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| Year Group | HT1 | HT2 | HT3 | HT4 | HT 5 | HT 6 |
| 7 | RSE  Relationships   * Different types of relationships * Positive relationships * Unhealthy relationships * Qualities of a healthy relationship * Maintaining healthy relationships * Benefits of a healthy relationship | Living in the wider world  Goal setting and work skills   * Looking at skills to develop through their time at SWS. * Setting goals on what they would like to achieve by the time they are in y11. | Health and Wellbeing  Healthy lifestyle   * Oral Hygiene * Healthy Lifestyle * Healthy Diet * Puberty | Living in the wider world   * Citizenship * Stereotypes * Equal Society * Bullying | Careers  Jobs   * Different careers available * Time management * Dealing with stress * Communication skills | RSE  Relationships   * Conflict * De-escalate conflict * Social Skills * Manage tough situations * Peer on Peer Abuse |
| 8 | RSE  Relationships   * Unhealthy relationships * Harassment * Sexual Harassment * Online risks and responsibilities * Managing online risks | Living in the wider world   * Finance * Debit cards/credit cards * Different bank Accounts * Savings | Health and Wellbeing   * Smoking/Vaping * Alcohol abuse * Unhealthy lifestyles * Peer influence on choices * Managing unhealthy lifestyles | Living in the wider world   * Democracy * Political system UK * Voting * Political Parties | Careers   * Different pathways * Communication Skills * Interview Skills * Teamwork | **RSE**  **Relationships**   * **Discrimination** * **Stereotypes** * **Media and relationships** * **Poor decision making in relationships** * **Managing conflict in relationships** |
| 9 | RSE  Relationships   * Healthy relationship * Abusive relationships * Stalking and harassment * Consent | Living in the wider world   * Discrimination and challenging stereotypes * Hate Crime * Positive Discrimination * Tolerance | Health and Wellbeing   * Impact of Drugs * Impact of Alcohol * Long term impacts * Risks * Prevention from abuse | Health and Wellbeing   * Mental and Physical Health * Dealing with mental health * Stigma around mental health * Positivity and acceptance | Living in the wider world   * Community * Charities * Active Citizenship | **RSE**   * Sex education * **Safe relationships** * **Contraception** * **Consent** * **STI’s** * **Support networks** * **Sex and the Law.** |
| 10 | RSE  The media Relationships   * Body image and Media * Social media and relationships * Sharing sexual images * Pornography | Living in the wider world   * **Finance** * Budgets * **Financial Exploitation** * **Gambling** | Living in the wider world   * Challenging stereotypes * Protected Characteristics * Stereotypes of roles in Society | Living in the wider world   * Staying safe online * Online profiles * Digital footprint * Influence of social media * Staying safe online | -Health and wellbeing   * Mental Health * Removing stigma of mental health * Managing mental health * Peer pressure | **RSE**   * STI’s * Sex and the Law * Contraception * School Nurse and other agencies. |
| 11 – | Transition  Looking at colleges   * College videos * Stress Management * Revision tools * Self Awareness | Career   * Skills and future building | Living in the wider world   * Klara * Finance and budgeting * Sleep impact * Exam Pressure | RSE   * Relationships and working them out * Body image and Media * Social media and relationships * Sharing sexual images * Pornography |  |  |