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| Year Group  |  HT1 | HT2 | HT3 | HT4 | HT 5  | HT 6  |
| 7 | RSERelationships * Different types of relationships
* Positive relationships
* Unhealthy relationships
* Qualities of a healthy relationship
* Maintaining healthy relationships
* Benefits of a healthy relationship
 | Living in the wider worldGoal setting and work skills * Looking at skills to develop through their time at SWS.
* Setting goals on what they would like to achieve by the time they are in y11.
 | Health and WellbeingHealthy lifestyle * Oral Hygiene
* Healthy Lifestyle
* Healthy Diet
* Puberty
 | Living in the wider world * Citizenship
* Stereotypes
* Equal Society
* Bullying
 | CareersJobs * Different careers available
* Time management
* Dealing with stress
* Communication skills
 | RSERelationships* Conflict
* De-escalate conflict
* Social Skills
* Manage tough situations
* Peer on Peer Abuse
 |
| 8 | RSE Relationships* Unhealthy relationships
* Harassment
* Sexual Harassment
* Online risks and responsibilities
* Managing online risks
 | Living in the wider world* Finance
* Debit cards/credit cards
* Different bank Accounts
* Savings
 | Health and Wellbeing* Smoking/Vaping
* Alcohol abuse
* Unhealthy lifestyles
* Peer influence on choices
* Managing unhealthy lifestyles
 | Living in the wider world* Democracy
* Political system UK
* Voting
* Political Parties
 | Careers* Different pathways
* Communication Skills
* Interview Skills
* Teamwork
 | **RSE****Relationships*** **Discrimination**
* **Stereotypes**
* **Media and relationships**
* **Poor decision making in relationships**
* **Managing conflict in relationships**
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| 9 | RSE Relationships* Healthy relationship
* Abusive relationships
* Stalking and harassment
* Consent
 |  Living in the wider world* Discrimination and challenging stereotypes
* Hate Crime
* Positive Discrimination
* Tolerance
 | Health and Wellbeing* Impact of Drugs
* Impact of Alcohol
* Long term impacts
* Risks
* Prevention from abuse
 | Health and Wellbeing* Mental and Physical Health
* Dealing with mental health
* Stigma around mental health
* Positivity and acceptance
 | Living in the wider world* Community
* Charities
* Active Citizenship
 | **RSE*** Sex education
* **Safe relationships**
* **Contraception**
* **Consent**
* **STI’s**
* **Support networks**
* **Sex and the Law.**
 |
| 10 | RSE The media Relationships* Body image and Media
* Social media and relationships
* Sharing sexual images
* Pornography
 |  Living in the wider world* **Finance**
* Budgets
* **Financial Exploitation**
* **Gambling**
 | Living in the wider world* Challenging stereotypes
* Protected Characteristics
* Stereotypes of roles in Society
 | Living in the wider world* Staying safe online
* Online profiles
* Digital footprint
* Influence of social media
* Staying safe online
 | -Health and wellbeing* Mental Health
* Removing stigma of mental health
* Managing mental health
* Peer pressure
 | **RSE*** STI’s
* Sex and the Law
* Contraception
* School Nurse and other agencies.
 |
| 11 –  | TransitionLooking at colleges * College videos
* Stress Management
* Revision tools
* Self Awareness
 |  Career* Skills and future building
 | Living in the wider world* Klara
* Finance and budgeting
* Sleep impact
* Exam Pressure
 | RSE* Relationships and working them out
* Body image and Media
* Social media and relationships
* Sharing sexual images
* Pornography
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