



CURRICULUM – HEALTH & SOCIAL CARE

Head of Department: Tina Atkinson
Southchurch High School

Year Group	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Year 10	Component 1 Introduction to the course A1 -Human growth and development across life stages Students learn about the key physical, intellectual, emotional, and social (PIES) changes that occur from infancy to later adulthood. They explore how individuals develop through different life stages. A2 -Factors affecting growth and development Students examine how factors like genetics, lifestyle, environment, and life events influence a person's development.	Component 1 A2 -Factors affecting growth and development Students examine how factors like genetics, lifestyle, environment, and life events influence a person's development. They learn how these factors can positively or negatively impact health and wellbeing. B1 -Different types of life events Students explore various life events such as physical, relationship, and life circumstances. They learn how these events can impact individuals differently.	Component 1 B2 -Coping with change caused by life events Students examine how people adapt to life changes and the support available. They learn about formal and informal support systems and their importance in coping. Formal ASSESSMENT Students will sit their first coursework assignment set by exam board Component 1 Final Assessment Window: 30%	Component 1 Formal ASSESSMENT Students will continue to sit their first coursework assignment set by exam board Component 1 Final Assessment Window: 30%	Component 2 A1 – Healthcare services Students learn about different healthcare services such as primary, secondary, and tertiary care. They explore how these services support individuals' physical and mental health needs. A2 – Social care services Students study the range of social care services available for children, adults, and older adults. They understand how these services promote independence and wellbeing.	Component 2 A3 – Barriers to accessing services Students explore obstacles that prevent people from accessing health and social care services. These include physical, financial, cultural, and communication barriers. B1 – Skills and attributes in health and social care Students learn about key skills and personal qualities needed by care workers. These include empathy, communication, patience, and respect for diversity.
Year 11	Component 2 B2 – Values in health and social care Students learn about core care values like dignity, respect, and confidentiality. These values guide professionals in delivering compassionate and ethical care. B3 –Obstacle's individual that are requiring care may face Students explore challenges such as mobility issues, communication difficulties, and lack of support. They understand how these obstacles affect access to and quality of care.	Component 2 Formal ASSESSMENT Students will sit their Second coursework assignment set by the exam board Component 2 Final Assessment Window: 30%	Component 3 A1 – Factors Affecting health and wellbeing Students explore how physical, lifestyle, social, emotional, and economic factors influence a person's health. B1 – Interpreting health: physiological indicators Students learn to measure and interpret indicators like pulse, blood pressure, and BMI. B2 – Interpreting health: lifestyle indicators Students examine lifestyle choices such as diet, exercise, smoking, and alcohol use. They learn how these habits affect long-term health and wellbeing	Component 3 C1 – Person Centered approach to health and wellbeing Students learn how to tailor care to meet individual needs, preferences, and values. They explore how involving individuals in decisions promotes dignity and independence. C2 - Recommendations and actions to improve health and wellbeing students learn how to develop and justify realistic recommendations and actions to improve an individual's health and wellbeing based on their specific needs, circumstances, and health assessment data.	Component 3 Revision retrieval and active Practice Formal ASSESSMENT GCSE Exam Component 3 Final Assessment Window: 40%	

	B4 – Benefits to individuals of the skills, attributes and values in H&S care Students examine how effective care skills and values improve individuals' wellbeing. They learn how positive interactions build trust, independence, and confidence			C3 – Barriers and obstacles to following recommendations Students examine why individuals may struggle to follow health advice, such as lack of motivation, resources, or understanding. They learn how to identify and address these challenges.		
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