

# PD 3 Year Curriculum Plan (Current Yr7-9)

Focus / Term	Half Term One	Half Term Two	Half Term Three	Half Term Four	Half Term Five	Half Term Six
<b>Year 7</b> <b>Topic Covered and End Points</b>	Relationships (RSE)  <u>End Point</u> To know what different types of relationships are.  To know what positive relationships and unhealthy relationships are  To know how to maintain a healthy relationship.  To understand the characteristics and benefits of a healthy relationship.	Goal setting and work skills (Living in the wider world)  <u>End Point</u> To understand how to control my emotions to help me in school and the wider world  To know what skills, I need to be successful at school.  To be able to set goals and know how to achieve them.	Health and Wellbeing (Healthy lifestyle)  <u>End Point</u> To know what food oral hygiene is.  To know how to live a healthy lifestyle  To know what a healthy diet it.  To know how mental health links to healthy lifestyles.	My body (RSE)  <u>End Point</u> To know what puberty is and how it is different in males and females.  To know what periods are.  To know how and why bodies change.  To know what consent is.	Enterprise (Careers)  <u>End Point</u> To know what different types of careers there are.  To know what time management is.  To know how to communicate successfully with each other,  To know how to manage stress.	Community Living in the wider world)  <u>End Point</u> To know what a stereotype is.  To know how to be an active citizen.  To understand what equality is.
<b>Statutory Guidance</b>	Healthy Relationships	Careers and links to the school community needs.	Health Education	Sex Education	Careers	Community. Relationships
<b>Misconceptions</b>	Students may be confused by the term relationship and have an idea of what this means. Some students may need help with understanding what a good relationship is and how friendship is linked to this.	Students may need help on what skills they need to achieve goals Students may also need help on understanding how goals in school can link to the wider world.	Students may have options on what a healthy diet is already they may need support with some of those misconceptions.	Students will have some misconceptions about puberty and will find some sessions difficult to talk about so please be mindful about delivery.	Students may need help understanding how different skills help you with employability.	Students may need support in understanding how they can be active in society.
<b>Year 8</b> <b>Topic Covered and End Points</b>	Relationships (RSE)  <u>End Points</u>  To know what unhealthy relationship are.  To know what harassment is.  To know on online risks are and how to be safe.	Finance (living in the wider word)  <u>End Point</u> <ul style="list-style-type: none"> <li>To know what a bank account is</li> <li>To know what debt is</li> <li>To know how to budget.</li> </ul>	Health and Wellbeing (Healthy lifestyle)  <u>End Point</u> <ul style="list-style-type: none"> <li>To know how unhealthy lifestyle can impact you.</li> <li>To know the impacts of smoking and vaping.</li> <li>To know the impacts of alcohol</li> <li>To know how to maintain a healthy lifestyle.</li> </ul>	Relationships (RSE)  <u>End Point</u> <ul style="list-style-type: none"> <li>To know how to manage conflict in relationships</li> <li>To know what decimation is and stereotypes.</li> <li>To know how social media can impact relationships.</li> <li>To know what consent is.</li> </ul>	Enterprise (Careers)  <u>End Point</u> <ul style="list-style-type: none"> <li>To know what skills, I need for teamwork</li> <li>To Know different pathways</li> <li>To know what interview skills I need.</li> </ul>	Community Living in the wider world)  <u>End Point</u> <ul style="list-style-type: none"> <li>To know what democracy is</li> <li>To know why the right to vote is important</li> <li>To know what the UK parliament is like.</li> </ul>

<b>Statutory Guidance</b>	Healthy Relationships and Online Safety	Living in the wider world	Health Education	Healthy Relationships/ Sec Education	Careers	Community. Relationships
<b>Misconceptions</b>	.	Students may need help understanding what different accounts do and what it means to borrow money	Students will need to understand how peer influence can also lead to unhealthy lifestyles.	Students will need help understanding the different types of relationships	Students may need support in understanding different pathways that are available	
<b>Year 9 Topic Covered and End Points</b>	<p>Relationships (RSE)</p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know what consent is.</li> <li>To know what grooming is</li> <li>To know what a healthy relationship is</li> </ul>	<p>Equality (living in the wider word)</p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know what a hate crime is.</li> <li>To know what positive discrimination is.</li> <li>To understand what tolerance is.</li> </ul>	<p>Health and Wellbeing (Healthy lifestyle)</p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know what the impact of drugs and alcohol is.</li> <li>To know about the long term impacts of drugs and alcohol and links to fertility.</li> <li>To know how to prevent alcohol and drug abuse.</li> </ul> <p>To know what county lines is.</p>	<p><u>RSE</u></p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know what different contraception is available</li> <li>To know what sex and the law says.</li> <li>To know what STI's are.</li> </ul>	<p>Enterprise (Careers)</p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know what skills, I need for teamwork</li> <li>To Know different pathways</li> <li>To know how to set goals.</li> </ul>	<p>Health and Wellbeing (Healthy lifestyle)</p> <p><u>End Point</u></p> <ul style="list-style-type: none"> <li>To know how mental health can impact you.</li> <li>To know what the stigma around mental</li> <li>To know some tools to deal with mental health.</li> </ul>
<b>Statutory Guidance</b>	Healthy Relationships and Online Safety	Living in the wider world	Health Education	Healthy Relationships/ Sec Education	Physical Geography Processes	Health Education
<b>Misconceptions</b>		Students might get confused between positive discrimination and discrimination as well as the impact of these.	Students might not know there are long term impacts of drug and alcohol abuse.	Students might have preconceived ideas about how to get pregnant and what contraception is available	Students may need help to understand how different skills can impact future careers eg teamwork.	Students might have preconceived ideas on what they think mental health is.