

## FOR SATS

HOSTED BY SADIE CHARLTON, SENSORY OCCUPATIONAL THERAPIST - VIRTUAL SCHOOL ROTHERHAM

Join us for this FREE online parent/carer workshop, exploring Sensory Circuits and how to support your child with sensory strategies through their SATS week.



Virtual School Rotherham are pleased to announce our next Sensory webinar. The webinar is aimed at parents and carers of primary aged children and will explore Sensory circuits & strategies to support children during their SATS exams.

Sensory circuits are short, structured, sensory-based movement routines which help children to self-regulate and promote a calm and alert state. Sensory circuits are ideal way to energise a child or settle a child ready to learn and engage with the school day. Trials of Sensory Circuits for Y6 classes during SATS week have proven successful in supporting children to feel calm and focused with the exams ahead, they also support to ease anxiety and support with emotional regulation.

Join Sadie Charlton, Sensory Occupation Therapist on this webinar to learn about the benefits of sensory circuits, why the work and how they help children with their behaviour and concentration at school. We will also explore how to create sensory circuits within the primary school setting.

The two FREE OF CHARGE sessions will be held on WEDNESDAY 3rd MAY at 10:30-11:30 and 17:30 - 18:30 via Microsoft Teams.

To register your interest in attending one of these sessions please complete and submit the form on the link below as soon as possible

## Click Here to book onto one of these sessions

Please note, this training session is for information purposes only. Sadie is unable to give specific advice or intervention to individual children.

Certificates of Attendance will be issued to all attending delegates for your professional development record.

Teams meeting link and full joining instructions will be forwarded to the email address you provide on the booking form

For any queries, please email virtualschool@rotherham.gov.uk