



Sitwell Infant School
Headteacher: Mrs K. Peart
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1st March 2024

Dear Parents & Carers,

Measles

The number of Measles cases in England is increasing. The best protection against measles for children and adults is to get both doses of a vaccine (MMR).

Measles is a highly infectious, serious illness that can be very unpleasant. It is important to get vaccinated to avoid serious illness. If you and your child have been vaccinated, it is very unlikely you will catch Measles.

Symptoms of Measles

- Cold-like symptoms
- High Temperature
- Sore red watery eyes
- Cough and/or runny nose
- Spots inside the mouth
- A red/brown blotchy rash which appears several days later, rough to the touch.

You should keep your child away from school for at least 4 days after the rash has disappeared to ensure they are fully recovered. Keep your child away from babies, anyone who is pregnant and those with a weakened immune system. If you have any of these within your household, please seek advice from your Doctor.

‘THINK’ Measles

If you think your child has measles or has been in contact in the last 3 weeks with someone with a confirmed case of measles, stay at home and call your GP surgery.

- DO NOT take your child to school or nursery.
- DO NOT visit the Doctors, or Hospital.
- CALL ahead to the Doctors surgery so measures can be put in place for your arrival.

Children who are suspected of having measles will be isolated and parents will be asked to collect promptly.



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Vaccination

If you are unsure about whether your child is due a vaccine or has missed a vaccination you need to check with your Doctor. If your child has missed one of their MMR's please book an appointment at your Doctors.

Children usually have one vaccine at 12 months old and a second vaccine at pre-school. For adults it is never too late to get vaccinated. Adults require two vaccines. You can request a vaccine that does not contain pork from your surgery, making it suitable for everyone.

Further Help

Please look out for the symptoms of Measles and if you are not sure whether to send your child into school unwell, please consider keeping them at home.

Please follow the links below for further information and guidance:

- [Measles - NHS \(www.nhs.uk\)](http://www.nhs.uk)
- [Think Measles! \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)
- [MMR \(measles, mumps and rubella\) vaccine - NHS \(www.nhs.uk\)](http://www.nhs.uk)
- [Pregnant? Immunisation helps to protect you and your baby from infectious diseases \(publishing.Services.gov.uk\)](http://publishing.Services.gov.uk)
- [What to do if you think your child has measles and when to keep them off school - The Education Hub \(blog.gov.uk\)](http://blog.gov.uk)

Yours sincerely,

Mrs K Peart
Headteacher



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