

Sir William Stanier - GROWTH Curriculum 2025 - 2026										
		Year 7		Year 8		Year 9		Year 10	Year 11	
1	Tolerance & Respect: Celebrating differences	What is Personal Development?	Tolerance & Respect: LGBTQ+ Explored		Relationships & Sex Education: Sex, the law and consent		Health & Well-Being: Mental wellbeing		Relationships & Sex Education: Sexual Health	Child on Child Abuse
2		What is your identity?		Sexual Orientation		Upskirting		Child Sexual Abuse (CSE)		Fertility - what impacts it?
3		Nature Vs Nurture		LGBTQ+		Female Genital Mutilation and the law		Screen Time & Safe use of Mobile Phones		Alcohol, Parties and Bad Choices
4		Breaking Down Stereotypes		Hate Crime in the UK		Sexual consent & Law		Self Harm (Causes and Support available)		Importance of Sexual Health
5		Multicultural Britain		Homophobia in society & challenging Homophobia		Delaying sexual activity		Why is life valuable?		Revisiting Contraception
6		Prejudice and Discrimination		Coming out and supporting someone		Relationships and partners		Suicide (Thought and Feelings)		Revisiting STI's
7		Challenging Islamophobia & Assessment		Transphobia / Assessment		What are Sexually Transmitted Infections? / Assessment	World Awareness: Religion and world views	Key beliefs of the 6 major religions		Respect Love and Relationships
8		What is your community?				How Self Esteem Changes		Morality		Dealing with Exam Stess and Anxiety
9	Health & Wellbeing: Puberty and Body Development	Personal hygiene	Health & Wellbeing: Physical Health and Mental Wellbeing	Health & Wellbeing	Health & Wellbeing: Body Confidence	Body confidence		Religious festivals in the UK	Health & Wellbeing: Should religion be linked to medical issues?	Mocks
10		Puberty for boys and girls		Child Abuse (Physical, Emotional and Neglect)		Bullying in all its forms		Does god exist?		Mocks
11		Growing Up, Menstruation and FGM		Bullying and how to respond		Healthy lifestyles and Cancer Prevention		Ethics and world views		Physical Health - Cancer (Testicular)
12		Dealing with unrealistic body expectations		What is Mental Health?		Anxiety, stress and despression		Assessment		Physical Health - Cancer (Cervical and Breast)
13		Assertivtness, Consent & Hormones		Positive Body Image		Promoting Emotional Wellbeing	Tolerance & Respect: What is prejudice and discrimination?	Exploring British Values through LGBT		Organ donation and Blood Donation
14		Self Esteem + Empowerment		Self-Harm		Critical thinking, Conspiracy and Fake News		What is a cult?		Pregnancy and IVF
15		Dealing with grief and loss		Healthy Eating and cholesterol	World Awareness: Combatting extremism and terrorism	Extremism & Radicalisation		Human Rights		Abortion
16		Importance of sleep and relaxation		Stress - What is it?		Terrorism/ Counter Terrorism		Humanist views of Prejudice and discrimination		Love and Abuse
17	Responsibility of Being an Active Citizen: Politics & Parliament	Why is politics important?	Responsibility of Being an Active Citizen: Law, crime and society	What are British Values?		Decision Making (Options)		Consumer protection and rights	Responsibility of being an Active Citizen: Staying Safe	Religious views on life after death
18		Assessment		Making decisions		Assessment		Modern Day Slavery		Drugs, Festivals and Nitrous Oxide
19		How is the country run?		Assessment		Anti- Semitism	Relationships & Sex Education: How important is marriage?	Marriage - What is it?		The War on Drugs
20		Setting up a Party & Campaigning		How are laws made in society?	Goals & Aspirations: Essential life skills	Failure to success		Honour Based Violence		The Religious Views on Drugs
21		Big Debates		Laws, Rules and Prison		Social Media and Online Stress		Forced Marriage + Breast Ironing + Flattening		Mocks
22		Exploring Parliament		The role of Volunteering		Improving Mental Health - Importance of Happiness		Domestic Abuse and Domestic Violence		Mocks
23	Goals & Aspirations: Managing Change	Proud to be me	Goals and Aspirations: Proud to be me	Careers interests and Jobs		Anger Management	Responsibility of being an Active Citizen: Online privacy and identity	Unhealthy Relationships, Sexual Assault and Rape	Goals & Aspirations: Preparation for adulthood	Cosmetic and Aesthetic procedures
24		Getting to know people		Boosting Self Esteem		Employment rights		Assessment		Active Citizen
25		Transition points in your life		Labour Market Information	Responsibility of being an Active Citizen: Legal and illegal drugs	Importance of saving money		Digital footprint & Instagram Generation		Democracy 1
26		Careers and your future		Exploring Careers		Drugs and their classifications		Targeted Advertising		Democracy 2
27		Financial Education		Employment and Financial Management		Cannabis Products		Social Media Validation		Time Management (Technology)
28	World Awareness: Staying Safe Online & Offline	Why not to join a gang	World Awareness: Dangerous society online and offline	Gang culture - What is county lines and who is at risk?		Illegal Drugs (Party Drugs)		Keeping your data safe		Social Media Validation Vs Reality
29		Staying Safe Online and Gaming		Substance Misuse		Volatile substance abuse	Toelrance & Respect: Is there ever a just war?	Online Pornography		Financial Literacy
30		Assessment		Assessment		Assessment		Peace, War, Conflict		The legal system in the UK
31		Drugs - Alcohol, Nicotine & E-Cigs		Grooming (Girls and boys)	Relationships & Sex Education: Contraception and STI's	Different types of addictions		Fairtrade and supporting other countries	GCSE'S	
32		Drugs - Shisha, Energy Drinks & Caffeine		Drugs - Alcohol and Society		Online Gambling		International organisations		
33		Why not to carry a knife		Cyber Bullying and online safety		Treating STI's & clinics		Does religion make you violent?		
34	Relationships & Sex Education: Friends, Respect and relationships	Masculinity in the 21st century		Child Exploitation		Contraception	Goals & Aspirations: Life Beyond School	Religious views on crime and punishment		
35		Managing Relationships	Relationships & Sex Education: Identity, relationships and sex education	What is Relationships and Sex Education?		Sexual Harassment & Stalking		CV Writing		
36		Friendships and kindness		Consent and boundaries		HIV and AIDS (Discrimination and Prejudice)		Mocks		
37		Respect and Relationships		Introduction to contraception		Sexting		Understanding a Payslip		
38		Peer Pressure and Influence		Periods and menstrual cycle		Sexualisation of the Media		Work Experience Prep		
39		Sports Day		Sports Day		Sports Day		Work Experience		