

Sir William Stanier - GROWTH Curriculum 2026 - 2027											
	Year 7		Year 8		Year 9		Year 10		Year 11		
1	What is Personal Development?										
2	Goals & Aspirations: Managing Change and Transition	Getting to know people	Tolerance & Respect: Equality, Identity and Inclusion	Equality, Respect and Inclusion	Health & Wellbeing: Confidence, Resilience and Wellbeing	How Self Esteem Changes	Health & Wellbeing: Mental Health, Wellbeing and Safeguarding	Screen Time & Safe use of Mobile Phones	Relationships & Sex Education: Adult Relationships and Sexual Health	Year 11 Post-16 Triage & FSQ	
3		Proud to Be Me		Understanding Protected Characteristics		Body Confidence		Self Harm (Causes and Support available)		Respect, Love and Relationships	
4		Managing Change and Transition (L)		Sexual Orientation: Respect and Inclusion		Mental Health- Anxiety		Suicide (Thought and Feelings)		Importance of Sexual Health	
5		Careers and Your Future (L)		Gender Reassignment and Respect		Promoting Emotional Wellbeing		Child Sexual Exploitation (CSE)		Revisiting STI's & Contraception	
6		Financial Education		Challenging Prejudice and Hate Crime		Healthy Lifestyles and Cancer Prevention		Human Rights		Recognising and Responding to Child-on-Child Abuse	
7	Tolerance & Respect: Identity, Diversity and Belonging	What is your identity?	Health & Wellbeing : Physical and Emotional Wellbeing	Creating an Inclusive Community	Relationships & Sex Education: Sex, the Law and Consent	Why is Life Valuable?	Tolerance & Respect: What is prejudice and discrimination? (Human Rights, Equality and Diversity)	Humanist Views of Prejudice and Discrimination	Should religion be linked to medical issues? (Medical Ethics and Physical Health)	Alcohol, Parties and Bad Choices	
8		What is your community?		What is Mental Health? Stress and Wellbeing		Relationships and Partners (including ending relationships)		Exploring British Values through LGBTQ+		Year 11 Growth Session around revision: The Importance and the How (CPH to plan)	
9		Nature vs Nurture		Positive Body Image & Boosting Self Esteem		Delaying Sexual Activity		Modern Day Slavery		Mocks	
10		Breaking Down Stereotypes		Social Media Validation vs Reality		Sexual Consent and the Law		What is a Cult?		Mocks	
11		Multicultural Britain		Bullying in All its Forms		Upskirting		Consumer Protection and Rights		Pregnancy, Parenting and IVF	
12	Assessment	Prejudice and Discrimination	Careers	Healthy Eating and Wellbeing	Assessment	Female Genital Mutilation and the Law	Relationships & Sex Education: Marriage, Abuse, Exploitation and Safeguarding	Marriage – What is it?	Responsibility of being an Active Citizen: Harm and Decision Making	Fertility - what impacts it?	
13		Challenging Islamophobia		Recognising Harm and Seeking Help (Self-harm and child abuse)		What are Sexually Transmitted Infections?		Unhealthy Relationships		Abortion	
14		Assessment		Year 8 Careers in the Curriculum morning- English		Assessment		Coercive Control and Healthy Relationships		Organ Donation and Blood Donation	
15		Personal hygiene + Growing up		Assessment		Failure to Succeed		Online Misogyny, Influencers and Healthy Masculinity		Testicular Cancer	
16		Puberty and Menstruation		What is Relationships and Sex Education?		Improving Mental Health – Importance of Happiness		Domestic Abuse and Violence		Cervical and Breast Cancer	
17	Health & Wellbeing: Growing Up and Wellbeing	Body Image and Self-Esteem	Relationships & Sex Education: Healthy Relationships, Boundaries and Consent	Healthy Relationships, Consent and Boundaries	Goals & Aspirations: Life Skills and Independence	Social Media and Online Stress	Goals & Aspirations: Life Beyond School	Honour-Based Violence	World Awareness: Religion, Ethics and World Views	Religious views on life after death	
18		Assertiveness, Consent and Hormones		Periods and menstrual cycle (gynaecological health, including endometriosis and menopause)		Decision Making DCH (Options)		Forced Marriage		Exam Preparation Programme (P1-3)	
19		Sleep and relaxation		Introduction to Contraception		Options Choices Triage / Anger Management		Sexual Assault and Rape (including Strangulation)		Responsibility of being an Active Citizen: Harm and Decision Making	
20		Year 7 French Production		Fertility, Pregnancy and Reproductive Choices		Importance of Saving Money		CV Writing		Drugs, Festivals and Nitrous Oxide	
21		Grief and loss		Cyber Bullying and Online Safety		Employment Rights		Mock Interview Prep		The War on Drugs & The Religious Views on Drugs	
22	Relationships & Sex Education: Friendships, Respect and Belonging	Friendships, Kindness and Respect	World Awareness: Risk, Exploitation and Personal Safety	Grooming (Girls and Boys)	Responsibility of being an Active Citizen: Online Safety, Gambling and Addiction	Different Types of Addictions	World Awareness: Religion, Ethics and World Views	Mock Interviews / Financial Literacy	Goals & Aspirations: Intervention and Preparing for GCSE Exams	Cosmetic and Aesthetic procedures	
23		Managing Relationships		Child Exploitation		Drugs, classifications and cannabis		Key Beliefs of the 6 Major Religions		Mocks	
24		Peer Pressure and Influence		Substance Misuse		Party drugs and volatile substance abuse		Religious Festivals in the UK		Mocks	
25		Masculinity in the 21st Century		Drugs – Alcohol and Society		Online Gambling		Does God Exist?		Mocks	
26		World Awareness: Personal Safety Online and Offline		Gang Culture – County Lines		Year 9 Careers in the Curriculum- Science		Morality		Mocks	
27	Careers	Staying Safe Online and Gaming	Responsibility of Being an Active Citizen: Law, crime and society	What are British Values?	World Awareness: Combatting extremism and terrorism	People Are Groomed into Illegal Online Activity	Responsibility of being an Active Citizen: Privacy, Identity and Online Safety	Ethics and World Views	Goals & Aspirations: Intervention and Preparing for GCSE Exams	Year 11 Students will be placed into intervention groups to support Year 11 GCSE Exams	
28		Year 7 Careers in the Curriculum morning- Maths		What is an Active Citizen?		Critical thinking, Conspiracy and Fake News		Digital Footprint & Instagram Generation		Mocks	
29		Drugs – Alcohol, Nicotine and E-Cigs		Making Responsible Decisions		Extremism & Radicalisation		Social Media, AI and Digital Reality		Mocks	
30		Why Not Join a Gang?		How are Laws Made in Society?		Anti-Semitism		Targeted Advertising		Mocks	
31		Why Not Carry a Knife?		Laws, Rules and Prison		Terrorism and Counter Terrorism		Keeping Your Data Safe		Mocks	
32	World Awareness: Personal Safety Online and Offline	Democracy: What is democracy?	Goals and Aspirations: Careers and Future Pathways	Youth Justice, Rights and Responsibilities	Relationships & Sex Education: Healthy Choices and Sexual Safety	The Legal System in the UK	Tolerance & Respect: Conflict, Justice and Global Responsibility	Online Pornography	Tolerance & Respect: Conflict, Justice and Global Responsibility	Peace, War and Conflict	
33		Why is politics important?		What are Enterprise Skills?		Sexualisation of the Media		International Organisations & Fairtrade and Supporting Other Countries		Does Religion Make You Violent?	
34		How is the UK run? (Government and the Rule of Law)		Year 8 Uni Facts Higher Horizons Mini Programme		Sexual Harassment and Stalking		Does Religion Make You Violent?		Mocks	
35		Exploring Parliament		Careers interests, jobs and exploring careers		Sexing and Sextortion		Religious Views on Crime and Punishment		Work Experience Preparation	
36		Political Parties and Campaigning		Labour Market Information		Sexual Health – STIs, HIV and Clinics		Work Experience		Work Experience	
37	Assessment	Voting, Elections and Being an Active Citizen	Assessment	The Role of Volunteering	Assessment	Contraception & Healthy Choices	Careers	Work Experience Preparation	Assessment	Assessment	
38		Assessment		Employment and Financial Management		Assessment		Assessment		Assessment	
39		Preparing for Year 8		Assessment		Assessment		Assessment		Assessment	