

SAVE THE DATE

SENSORY TRAINING

2024-2025



FREE Online sensory workshops
Facilitated by Sadie Charlton, Sensory Occupational
Therapist from Virtual School Rotherham.

Parent/Carer
Workshops
10.30-11.30am
&
6 - 7pm

School/Professionals
Workshops
3.30-4.30pm

September 25th - Understanding Sensory Needs

October 23rd - Childhood trauma & Sensory Struggles

November 20th - See Behaviour, Think Sensory!

December 4th - Sensory Struggles during the festive period

January 15th - Sensory Circuits for Regulation

February 12th - Interoception: What's going on inside?

March 19th - Sensory & Emotional Regulation

April 23rd - Creating Sensory Diets & Routines

May 14th - Designing Sensory Friendly Environments

June 11th - Supporting Transitions through a Sensory Lens

July 2nd - School Readiness (Early Years Special)



For more information and to sign up, contact:
virtualschool@rotherham.gov.uk

[Click here to book on](#)

Please note, we are unable to offer specific advice or intervention to individual children and this session is for information/learning purposes only.

Wednesday 25th September

Understanding Sensory Needs

Identifying and Supporting
Children With Sensory Needs

Join Sadie Charlton, Sensory Occupational Therapist from Virtual School Rotherham, for a free online webinar that delves into the eight sensory systems and how to identify and support children with sensory needs. This webinar is tailored for parents, caregivers, educators, and professionals working with primary-aged children. During the session, we will cover the basics of sensory processing, guide you in recognising sensory needs in children, and introduce you to sensory modulation. You'll also come away with practical strategies and recommendations to help every learner thrive in their educational environment.

Parent/Carer
Session

10.30 - 11.30 am
&
6 - 7pm

School &
Professionals
Session

3.30- 4.30pm



To register and receive a link to this event email:
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✨ Calling all parents, caregivers, educators, and professionals working with primary-aged children! Join us for an informative and free online webinar, "Understanding Sensory Needs," facilitated by Sadie Charlton, Sensory Occupational Therapist from Virtual School Rotherham.

🧠 Discover the 8 sensory systems and learn how to identify and support children with sensory needs. This session will guide you through the essentials of sensory processing and sensory modulation, providing you with the tools to recognise and address these needs effectively.

📖 Gain practical strategies and recommendations that will support the sensory needs of children in their home environment (& beyond)

🎓 Don't miss this opportunity to enhance your skills and make a positive impact on the children you care for.

Please note, we are unable to offer specific advice or intervention to individual children and this session is for information/learning purposes only.

Wednesday 23rd October

Childhood Trauma & Sensory Struggles

Understanding the link between
developmental trauma and sensory needs

Join Sadie Charlton, Sensory Occupational Therapist from Virtual School Rotherham, in this free online webinar where we will explore the profound impact of trauma on sensory processing. The session will also look at how sensory environment plays a crucial role in a child's ability to regulate emotions and behaviours after adverse experiences. You'll gain valuable insights into the connections between trauma and sensory challenges, along with practical strategies and sensory soothing techniques to better support the children you care for, helping them feel more secure and understood in their daily lives. Don't miss this essential opportunity to deepen your understanding and enhance your skills in supporting children affected by trauma.

Parent/Carer
Session

10.30 - 11.30 am
&
6 - 7pm

School &
Professionals
Session

3.30- 4.30pm



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 Join us for a specialised sensory training webinar on "Childhood Trauma & Sensory Struggles," specifically designed for foster carers, kinship carers, social workers, IROs, and professionals working with children who have experienced developmental trauma.

 In this session, we will explore the profound impact that trauma can have on a child's sensory processing and how their sensory environment continues to influence their ability to regulate emotions and behaviours.

 You will also gain practical sensory strategies and soothing techniques to better support the children you support, helping them feel more secure and understood in their daily lives. This training is essential for anyone looking to deepen their understanding and enhance their ability to support children affected by trauma.

 Don't miss this opportunity to expand your knowledge and make a meaningful difference in the lives of our children who need it most.

This session is specifically aimed towards carers & professionals working with children who have experienced early trauma. This session may not be applicable to parents/carers who are looking for general sensory information.

Wednesday 20th November

See Behaviour, Think Sensory!

Identifying and supporting sensory needs
behind behaviours

Join us for this free sensory training webinar facilitated by Virtual School Rotherham's Sensory OT Sadie Charlton, titled "See Behaviour, Think Sensory!". This session will help you uncover the sensory needs that often lie behind tricky behaviours, where we will reflect on behaviours through a sensory lens. We'll provide practical advice and strategies for managing sensory overload and other behaviours linked to sensory overwhelm, as well as sensory calming techniques to support regulation. Whether you're a parent, educator, or professional working with children, this webinar is designed to equip you with the tools to better understand and support those who struggle with sensory challenges.

Parent/Carer Session

10.30 - 11.30 am
&
6 - 7pm

School & Professionals Session

3.30- 4.30pm



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✿ Join us for a FREE online Sensory webinar on "See Behaviour, Think Sensory!" hosted by Sadie Charlton, Sensory OT from Virtual School Rotherham!

📅 As parents, foster carers, & caregivers of primary-aged children, you're invited to attend this free training event which looks to explore sensory needs that often lie behind tricky behaviours.

🦋 The session will explore practical strategies tailored to identify the sensory needs behind behaviours, strategies and advice for managing sensory overload and other behaviours linked to sensory overwhelm. We will also look at calming techniques to support with regulation and how to respond to big behaviours.

🎓 Whether you're a parent, educator, or professional working with children, this webinar is designed to equip you with the tools to better understand and support those who struggle with sensory challenges.

Wednesday 4th December

Sensory Struggles During The Festive Period

Understanding festive overwhelm through
a sensory lens

The festive season can be overwhelming for many children, especially those with sensory needs and/or those who are care experienced. Join us for an insightful online webinar as Sadie Charlton, Sensory OT from Virtual School Rotherham, explores the unique sensory challenges children face during the festive period. Gain essential strategies to minimise sensory overload and create a more enjoyable and inclusive Christmas for every child.

Parent/Carer Session

10.30 - 11.30 am
&
6 - 7pm

School & Professionals Session

3.30- 4.30pm



To register and receive a link to this event email:
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School and professional session - Calling all Primary School Professionals! The festive season can present unique challenges for children with sensory needs and for children who are care-experienced. Join Sadie Charlton, Sensory Occupational Therapist from Virtual School Rotherham, in this engaging online webinar as she delves into the unique sensory struggles that children may face during the holiday period.

Designed specifically for primary school professionals, this session offers valuable insights and practical advice on supporting children with sensory needs during the festive season. Discover strategies to create a sensory-friendly environment in the school setting and learn how to navigate the challenges that may arise.

Parent/Carer session - The festive season can be overwhelming for many children, especially those with sensory needs and/or those who are care experienced. Join us for an insightful online webinar as Sadie Charlton, Sensory OT from Virtual School Rotherham, explores the unique sensory challenges children face during the festive period.

This session is tailored for foster carers, parents, and family members of children who may find Christmas overwhelming or tricky. Gain essential strategies to minimise sensory overload and create a more enjoyable and inclusive Christmas for every child.