

## FUEL FOR YOUNG MINDS

## Hot Meas

Grow, your school caterer, are a supportive and nurturing community using nutritious ingredients to fuel young minds encouraging children to flourish.

Our aim is to ensure all children have a hot and nutritious meal every day. This helps with learning development and to become more alert!

It is critical that healthy eating habits are established from an early age and having a healthy meal will help establish these patterns.

The provision of a healthy school meal has proven benefits in relation to uptake, family budgets, educational attainment and addressing inequality.

For more information or to book a school meal for your child contact reception.