and barriers be overcome?

Growing & Changing: What changes can someone experience?

Rights and Respect: Are rights and responsibilities the same?

Valuing Difference: Is posting online healthy or harmful?

Being my Best: How does someone become more independent as they get older?

Keeping Safe: What risky situations can happen online?

Me and My Relationships: Do we all have the same emotional needs?

Year 5

Valuing Difference: Can people being different be positive?

Rights and Respect: Can one person make a difference to the environment?

Growing & Changing: How is my body changing?

Year 4

Me and My Relationships: How can you tell how someone else is feeling?

Keeping Safe: What can people do to reduce risk in a situation?

Being my Best: What choices help to keep me healthy?

Growing & Changing: What is personal space?

Rights and Respect: Is fact the same as opinion?

Valuing Difference: Are all families the same?

Being my Best: How do I achieve my goals?

Keeping Safe: Can a risky situation be changed?

Me and My Relationships: Can people disagree and still be friends?

Year 3

Valuing Difference: What can you do if you feel left out?

Rights and Respect: Why is it important to feel calm and settled?

Growing & Changing: What helps us to

Year 2

Me and My Relationships: What is bullying?

Keeping Safe: Are secrets safe?

Being my Best: What can you do if you find something difficult?

Growing & Changing: What is a trusted adult?

Rights and Respect: Who needs to be looked after?

Valuing Difference: How are people different?

Being my Best: How have your ideas helped you?

Keeping Safe: How many different feelings do we have?

Me and My Relationships: Do we have the same feelings?

Year 1

Valuing Difference: How are people different?

Rights and Respect: How can I help?

Growing & Changing: Who will I be?

EYFS

Me and My Relationships: What makes me special?

Keeping Safe: What is safe?

Being my Best: What should I eat