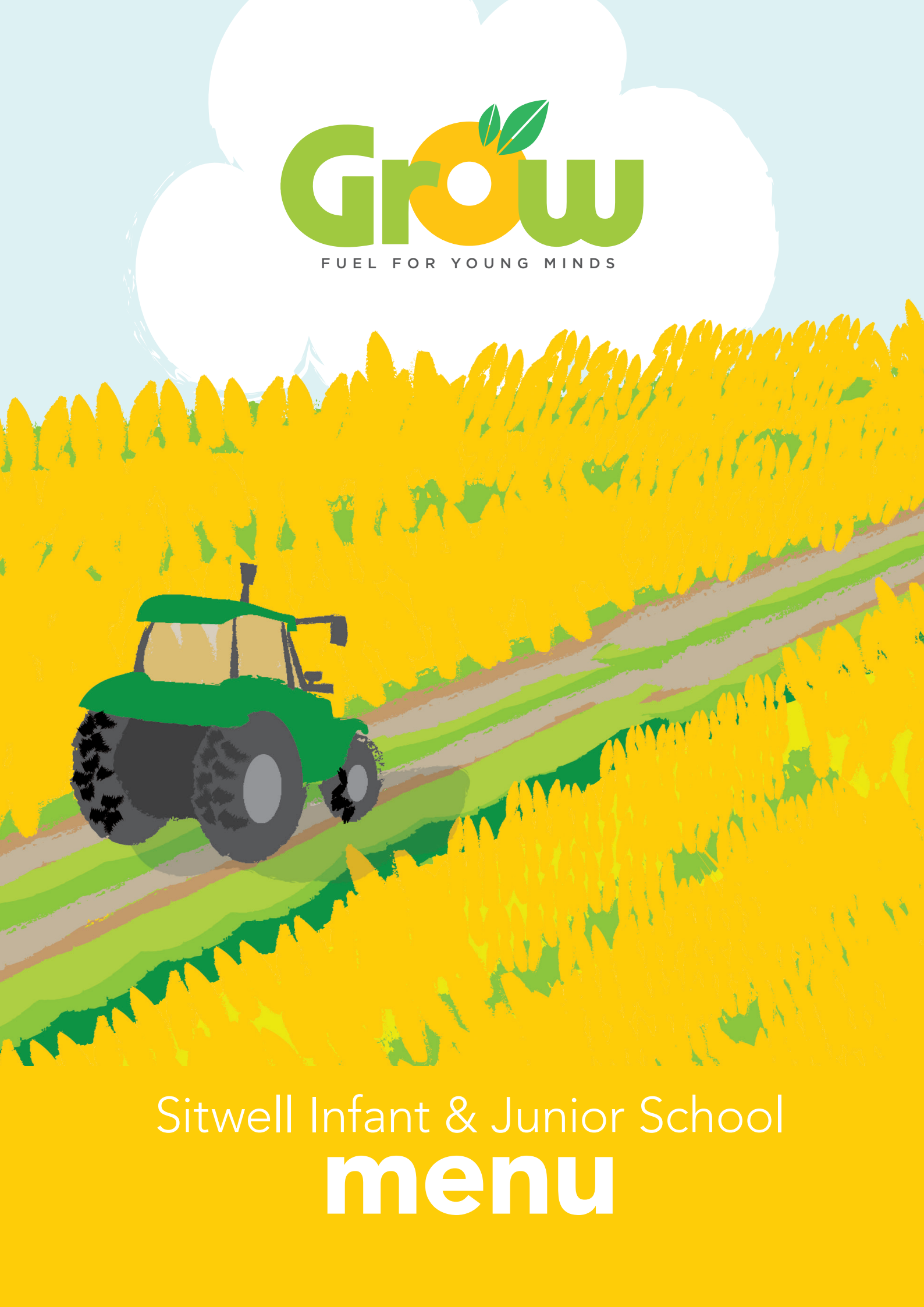




Grow

FUEL FOR YOUNG MINDS

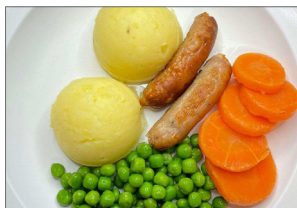
Sitwell Infant & Junior School
menu

MENU - WEEK ONE

Week Commencing: 2nd June | 23rd June | 14th Jul | 1st Sept | 22nd Sept | 13th Oct

MONDAY

MAIN MEAL



Pork Sausages
or
Halal Chicken Sausage
served with Mashed Potato

VEGETARIAN



Quorn Sausages
served with Mashed Potato

JACKET POTATO / PASTA



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce

DESSERT



Shortbread &
Apple Slices

TUESDAY



Ham & Cheese Pizza
or
Cheese & Tomato Pizza
served with Potato Wedges



Cheese & Tomato Pizza
served with Potato Wedges



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Lemon Sponge
& Custard

WEDNESDAY



Roast Chicken
or
Halal Roast Chicken, served
with Roast Potatoes & Gravy



Quorn Fillet
served with Roast Potatoes
and Gravy



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Ice Cream with
Peach Slices

THURSDAY



Cottage Pie
or
Halal Cottage Pie with Gravy



Vegetarian Mince
Cottage Pie with Gravy



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Chocolate Sponge
& Custard

FRIDAY



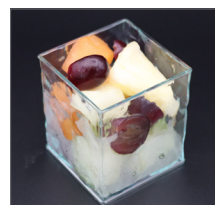
Fish Fingers or Fish Fillet
served with Chips, and
Garden Peas
or Baked Beans



Cheese & Potato Pie
served with Chips, and
Garden Peas
or Baked Beans



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Fruity Friday

A full range of tasty sandwiches, Jacket potatoes and pasta, all served with side salad are available everyday.

All meals come with seasonal vegetables or salad of your choice.

Please order through Cypad.

*Some photos may depict different sides to those described.

MENU - WEEK TWO

Week Commencing: 9th June | 30th June | 21st July | 8th Sept | 29th Sept | 20th Oct

MAIN MEAL

VEGETARIAN

JACKET POTATO / PASTA

DESSERT

MONDAY



Sausage & Tomato Pasta
or Halal Chicken Sausage
& Tomato Pasta



Quorn Meatballs &
Tomato Pasta



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Banana Traybake
& Custard

TUESDAY



Chicken Curry
or
Halal Chicken Curry
served with Rice



Vegetable Biryani
served with Rice



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Apple Crumble
& Custard

WEDNESDAY



Roast Chicken
or
Halal Roast Chicken, served
with Roast Potatoes & Gravy



Quorn Fillet
served with Roast Potatoes
and Gravy



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce

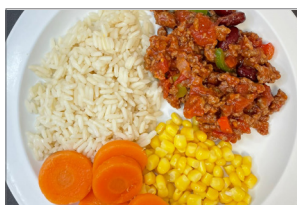


Sultana & Oat
Cookie with
Apple Slices

THURSDAY



Beef Chilli Con Carne
or
Halal Beef Chilli Con Carne
served with Fluffy Rice



Vegetarian Mince Chilli
served with Fluffy Rice



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Chocolate Cookie

FRIDAY



Fish Fingers or Fish Fillet
served with Chips, and
Garden Peas or
Baked Beans



Vegetarian Sausage Roll
served with Chips, and
Garden Peas or Baked Beans



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Fruity Friday

A full range of tasty sandwiches, Jacket potatoes and pasta, all served with side salad are available everyday.

All meals come with seasonal vegetables or salad of your choice.

Please order through Cypad.

*Some photos may depict different sides to those described.

MENU - WEEK THREE

Week Commencing: 16th June | 7th July | 15th Sept | 6th Oct

MAIN MEAL

VEGETARIAN

JACKET POTATO / PASTA

DESSERT

MONDAY



Ham & Cheese Pizza
or
Halal Cheese & Tomato Pizza
served with Potato Wedges



Cheese & Tomato Pizza
served with
Potato Wedges



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Strawberry
Ice Cream with
Orange Slices

TUESDAY



Pasta & Chicken with a
Cheese Sauce Topping or
Halal Chicken with a Cheese
Sauce Topping



Macaroni Cheese



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Lemon Sponge
with Custard

WEDNESDAY



Roast Chicken
or
Halal Roast Chicken, served
with Roast Potatoes & Gravy



Quorn Fillet
served with Roast Potatoes
and Gravy



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Flapjack

THURSDAY



Beef Lasagne
or
Halal Beef Lasagne served
with Herby Diced Potatoes



Vegetarian Lasagne
served with Herby Diced
Potatoes



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Chocolate Brownie
with Apple Slices

FRIDAY



Fish Fingers or Fish Fillet
served with Chips, and
Garden Peas or Baked Beans



Cheese & Bean Puff
served with
Chips, and Garden Peas
or Baked Beans



Jacket Potato
with a choice of Tuna Mayonnaise,
Cheddar Cheese, or Baked Beans
/ Pasta with Tomato
& Basil Sauce



Fruity Friday

A full range of tasty sandwiches, Jacket potatoes and pasta, all served with side salad are available everyday.

All meals come with seasonal vegetables or salad of your choice.

Please order through Cypad.

*Some photos may depict different sides to those described.

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced & professionally created lunches made from the highest ingredients, including free-range, organic & MSC certified fish.

**For more information on the award
please visit foodforlife.org.uk/schools**

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British Farm Assured Meat. Are Nut Free, Peanut Free & Shellfish Free.



abm
catering solutions

abm catering limited, Eagle Court, Saltisford, Warwick CV34 4AF
t. 01926 498448 f. 01926 475050 e. sales@abmcatering.co.uk w. abmcatering.co.uk