

Say NO! to bullying.

Tell someone you trust.

Other people will help you

Plan what to do next.

Sources of information
and advice for you and
your children.

Childline

A UK national helpline offering information and advice for children concerned with any problem.

HELPLINE – 0800 11 11

WWW.childline.org.uk

*BBC schoolsparents –
understanding bullying.*

WWW.bbc.co.uk/schools/parents/bullying

Kidscape

Anti bullying advice and child safety.

HELPLINE- 08451 205 204

WWW.kidscape.org.uk

*This leaflet has been written by the
children and staff of Southbroom Infant
School.*

Bullying

Together we can STOP it!



We want ALL our children to feel happy
and confident.

We want ALL our children to feel safe and
secure.

What is bullying?

At Southbroom Infants we think that bullying can be when someone **keeps on**

Hurting you or your feelings on purpose.

Remember – children can sometimes just forget how to be friends.



What can you do about bullying?

At Southbroom Infants we want everyone to feel happy and safe. So if you or someone you know is being bullied we ask you to.....

- ✓ Say NO to bullying.
- ✓ Tell the bully to 'STOP'

If they don't STOP then be brave and...

- ✓ TELL someone you trust like a friend or grown-up.
- ✓ Make sure a grown-up knows.

Remember – If we don't know we can't HELP!

Signs of bullying may be.....

- A change in mood or behaviour.
- Not wanting to go to school.
- More clingy or emotional than usual.
- Obvious signs of physical hurt or damage to their belongings.

What can we do in school to help?

At Southbroom we will ALWAYS listen to you. There are lots of people who can help.

- ✓ First we talk to everyone involved in the problem.
- ✓ Then we write down what everyone says, so that we don't forget anything.
- ✓ Next we might have a meeting altogether to talk things through.
- ✓ We might need to talk to parents and staff to find out what has been happening.

We will make sure that everyone understands that this behaviour is NOT a good choice and must STOP immediately.

We will keep checking that this happens.

We will make sure that the bullying STOPS and that you feel safe again.

