

SWS RSE Curriculum Coverage

RSE link	Pupils should know:	Coverage RE	Coverage Science/IT	Coverage PHSCE
Families	That there are different types of committed, stable relationships.	Y10 HT5 (Core)- How important is marriage? Y11 HT1 (Option)- Theme A: Relationships & Families		HT1 – Unit focuses on relationships and the several types for year 7-10
	How these relationships might contribute to human happiness and their importance for bringing up children .	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families		HT1 – Unit focuses on relationships. Year 9 investigates what positive relationships looks like and the importance of them
	What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families		HT4 and HT3 for Y11 looks at future relationships and marriage.
	Why marriage is an important relationship choice for many couples and why it must be freely entered into.	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families		HT4 and HT3 for Y11 looks at future relationships and marriage.

SWS RSE Curriculum Coverage

	The characteristics and legal status of other types of long-term relationships.	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families		
	The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families		
	How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed.	Y11 HT4 (Core)- The Media		HT1 – Unit focuses on relationships. Year 7 and 8 look at who to contact when relationships are not safe.
Respectful relationships, including friendships	The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.			HT1 – Unit focuses on relationships. Year 7 look at what a positive and healthy relationship is. As well as looking at conflict in relationships.
	Practical steps they can take in a range of different contexts to improve or support respectful relationships.			

SWS RSE Curriculum Coverage

<p>How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).</p>	<p>Y9 HT5- Theme F: Religion, Human Rights & Social Justice</p>		<p>HT3 – Unit Living in the wider world for Y9 looks at stereotypes and protected characteristics.</p>
<p>That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people’s beliefs.</p>	<p>Y9 HT5- Theme F: Religion, Human Rights & Social Justice</p>		<p>Values through assemblies</p>
<p>About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.</p>			<p>HT4 – Year 10 looks at staying safe online and cyberbullying. Year 7 look at citizenship and different types of bullying.</p>
<p>That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.</p>			<p>HT4 – Year 11 - Relationships</p>
<p>What constitutes sexual harassment and sexual violence and why these are always unacceptable.</p>			<p>HT4 – Y9 living the wider world look like community with a focus on harassment</p>
<p>The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.</p>	<p>Y8 HT6- How do people express their beliefs? Y9 HT5- Theme F: Religion, Human Rights & Social Justice Y11 HT1 (Option)- Theme A:</p>		

SWS RSE Curriculum Coverage

		Relationships & Families		
Online and media	Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.		Y7 HT1 E-Safety	Year 10 – HT4 – Living in the wider world students will look at staying safe online
	About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online		Y7 HT1 E-Safety	Year 10 – HT4 – Living in the wider world students will look at staying safe online
	Not to provide material to others that they would not want shared further and not to share personal material which is sent to them.		Y7 HT1 E-Safety	
	What to do and where to get support to report material or manage issues online.		Y7 HT1 E-Safety	Unit 1 – HT1 – Lesson 2, 3 and 4 look at social media and the impacts of harmful content. As well as how to report.
	The impact of viewing harmful content.		Y7 HT1 E-Safety	
	That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.			
	That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.			HT1 – Y10 – Lesson 4 students look at

SWS RSE Curriculum Coverage

			the impacts of pornography
	How information and data is generated, collected, shared and used online		HT3 – Y11 – Living in the wider world students look at future building and digital footprints.
Being safe	The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.		HT4 – British Values – Y8 HT2 – LITWW – Y9 HT4 – Relationship - Y11
	How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online		HT2 – LITWW – Y9 HT4 – Relationship - Y11 Consent is all looked in all our relationship topics
Intimate and sexual relationships, including sexual health	How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.		HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health
	That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.		HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health

SWS RSE Curriculum Coverage

<p>The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.</p>		<p>Y8 – HT6 – Reproduction and Inheritance</p>	<p>HT3 – Y9 look at the impact's drugs and alcohol have reproduction. HT4 – Y11 – look at fertility and menopause</p>
<p>That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressuring others.</p>			<p>HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health</p>
<p>That they have a choice to delay sex or to enjoy intimacy without sex</p>	<p>Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families</p>		<p>HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health</p>
<p>The facts about the full range of contraceptive choices, efficacy and options available.</p>	<p>Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families</p>	<p>Y8 – HT6 – Reproduction and Inheritance Y10 – HT6 – Inheritance, Genetics and Evolution</p>	<p>HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health</p>
<p>The facts around pregnancy including miscarriage</p>		<p>Y8 – HT6 – Reproduction and Inheritance</p>	

SWS RSE Curriculum Coverage

	That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).	Y11 HT2 (Option)- Theme B: Religion & Life Y11 HT3 (Core)- Medical Ethics		
	How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.	Y10 HT5 (Core) - How important is marriage? Y11 HT1 (Option) Theme A: Relationships & Families	Y8 – HT6 – STI's Y9 – HT7 – Infection and Response	Y11 Visit from Eaglebridge clinic for signposting
	About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment		Y8 – HT6 – STI's Y9 – HT7 – Infection and Response	HT6 – Y7-10 have a RSE topic that focuses on sexual relations and health
	How the use of alcohol and drugs can lead to risky sexual behaviour.			HT4 – Y9 – Alcohol and Drug Unit
	How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.			Via Eaglebridge visit Y11 Drop Down Day
Mental wellbeing	How to talk about their emotions accurately and sensitively, using appropriate vocabulary			HT4 – Y9 – Unit Mental and Physical Health HT4 – Y10 – Mental Health HT1 – Y7 – Talking about emotions

SWS RSE Curriculum Coverage

<p>That happiness is linked to being connected to others.</p>			<p>HT4 – Y9 – Unit Mental and Physical Health</p> <p>HT4 – Y10 – Mental Health</p> <p>HT1 – Y7 – Talking about emotions</p>
<p>How to recognise the early signs of mental wellbeing concerns.</p>			<p>HT4 – Y9 – Unit Mental and Physical Health</p> <p>HT4 – Y10 – Mental Health</p> <p>HT1 – Y7 – Talking about emotions</p>
<p>Common types of mental ill health (e.g. anxiety and depression).</p>			<p>HT4 – Y9 – Unit Mental and Physical Health</p> <p>HT4 – Y10 – Mental Health</p> <p>HT1 – Y7 – Talking about emotions</p>
<p>How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.</p>			<p>HT4 – Y9 – Mental and Physical Health</p>

SWS RSE Curriculum Coverage

	The benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.			FT – Wellbeing Wednesday activities and suggestions through wellbeing newsletter
Internet safety and harms	The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.			HT2 – Y8 – Finance HT4 – Y10 – Online Safety HT3 – Y11 – Klara and gambling
	How to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours.			HT4 – Y10 – Online Safety
Physical health and fitness	The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.			HT3 – Y7 – Healthy Lifestyle HT3 – Y8 – Unhealthy Lifestyles HT4 – Y9 – Mental and Physical Health
	The characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health.		Y7 – HT6 – Diet and Nutrition Y9 – HT7 – Infection and Response	HT3 – Y7 – Healthy Lifestyle HT3 – Y8 – Unhealthy Lifestyles HT4 – Y9 – Mental and Physical Health

SWS RSE Curriculum Coverage

	About the science relating to blood, organ and stem cell donation. Healthy eating 49 how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer	Y9 HT4- Introduction to Ethics Y11 HT4 (Core)- Medical Ethics	Y7 – HT6 – The Human Body Y9 – HT6 – Cell Biology Y9 – HT6 - Organisation	HT3 – Y7 – Healthy Lifestyle HT3 – Y8 – Unhealthy Lifestyles HT4 – Y9 – Mental and Physical Health
Drugs, alcohol and tobacco	The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.		Y7 – HT7 – Health	HT3 – Y9 – Drug and Alcohol Abuse unit
	The law relating to the supply and possession of illegal substances.			HT3 – Y9 – Drug and Alcohol Abuse unit
	The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.			HT3 – Y9 – Drug and Alcohol Abuse unit
	The physical and psychological consequences of addiction, including alcohol dependency.			HT3 – Y9 – Drug and Alcohol Abuse unit
	Awareness of the dangers of drugs which are prescribed but still present serious health risks.			HT3 – Y9 – Drug and Alcohol Abuse unit
	The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so.		Y7 – HT7 – Health Y9 – HT7 – Infection and Response	

SWS RSE Curriculum Coverage

Health and prevention	About personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics.		Y9 – Infection and Response	HT3 – Y7 – Healthy Lifestyle HT3 – Y8 – Unhealthy Lifestyles
	About dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.			Y7 Visit from dentist
	(late secondary) The benefits of regular self-examination and screening			Via Eaglebridge visit Y11 Drop Down Day
	The facts and science relating to immunisation and vaccination		Y9 – HT7 – Infection and Response	
	The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn			HT4 – Y9 – Mental and Physical Health HT5 – Y10 – Mental Health
Basic first aid	Basic treatment for common injuries			First Aid week all years
	Life-saving skills, including how to administer CPR.15			As above
	The purpose of defibrillators and when one might be needed.			As above
Changing adolescent body	Key facts about puberty, the changing adolescent body and menstrual wellbeing.		Y8 – Reproduction and Inheritance	Girls Nurse visit and period management talks. Boys' separate sessions.
	The main changes which take place in males and females, and the implications for emotional and physical health		Y8 – Reproduction and Inheritance	Y7